

LENDRUM LIVING

January/February 2018



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Lendrum Community League

11335 - 57 Ave. Edmonton
T6H 0Z7

www.lendrum.org

Facebook
www.facebook.com/lendrumyeg

Twitter
[@lendrumyeg](https://twitter.com/lendrumyeg)

Lendrum's 2018 Winter Fair

Sunday, February 25
12-4pm

Join your neighbours in fun outdoor activities like skating and horse drawn sleigh rides or play a board game in the hall with a friend. Please see the Lendrum Happenings page for more details.



Casino Volunteers Needed!!! March 8 & 9

It's that time again. We need people to step up and volunteer for our neighbourhood casino. The funds we receive from the casino help make projects like the new playground and splash park possible and help fund the various events held by the community league. Our casino dates are March 8 and 9, 2018 at Casino Edmonton (Argyll location).

Please volunteer for a time at:

<http://www.signupgenius.com/go/30e0a44aeaa22a64-lendrum1>

Or contact Catherine at crostron@telus.net

Greetings

President's Message

I want to extend a welcome from the Lendrum Community League to Michael Goth, our new representative from the City of Edmonton. We said "Farewell" to Anna Vesala at our December meeting and wish her well in her new role. We look forward to working with Michael in 2018.

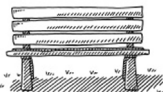
As winter is upon us, please note the snowy items in our newsletter: sign up for Snow Angels if you are a senior in need of help to keep the walks clear, or if you are a younger back that can give assistance. The rink is open - we can always use more helpers (icerink@lendrum.org). Also note that the sand/gravel box is filled again and located at the end of the Community League parking lot – for use by any Lendrum residents.

*Gary Goulden
president@lendrum.org*



Next Community League Meetings
Monday, Feb. 5, 7pm
Monday, Mar. 5, 7pm
at the hall

Sledding fun on the Lendrum Hill!



Lendrum is seeking donations of park benches

The City's Benchmark program was established to offer individuals and groups the opportunity to honour friends and loved ones, or to celebrate special events through the rebuild of an existing park bench, or the installation of a new bench. A bronze plaque will be placed on the bench to serve as a lasting tribute. Opportunities also exist for park tables.

Type of Bench	Cost	Includes
New Park Bench	\$4000	Installation of new bench on parkland with memorial plaque. Includes 10-year maintenance plan.
Existing Bench	\$4000	Complete rebuild of an existing bench with addition of a memorial plaque. Includes a 10-year maintenance plan.

For more details, check out: http://www.edmonton.ca/programs_services/tribute_honour/benchmark-program.aspx or contact Harvey Guhl at 780.504.7046.

Civics

New Home Being Built Next To You?

Are you interested in how the development process works? Would you like tips on working with and speaking to a builder constructing a house next to you? Come to Lendrum Community Hall's boardroom on January 24th from 7 p.m. to 8 p.m. to meet a city planner. Please email civics@lendrum.org if you are going to attend. This session is to learn about the current process. If you want to discuss potential changes to infill policies, the City will hold sessions later this year. You can check the City's infill website at coeinfill.ca for upcoming dates.

New Lab Hub North of School For Deaf

Alberta Health Services is building a 800-worker lab hub on the soccer fields north of the school for the deaf. The university tentatively plans to relocate the soccer fields west of the Saville Centre. Patients will not visit the lab

hub because the hub assesses samples taken from patients at other clinics in Edmonton. Construction will begin in 2019 and be complete by 2022. If you have comments you can send them to community.engagement@albertahealthservices.ca or civics@lendrum.org.

University of Alberta Farm

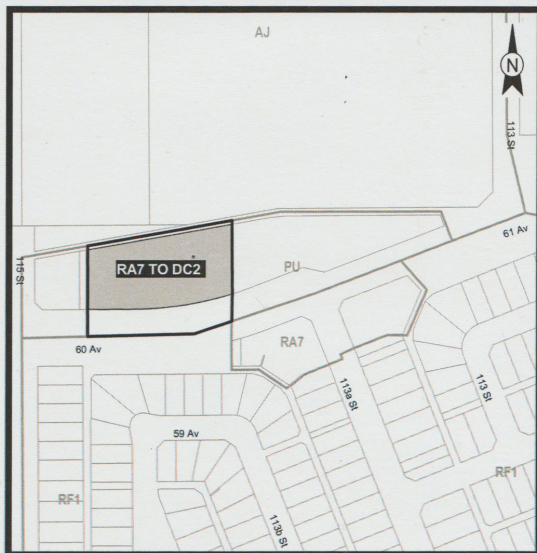
The University is looking to improve the farm's signage for pedestrians and vehicles. If you have comments contact civics@lendrum.org or emily.ball@ualberta.ca.

Stephen
civics@lendrum.org

DATE CREATED: JANUARY 3, 2018 | LENDRUM PLACE

NOTICE OF PUBLIC OPEN HOUSE

Edmonton



FILE #: LDA17-0551

Join us to learn more and share your thoughts on:

Tuesday, January 23, 2018

6:00 pm to 8:00 pm

**Lendrum Community Hall,
11335 57 Ave NW, Edmonton, AB T6H 0Z7**

An application has been made to rezone 11420 - 60 Avenue NW. If approved, the zoning for Lot 1A, Block 18, Plan 1024711 would change from (RA7) Low Rise Apartment Zone to (DC2) Site Specific Development Control Provision. The proposal includes:

- Two 6 storey buildings;
- Approximately 126 rental apartment units including social housing, assisted housing and market-priced housing;
- Underground parking;
- Possible ancillary commercial uses such as daycare, convenience store.

This is a Capital Region Housing Corporation (CRHC) project. Previous consultation has taken place and details about the Lendrum Home can be found at: www.itstartswithhome.com

Community Bulletin Board

LENDRUM LIVING January/February 2018

Local Pet Grooming

Fur Evolution is accepting new clients for dog and cat grooming. Groomer is a certified pet stylist, a long-time Lendrum resident and has a home-based business.

Call now 780-934-8986 or visit us at www.furevolution.ca



Moving? Downsizing? Decluttering?

I can help you with that. I will take your unused items and sell them for you on Kijiji on a commission basis.

Please contact Charlene at 780.257.1813 or shesellsyourstuff@gmail.com for details.



Valdy Foods is your local European-style meat producer. Order Polish sausages, smokies, dry cured charcuterie and more online or by calling 780-667-4515 and get free delivery in the Lendrum area.

www.valdyfoods.com

PETROLIA SENIORS GROUP (55+)

Invites YOU to come to ENJOY

LUNCH and a PROGRAM (\$15 except December)

Every Third Tuesday (except July and August)

11:45 a.m. (sharp) to 2:00 p.m.

at Greenfield Community Hall

3803 – 114th Street

February 20th – Billie Milholland – author of *Living in the Shed*
The History of Early Settlement in the Edmonton River Valley

March 20th – Ron Kelland, Historic Places Research Office – AB Culture
History of some place names in our region and their important role in our lives
To CONFIRM your attendance or for more information

Call: Nick 780-435-1045 or Betty 780-434-0711

An additional “outing” is offered each month for your enjoyment

For information call Joyce – 780-435-6388

We look forward to your participation.



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Please contact your friendly neighbourhood Physiotherapist for all your physical therapy needs!

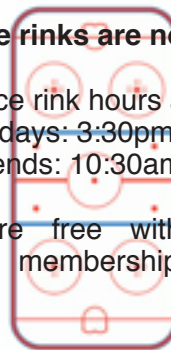
The ice rinks are now open!

Ice rink hours are:

Weekdays: 3:30pm-9:30pm

Weekends: 10:30am-9:30pm

Skate tags are free with your Lendrum membership!



Advertising in the Lendrum Newsletter: No charge: classified (business card sized or less) ads from Lendrum residents, one ad per year from non-profit organizations benefitting the Lendrum area. Paid ads: all other ads - business card \$15; 1/4 page \$25; 1/3 page \$35; 1/2 page \$50; full page \$95 (sizes are approximate). Contact newsletter@lendrum.org.

Show your Lendrum Pride!

Lendrum mugs are for sale, two different styles. The proceeds go to the Lendrum spray park. The cost is \$10 per mug.

To purchase contact Allison at fundraising@lendrum.org or 780.988.0601.



Les Causeries

The Introducing French Playschool

Southgate RPO | P.O. Box 76094, Edmonton, AB T6H 5Y7

Located in Pleasantview Community Hall

Classes:

3 year old - Tuesday & Thursday am

3/4 year old - Monday, Wednesday & Friday pm

4 year old - Monday, Wednesday & Friday am

Now accepting registrations for the 2018-19 school year.
www.frenchplayschool.ca

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WINTER

Snow removal for residential or commercial properties

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- Free Quotes provided
- Interac Direct Payment available
- Lendrum owned and operated
- References available upon request

Call Ian at (780) 237-5155 - I look forward to doing business with you.

Winter Green Shacks

Ages: 6-12 years
(children under 6 must be supervised by a parent or guardian)

Cost: Free

The program runs from Jan. 5-Feb. 2

Southwest Locations:

Twin Brooks and Duggan :

Tues. & Thurs., 3:30pm-6

Sat. 1-5pm

Join in games, sports, crafts, music, drama and special events. You'll find a list of upcoming activities and special events posted on the side of the Green Shack each week.

Snow Angels Program

Edmonton is a winter city that sees significant snowfall. The snow and ice that accumulates on sidewalks during the winter season is hazardous for everyone.

People with limited mobility, seniors, children, and parents with strollers (and even those with no limitations) may be severely injured from a fall on ice or snow. Uncleared walkways can also make it difficult for those who deliver services in our city to do their jobs safely. In fact, each year, hospitals and doctors' offices are filled with people young and old who have slipped and fallen on unmaintained sidewalks.

For these reasons, Community Standards Bylaw 14600 requires homeowners and tenants in a home to clear snow and ice from every walk and driveway on or beside their property, as well as from any other properties they own, including derelict and vacant buildings. Owners/tenants should use sand or ice-melting products to start the clearing process if they can't shovel immediately after a snowfall. The fine for failing to clear sidewalks within 48 hours of the last snowfall is \$100.

Become a Snow Angel by:

- Shovelling your walk within 48 hours of a snowfall
- Shovelling a neighbor's walk
- Starting a conversation with neighbours about the importance of clear sidewalks
- Making a plan with your neighbours to share the shovelling

Lendrum is seeking individuals who can act as snow angels and shovel for a neighbour in need of assistance.

Let's work together to keep our sidewalks clear! Proper snow management by the City and its citizens makes Edmonton a more liveable and loveable winter city.

To become a Snow Angel, please contact Stew & Anola Carson - Lendrum Community League stewcarson@shaw.ca or 780.604.0388



Glass Monkey

GASTROPUB

We're pleased to be your neighbourhood restaurant and lounge!

Join us for specials throughout the week!

'Happy Monday'... all wine bottles are discounted!

'Wing Wednesday'... chicken wings are half price!

'Thirsty Thursday'... all beer is on sale!

 @GlassMonkeyYEG

Located in the Lendrum Shopping Mall. Open daily from 3:30 until 10:00pm. Closed Tuesday.

School News

École Avalon School

While it is the start of a new calendar year, the school year is almost half way over. Avalon continues to be a vibrant school with steady enrollment in the Regular and French Immersion programs. More than half of our students live outside of the Lendrum Community with students coming from across the city's south west. This mix ensures that Avalon will remain a constant in the community for years to come. The excellent sports fields that the school shares with the community are just one aspect of our school's draw for students.

With a 53 year old school, we must continue to upgrade and renew the building inside and out. This winter and spring will see new windows replacing the originals all around the school's exterior. The window replacement project will take a few months to complete so you can expect to see the workers around the building each week. Our school and district goal is to provide a safe, comfortable learning environment for students. When students feel safe and comfortable, we know that they will be able to focus on their learning and achieve to their potential.

Please feel free to contact the school with questions or comments regarding the school or our students.

Will Deys
Principal, Ecole Avalon School



AVALON
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50 YEARS ~ 1965-2015

Keep learning... stay connected!

Expert led, continuing education courses for adults 50 plus who want to keep learning and stay connected.



Edmonton Lifelong Learners Association (ELLA), in partnership with the University of Alberta have scheduled **over 50 expert-led courses** plus a variety of noon-hour presentations during the **2018 Spring Session of April 30 to May 18**. All of them are located at the University of Alberta.

Registration begins **March 13, 2018** and you can participate in the learning and fun for the low-cost of only **\$250***. There are no prerequisites, homework or marks and **everyone is welcome**.



Explore our programs my-ella.com or call 780.492.5055



EDMONTON
lifelong learners
ASSOCIATION



UNIVERSITY OF ALBERTA
FACULTY OF EXTENSION

*Bursaries available for participants in need of financial assistance.

Lendrum Laughs

What do you call a bear with no teeth?
A gummy bear!!!

Submit your joke to newsletter@lendrum.org

Lendrum Happenings

Lendrum Winter Fair

This year’s winter fair will be Sunday, February 25, from 12-4. Come down to the hall for a sleigh ride, an outdoor fireside chat with friends, skating, sledding, and fun outdoor games for all!

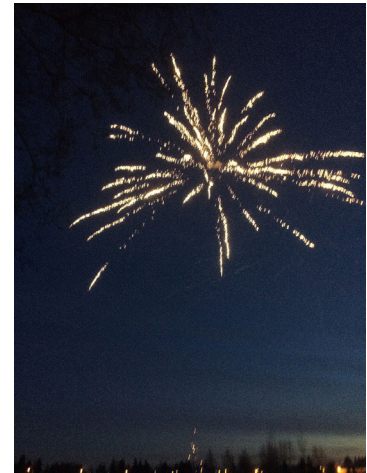
There will be kicksleds for racing down the hill, a horse sleighride all afternoon and other outdoor games to play. Join in a game of shinny or a sledding race down the hill! Enjoy indoor games for all ages, and a mug or two of hot chocolate to warm up. But most importantly, good company with good neighbours!

If your surname is A-K, please bring a savoury snack to share. If your surname is L-Z, please bring something sweet. Beverages will be supplied. If you are interested in volunteering, please contact Georgina at ghawkeye@gmail.com.

Lendrum New Year’s Day Party

Lendrum saw the beginning of 2018 start with warmer temperatures and fun times! About 100 people came to the hall on January 1 to shoot some pucks and skate on our excellent outdoor rink, sled down the hill, and play games inside together. The fireworks were a big hit – getting better every year! Big thanks to our fireworks experts, Ben Willing and Matthew Hawkeye, and to all the people who brought in treats and cookies to share.

(And once again thanks to Georgina for her work organizing the New Year’s Day Party!) It was a great event, and enjoyed by everyone!



Lendrum spectators line up to watch the fireworks!

Lendrum Community Chili Cookoff Version 4.0

Grey Cup Sunday saw more than 70 people attend the 4th (?) annual Lendrum Community Chili Cookoff. What a fun event to share a meal and visit with neighbours; engage in a little friendly competition with fellow chefs; and place votes for our favourite dishes. We even raised a few hundred dollars for the Spray Park renovations.

Luke Porter (our youngest competitor) and Lora Pillipow shared the honours for best traditional chili; Matthew Hawkeye continued the family winning streak for his green chili; Kathleen Marta took top spot for her vegan variety. Lots of folks made valiant efforts to taste each of the twelve donated varieties of chili.

Thanks to our generous contributors:

Julie Moehler, Ben Willing, Xanthe Loyer, Geoff Scott, Heather Lamothe, Heather Sherwood, Marianne Meen, Maya Evenden, Catherine Rostron, and the three winners.

Special thanks to Geoff Scott for volunteering to help organize the event with me (a task is more fun when it is shared); to Julie Moehler for setting up; Bonnie Herring-Cooper and Ron Grelowski for bartending and (literally) mopping up afterward; to Ben and Alex Rostron for tending the bar; to Vern and Gordon Albush for putting all the tables away; and to the many others who offered their assistance. That's the cool thing about organizing an event in our community: lots of people step up to participate and help.

Mark your calendars for next year's event (Saturday, Nov. 17, 2018 BEFORE Sunday's CFL Western Semi-final football matchup). Rumour is that Rob, the owner of Glass Monkey, may be entering his famous chili. And finally, maybe this year's winners want to carry on the tradition Geoff and I started of organizing the event the year after they win! We'll be happy to provide assistance.

Catherine Rostron



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No referral is required and you are welcome to call our office to book an examination.



5520 111 Street, Edmonton, AB T6H 3E9
T: 780-432-1832 E: info.edmonton@orthoplace.ca

www.orthoplace.ca

Chili Cookoff Recipes

Matthew's Green Chili

Full credit to: J. Kenji Lopez-Alt, The Food Lab.

Ingredients:

3 pounds trimmed boneless pork shoulder, cut into 1-inch cubes
 Kosher salt
 5 poblano peppers
 5 cubanelle peppers
 2 pounds tomatillos, husks removed, rinsed, and patted dry
 6 cloves garlic, not peeled
 2 jalapeno peppers, stems removed and split lengthwise in half
 3 tablespoons vegetable oil
 2 cups loosely packed fresh cilantro leaves
 1 large onion, finely diced
 1 tablespoon ground cumin
 4 cups low-sodium chicken stock
 Garnishes as desired

Instructions:

1. Toss the pork with 2 tablespoons salt in a large bowl until thoroughly coated. Set aside at room temperature for 1 hour.
2. Meanwhile, roast the poblano and cubanelle peppers by placing them directly over the flame of a gas burner or under a broiler, until deeply charred on all surfaces. Place the roasted peppers in a bowl, cover with a large plate, and let steam for 5 minutes.
3. Peel the peppers under cool running water, discard the seeds and stems, and pat dry, then roughly chop. Transfer to a food processor.
4. Preheat the broiler to high. Toss the tomatillos, garlic, and jalapenos with 1 tablespoon of the vegetable oil and 1 teaspoon of salt. Transfer to rimmed baking sheet lined with foil and broil, turning once halfway through cooking, until charred, blistered, and just softened, about 10 minutes. Transfer to the food processor, along with any juices. Add half the cilantro and pulse the mixture until roughly pureed but not smooth, about 8 to 10 short pulses. Season to taste with salt and pepper.
5. Adjust an oven rack to the middle position and preheat the oven to 225 deg F. Heat the remaining 2 tablespoons oil in large Dutch oven over high heat until smoking. Add half the pork and cook, without moving it, until well browned, about 3 minutes. Stir and continue cooking, stirring occasionally, until well browned on all sides. Add the remaining

- browned bits from the bottom of the pot, until the onions are softened, about 4 minutes. Add the cumin and cook, stirring until fragrant, about 1 minute.
6. Add the chicken stock and pureed chili mixture and stir to combine. Bring to a boil, cover, and transfer to the oven, leaving the lid slightly ajar. Cook until the pork shreds easily with a fork, about 3 hours.
 7. Return the pot to the stovetop and skim off and discard any fat. Adjust the liquid to the desired consistency by adding water or boiling it to reduce. Stir in the remaining cilantro and season to taste with salt. Serve, or for best results, let the chili cool and refrigerate overnight, then reheat and serve.

Lora's Festive Black Bean Chili

(Modified from Scoot-a-Doot)

<http://www.scootadoot.org/2016/04/01/recipe-box-festive-black-bean-chili/>

Ingredients:

1 diced onion
 1/2 cup water
 1 Tbsp. cumin
 1 Tbsp. coriander
 1/2 tsp cinnamon
 1/4 tsp smoked paprika
 1 clove garlic, minced or pressed
 1 green bell pepper, chopped
 1 15-oz can black beans
 1 15-oz can diced tomatoes
 1 cup fresh or frozen corn kernels
 1 cup salsa
 salt and pepper to taste.

In a large pot, brown the onion with garlic in 1/2 cup of water for about five minutes. Add the spices and stir on high heat for about a minute. Add salsa and bell peppers, lower the heat and cover and simmer for about 5 minutes. Add the black beans and tomatoes and simmer for another 10 minutes. Add corn and continue to cook for another 10 minutes. Stir every now and again and salt and pepper to taste.

Serves 4 people.

Kathleen's "I Can't Believe It's Not Critter" Vegan Chili

2 blocks extra firm tofu, frozen for at least 24 hours and defrosted
 3/4 cup natural peanut butter (peanuts and salt)
 4 Tablespoons plus 3 Tablespoons chili powder
 1 can tomato juice (1.36 litre)
 1 can six bean blend (chickpeas, dark red kidney beans, black beans, romano beans, baby lima beans), rinsed well with cold water
 1 large cooking onion, chopped
 4 cloves garlic, minced
 1 Tablespoon olive oil

Preheat oven to 350 F. Using your hands, squeeze moisture out of defrosted tofu. Once it is dry, crumble it into a large bowl. With a sturdy silicone spatula mix peanut butter and 4 Tablespoons of chili powder into crumbled tofu. Continue pressing with the spatula to blend until the colour is uniform and both peanut butter and spice are fully incorporated. Spread the mixture on a cookie sheet and bake for 30 minutes, stirring occasionally. The mixture is ready when it is dried out and fragrant. The colour will also be darker.

In a dutch oven heat olive oil. Saute onion until starting to brown. Add garlic and remaining chili powder. Cook for an additional two minutes.

Add dried out, seasoned tofu mixture, tomato juice and beans. Simmer on medium low heat for twenty minutes.

Serve chili with your choice of garnishes: diced red pepper, potato (diced and pan fried in olive oil), cubed hard cheese (cheddar or marble)



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106, 10430-61 Avenue, Edmonton, AB | www.capitalcityhearing.ca

Who's Who (in the LCL)

At our strategic planning session, it was suggested that we share a bit more information about the various roles in the LCL (Lendrum Community League) and the people who currently fill them. This will be a new regular feature in Lendrum Living. This issue we will learn about Betty Chan, our new vice-president and sign coordinator.

1. **Name:** Betty Chan
2. **What is your role?** Vice-President, as well as maintaining events on the Lendrum Sign
3. **How long have you been doing this role?** Vice-President - 2 months; Lendrum Sign - 3 months
4. **How long have you lived in Lendrum?** 13 years
5. **Why did you take on this position?** I really enjoy volunteering, and this is an opportunity to get to know the people in my community, to get involved in my community, and to give back to the Lendrum community
6. **How much time does this position take?** Currently, I attend monthly meetings. Maintaining the events on the Lendrum Sign takes more time than my role as Vice-President, which has been vacant for awhile. It can take as much time as a person has to give. My best guess would be approximately 40 hours a year.
7. **What do you like about this role?** Getting to know the people in the community, developing team-building skills, and becoming familiar with City of Edmonton processes

Watch for more interviews in upcoming issues!

Think you might have time to volunteer in the LCL? Let us know and we would be happy to discuss open positions!



Become a leader in Urban Poling!

Registration for the Urban Poling leadership training sessions offered by the Edmonton Federation of Community Leagues is now open. These sessions are FREE for members who want to lead urban pole walking sessions in their community. If your community league does not currently have equipment for the program, urban poles and accessories can be purchased as part of the 2018-2019 membership supplies order.

For more information on the training sessions, visit our Seminars/Workshops page.
<https://efcl.org/seminarsworkshops>

Lendrum Soccer



JOIN THE FUN AND PLAY OUTDOOR SOCCER IN 2018!

Come play soccer with Lendrum this summer! Outdoor soccer is affordable, fun, and a great way for your child to meet other children in your community. Outdoor Soccer begins the 1st week of May (weather permitting) and ends late June, except for teams proceeding to post season play (U11-U19) who may play into July & August.

Outdoor Soccer Registration starts February 1st and ends February 28th. Registration is a two-step process:

1. Parents must go to the SWEMSA website (emsasouthwest.com) to enter player details and print off forms. You can pay online or in-person at registration.
2. Come to an in-person registration taking place 1-3pm, February 17th & 24th at the Lendrum Community Hall. Remember to bring the printed forms, proof of residence, and deposit cheques (one \$50 uniform deposit per player, and one \$50 volunteer deposit per family).

You must be a Community League Member to play community soccer. Memberships may be purchased online (via www.lendrum.org) or at the Community Hall during soccer registration.

Our community soccer program is completely run by parent volunteers, so I invite all families to pitch in and help make the upcoming season amazing! There are countless ways to help, including coaching, coordinating referees, organizing equipment, and helping out at the season wrap-up party.

If you have any questions please feel free to get in-touch!

Matthew Hawkeye, Lendrum Soccer Coordinator
soccer@lendrum.org

Neighbourhood Safety

Dealing with snow is a big part of being an Edmontonian. Keeping our sidewalks free of snow and ice is critical in keeping Edmontonians moving safely and enjoying winter.

Property owners are responsible for clearing snow from every walk and driveway on or beside any properties they own. (*From the edmonton.ca website*)

Please consider helping a neighbour in need of shovelling assistance. Sand is available in the green boxes at the hall. It is free for everyone in the neighbourhood. Please help yourself!



New Patients Welcome!

Dr. Mary Ann Kuharchuk,
b.sc., d.d.s

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Lendrum Food Network

The Lendrum Food Network is looking for individuals who have an interest in growing and sharing food to join the network. The network is still in its infancy and the direction of the group can be guided by the members. Possible group events include presentations on permaculture, canning, raised bed gardening, etc. A proposal is being developed to host a harvest festival alongside community partners.

If you are interested in joining the group or are able to contribute as a presenter, please let us know! You can contact Erin at 587-523-3520 or e.n.sawyer@gmail.com.



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FREE DROP-IN LEARN TO SKATE PROGRAM



Edmonton

LOCATION	Address	DAY	TIME
Aspen Gardens Brookview / Bulyea	12015 39 A Avenue 280 Bulyea Rd	Monday <small>*No Programming on Family Day*</small>	4-7pm
Windermere	Washburn Dr & Wates Link	Tuesday	5-8pm
Allendale	6330 105A Street	Wednesday	4-7pm
Allard	680 Allard Blvd	Thursday	5:30-8:30pm
Duggan	3728 106 Street	Friday	4-7pm
Mckernan	11341 78 Avenue NW	Saturday	10am-1pm
Henderson Estates	3408 Henderson Street	Saturday	2-5pm
Empire Park	4804 107 Street	Sunday	10am- 1pm
Blue Quill	11304 25 Avenue	Sunday	2-5pm

January 13 - February 26, 2018

Meet new friends and learn basic skating skills through fun games and activities! This is a free drop in program targeted for children (ages 6-12) and their families, however all are welcome to attend.

Skates and helmets are not provided but both are required to participate.

Programs will cancel at -25° Celsius with wind chill, or if the ice is closed by the facility.

For more information, please visit:
edmonton.ca/playgrounds or call 311.

@GreenShack



Malmo Pre-Kindergarten is a non-profit parent cooperative preschool that promotes a learning through play environment. Malmo Pre-Kindergarten believes that play enhances the growth and development of the whole child: Physically, socially, emotionally and intellectually. It is through play that children learn to make sense of their world.

We still have some spots available at the Preschool for the 2017-2018 school year.

For additional information, contact the Registrar at registrar@malmopreschool.com or visit our website at www.malmopreschool.com

2018-2019 General Registration Opens January 29, 2018!

All registrations taken on a first come, first served basis. Please visit our website in order to register.

Come visit us at our Open House:

Wednesday Jan 31, 2018

6:00pm to 7:30pm

Room 15 at Malmo Elementary School
4716 - 115 Street,
Edmonton, Alberta





Membership Renewal

Your annual community league membership fee helps the Lendrum Community League provide:

- Enhanced facilities, such as the play areas, naturalized area, athletic fields and the community hall
- Community events such as the Summer BBQ, Winter Festival and New Year's Party
- The Lendrum Living newsletter and website
- An opportunity to share ideas with your neighbours and work together to promote positive change in your community.

Be sure to renew yours to take advantage of all the great things the Lendrum Community League has to offer (awesome events, five free swims, skating, voting rights, soccer and more!). Membership forms can be found online at www.lendrum.org.

Community Programs

Lendrum Ladies' Coffee Time:

First Monday each month, 1:30pm at Sunterra Market. For more info, please call Betty-Anne Stromsmoe at 780.437.7942

Sparks, Brownies, Guides and Pathfinders:

For girls ages 5-18. Call 780.435.5068 for more info. Join anytime, always accepting new girls in all levels!

Lose Weight -TOPS:

(Take Off Pounds Sensibly) Meets Tuesdays from 10-11 am at Cross of Christ Lutheran Church, 11460-60 Ave. For support in weight loss related programs contact Betty-Anne at 780.437.7942.

Crafters of Lendrum:

The Lendrum Craft Group welcomes all residents and friends who enjoy doing handicrafts. We 'usually' meet the 2nd and 4th Mondays from 11:00-4:00 with the exception of holidays and share a potluck lunch at the Community Hall.

Upcoming dates:

Jen. 22; Feb. 12 & 26; Mar. 12 & 26

For more information, call Peggy Folinsbee at 780.436.9322.

Line Dancing:

Every Thursday from 10:00 –11:30 am at Lendrum Community Hall.

For info contact Don or Rita at 780.434.5885.

Lendrum Pottery Group:

For more information please call Joy Schlaut at 780.434.1997.

Lendrum Yoga

The community league hosts a power flow yoga class at 8:15pm on Thursdays at the community hall, if you are interested in joining the next session contact Erin at e.n.sawyer@gmail.com. (Cost is \$60/ 8 week session)

**Please contact Gary Goulden
with any ideas for possible new
programs
780.450.0927**

Blue Chair Tai Chi:

Mondays 9-10:30am Lendrum Hall

Fridays 9-10:30am Lendrum Hall

Sorry, we do not offer beginner classes. If you know the 108-move Moy-style set, please join us in practicing at an intermediate level. Call Kathy at 780.435.0738.

Lendrum Parents Meetup

Are you a parent in Lendrum? Are you interested in connecting with other parents in Lendrum for nights out, playdates and meetups? Join our Facebook page - Lendrum Parents.

Busy Bodies

Is your child full of energy? Bring them to this exciting drop-in program where they will practice moving their bodies through fun games and activities to develop their physical literacy. Caregiver participation is required and encouraged. For children ages: 2 to 6 years (siblings welcome) Tuesdays, Jan. 16 - Mar. 13, 10-11am at the Lendrum Community Hall.

Music and Motion

Enjoy songs, parachute play and action games. Mondays, Jan. 8-Mar. 19, 10-11am at the Pleasantview Community Hall. Ages 2-6 (siblings welcome).

Lendrum Men's Night

We host a Lendrum Men's group at the Community Hall the first Friday of each month between 7:30 and 10p.m. There will be beverages and snacks. Drop by with a few dollars to socialize. Meet new people and get to know your neighbours. Contact Lance at adamson@telus.net for info.

Drop-in Knit and Crochet Group

We meet on the first and third Tuesdays of the month, 6:30 pm to 9 pm at the Community Hall. All levels and genders are welcome. Cost is a toonie a time. Phone Heather Jenkins at 780.436.7011 for more information. Upcoming dates: Feb. 6 & 20; Mar. 6 & 20.

Lendrum Fitness

Join us Friday mornings from 5:30-6:30am at the Hall for a fun workout mixing cardio and core. Contact e.n.sawyer@gmail.com for more info.

Calendar of Events

January 23	City of Edmonton Public Open House on 60th Ave. Redevelopment, 6-8pm
January 24	Informal In-fill Discussion with City Planner, 7-8pm
February 5	Community League Meeting 7-9pm
February 17	Soccer Registration, 1-3pm
February 24	Soccer Registration, 1-3pm
February 25	Winter Fair, 12-4pm
March 5	Community League Meeting 7-9pm
March 8 & 9	Lendrum Casino Shifts, multiple times, Casino Edmonton (Argyll location)

All events at Lendrum Hall unless otherwise noted

Edmonton's New River Valley Map

- Reveals the snowy side of Edmonton's river valley
- Find out where to skate, toboggan, access a washroom and which paths are cleared of snow.
- 15,000 copies of the map are also available at City of Edmonton recreation centres.

Get a free pdf of the map at: https://app.cyberimpact.com/click-tracking?ct=NfKIJQjrxEBNtS-C3QvO6r_t_rSJgVhx_l3rFb7swB58tSLJvFmh0lZ23ZcNfKOQuErjFz7Q-iVvLcDO0zziQ~



Lendrum Community League

2017-2018 Executive & Coordinator Contacts

President	Gary Goulden	780.450.0927	president@lendrum.org
Vice-President	Betty Chan	780.686.4858	vicepresident@lendrum.org
Treasurer	Kevin Nitchke		treasurer@lendrum.org
Secretary	Laura Sherman	780.425.0993	secretary@lendrum.org
Casino	Catherine Rostron	780.434.3839	casino@lendrum.org
Civics	Stephen Dobson		civics@lendrum.org
Membership	Joanne Hamel	780.454.5111	membership@lendrum.org
Social	VACANT		
Soccer	Matthew Hawkeye	780.920.6122	soccer@lendrum.org
Volleyball	Lance Adamson	780.438.9168	volleyball@lendrum.org
Athletic Park	Harvey Guhl	780.504.7046	athleticpark@lendrum.org
Master Gardener	Bonnie Herring-Cooper	780.431.9513	communitygardener@lendrum.org
Master Naturalist	Peggy Folinsbee	780.436.9322	peggy.folinsbee@gmail.com
Fundraising	Allison Nitchke	780.988.0601	fundraising@lendrum.org
Park Redevelopment	Allison Nitchke	780.988.0601	playground@lendrum.org
Hall Rentals	Bonnie Herring-Cooper	780.431.9513	hallrentals@lendrum.org
Ice Rink	Ben Willing	587.523.3520	icerink@lendrum.org
Lendrum Sign	Betty Chan	780.686.4858	sign@lendrum.org
Newsletter Editor	Erin Sawyer	587.523.3520	newsletter@lendrum.org
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Energy Committee	VACANT		
Programs	VACANT		
NRC Rep (City of Edm.)	Michael Goth	780.944.5404	michael.goth@edmonton.ca

There are many ways to stay connected to the community!

1. Check out the website at www.lendrum.org.
2. Follow us on twitter @LendrumYEG
3. Join our Facebook page www.facebook.com/lendrumyeg

Happy New Year!

At our strategic planning session in the spring, we were trying to think of ways to involve people who the League may be missing with its current roster of events. We asked, "How can we reach a wider age bracket of community members? Do those people who aren't currently attending events wish to participate in activities with their neighbours (realizing some will not)?" We brainstormed all sorts of ideas, however these ideas take an individual willing to take them on and some volunteer power.

At the same time, the community league has been working to revise our programs policy - in part due to requirements outlined in our agreements with the City - but also to ensure that the hall is being used to the benefit of the community in the best way possible. The League currently offers or hosts a wide range of programs - pottery, line dancing, crafting, knitting, yoga, early morning fitness, sparks, guides, the list goes on. But potentially there is a program that you think would be amazing to have in the neighbourhood that we are missing. If that's the case, please come to a league meeting (first Monday of the month, unless that Monday is a holiday) and pitch your idea.

New people bring new ideas and new energy to the community. All are welcome to attend a meeting and share your ideas. I promise we won't bite!

Stay warm out there!
Erin