

LENDRUM LIVING

November/December 2017



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Lendrum Community League
11335 - 57 Ave. Edmonton
T6H 0Z7

www.lendrum.org

Facebook
www.facebook.com/lendrumyeg

Twitter
[@lendrumyeg](https://twitter.com/lendrumyeg)

Lendrum's Fourth Annual Chili Cookoff

Sunday, November 26, 2017
5-7pm

\$5 entry gets you a bowl & spoon, 3 votes, and as many refills as you can handle.

More chili cooks and volunteers needed! If you can make a chili or volunteer, contact Catherine at crostron@telus.net or 780-434-3839.



What makes a good neighbourhood?

- responses from Lendrum Abundant Community interviews -



Greetings

President's Message

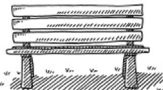
I want to extend a warm welcome to our newly appointed Lendrum Community League Vice-President, Betty Chan. We welcome all Lendrum community members to attend our executive meetings, they are usually held the first Monday of the month at 7pm in the Hall. If you have a matter for discussion, please email myself (president@lendrum.org) or our Secretary, Laura Sherman (secretary@lendrum.org).

As winter has come upon us quickly, please note the snowy items in our newsletter: sign up for Snow Angels if you are a senior in need of help to keep the walks clear, or if you have a younger back that can give assistance. The rink will be opening soon- we can always use more helpers (rink@lendrum.org). Also note that the sand/gravel box is filled again and located at the end of the Community League parking lot – for use by any Lendrum residents.

Gary Goulden
president@lendrum.org



Next Community League Meetings
Monday, Dec. 4, 7pm
Monday, Jan. 8, 7pm
at the hall



Lendrum is seeking donations of park benches

The City's Benchmark program was established to offer individuals and groups the opportunity to honour friends and loved ones, or to celebrate special events through the rebuild of an existing park bench, or the installation of a new bench. A bronze plaque will be placed on the bench to serve as a lasting tribute. Opportunities also exist for park tables.

Type of Bench	Cost	Includes
New Park Bench	\$4000	Installation of new bench on parkland with memorial plaque. Includes 10-year maintenance plan.
Existing Bench	\$4000	Complete rebuild of an existing bench with addition of a memorial plaque. Includes a 10-year maintenance plan.

For more details, check out: http://www.edmonton.ca/programs_services/tribute_honour/benchmark-program.aspx or contact Harvey Guhl at 780.504.7046.

Civics

Dogs and poop and other things.

City bylaws say that dogs are not allowed on school grounds. That rule is for both safety and hygiene.

Dogs are permitted off leash only in designated area. Lendrum has no designated off-leash areas. If you walk your dog off leash in Lendrum you can be fined. If you decide to walk your dog off leash in Lendrum watch your dog closely before it poops. Immediately leash your dog if you see children or runners. People with dog complaints can call 311.

Poops are occasionally forgotten on the ground. It's good for dog walkers to pick up orphaned poops when the opportunity arises. This autumn, I unfortunately stepped in poop at night in two separate incidents. I have heard others have had similar experiences. Coyote poop is not like dog poop. It generally has berries and fur and disintegrates readily. Dog poop will not disintegrate quickly.

Some residents might be interested in the City's Off Leash Ambassador program if you visit off-leash areas. See the City's website for information. An ambassador answers walkers' questions and watches for maintenance issues. An ambassador likely picks up orphaned poops.

Pedestrian Street Crossing

A Parkallen resident was killed at the 113 Avenue and 60 Street LRT crossing this fall. The City is currently examining the safety of

all pedestrian-LRT crossings. The Parkallen Community League is actively talking with the City about improvements to the crossing. The Lendrum Community League expresses its condolences to the family and friends of the popular local musician Luke Jansen, formerly of the band North of Here.

Lendrum has several uncontrolled street crossings on 60th Avenue. Students going to Avalon, cyclists and commuters regularly use these crossings. If you have questions about street crossings in Lendrum, please contact civics@lendrum.org. If you have concerns, the Lendrum League Board can review the concern and potentially send a letter to the City.

Central Area Council of Community Leagues (CACCL)

The CACCL is an opportunity to discuss City planning among the community leagues of Grandview, Lansdowne, Belgravia, Parkallen, Pleasantview, Empire Park, Queen Alexander, Allendale, McKernan, Strathcona and Garneau. CACCL last met October 18th and discussed concerns about the 109th Street Area Redevelopment Plan. The plan allows four story buildings and bars along 109 street. CACCL discussed the transition from large buildings to adjacent single family homes on 108 and 107 streets, the size of bars, and parking requirements.

Got questions? Email Stephen at civics@lendrum.org.

Membership Renewal

Your annual community league membership fee helps the Lendrum Community League provide:

- Enhanced facilities, such as the play areas, naturalized area, athletic fields and the community hall
- Community events such as the Summer BBQ, Winter Festival and New Year's Party
- The Lendrum Living newsletter and website
- An opportunity to share ideas with your neighbours and work together to promote positive change in your community.

Be sure to renew yours to take advantage of all the great things the Lendrum Community League has to offer (awesome events, five free swims, skating, voting rights, soccer and more!). Membership forms can be found online at www.lendrum.org.

Community Bulletin Board

Roommate(s) Wanted:

Looking for one or two roommates to share my house in Lendrum. Two furnished bedrooms are available immediately. You must be ok with one house cat, and some ongoing renovations.

Please leave a message at 780-497-7121 and I will return your call between 6-8 pm any day.



The Lendrum School Music program is looking for

a piano accompanist that can play at our Christmas Concert during the week of December 18 to 21. If you are interested please contact Mrs. Catherine Stout at 780-434-3588.

PETROLIA SENIORS GROUP (55+)

Invites YOU to come to ENJOY

LUNCH and a PROGRAM (\$15 except December)

Every Third Tuesday (except July and August)

11:45 a.m. (sharp) to 2:00 p.m.

at **Greenfield Community Hall**

3803 – 114th Street

December 12th –Barbershop Quartet and Xmas Sing-a-long

**January 16th - Management of Medications & Chronic Conditions
Sam Moharram, Pharmacist**

To **CONFIRM** your attendance or for more information

Call: Nick 780-435-1045 or Betty 780-434-0711

An additional “outing” is offered each month for your enjoyment

For information call Joyce – 780-435-6388

We look forward to your participation.



Lendrum Pottery Group Christmas Sale



**Saturday December 2, 2017
10:00 AM – 2:00 PM**

**11335 – 57 Ave., Edmonton, AB
(Entrance off 113A St.)**

**Pottery for all tastes at reasonable prices.
Dishwasher, oven and freezer safe.**

Free coffee

Lendrum Casino Fundraiser March 8 and 9

Volunteers needed for our casino fundraiser. We have been given March 8 and 9, 2018 at Casino Edmonton (Argyll location). The funds we receive from these casinos help make projects like the new playground and splash park feasible! Please volunteer for a time at:

[http://www.signupgenius.com/
go/30e0a44aeaa22a64-lendrum1](http://www.signupgenius.com/go/30e0a44aeaa22a64-lendrum1)

Or contact Catherine at crostron@telus.net

Advertising in the Lendrum Newsletter: No charge: classified (business card sized or less) ads from Lendrum residents, one ad per year from non-profit organizations benefitting the Lendrum area. Paid ads: all other ads - business card \$15; 1/4 page \$25; 1/3 page \$35; 1/2 page \$50; full page \$95 (sizes are approximate). Contact newsletter@lendrum.org.

Local Pet Grooming

Fur Evolution is accepting new clients for dog and cat grooming. Groomer is a certified pet stylist, a long-time Lendrum resident and has a home-based business.

Call now 780-934-8986 or visit us at www.furevolution.ca



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780•974•8374

www.lendrumphysio.com

Please contact your friendly neighbourhood Physiotherapist for all your physical therapy needs!

Ice Rink Help Wanted!

We are looking to add new volunteers to help build and manage the rink. Volunteers are provided with some remuneration after a set number of volunteer hours (it's a great opportunity for some of our younger community members). For more information contact Ben at rink@lendrum.org or 587-523-3520.

Needed:

Lendrum Residents to deliver the Lendrum Newsletter



The newsletter is published 5 times a year. It takes about 1 ½ hours to deliver your route. Honorariums are provided. Please contact Catherine at 780-436-7179.

A+ Yard Services



WINTER

Snow removal for residential or commercial properties
Vacation coverage

- Free Quotes provided
- Interac Direct Payment available
- Lendrum owned and operated
- References available upon request

Call Ian at (780) 237-5155 - I look forward to doing business with you.



Moving? Downsizing? Decluttering?

I can help you with that. I will take your unused items and sell them for you on Kijiji on a commission basis.

Please contact Charlene at 780.257.1813 or shesellsyourstuff@gmail.com for details.



Valdy Foods is your local European-style meat producer. Order Polish sausages, smokies, dry cured charcuterie and more online or by calling 780-667-4515 and get free delivery in the Lendrum area.

www.valdyfoods.com

Snow Angels Program

Edmonton is a winter city that sees significant snowfall. The snow and ice that accumulates on sidewalks during the winter season is hazardous for everyone.

People with limited mobility, seniors, children, and parents with strollers (and even those with no limitations) may be severely injured from a fall on ice or snow. Uncleared walkways can also make it difficult for those who deliver services in our city to do their jobs safely. In fact, each year, hospitals and doctors' offices are filled with people young and old who have slipped and fallen on unmaintained sidewalks.

For these reasons, Community Standards Bylaw 14600 requires homeowners and tenants in a home to clear snow and ice from every walk and driveway on or beside their property, as well as from any other properties they own, including derelict and vacant buildings. Owners/tenants should use sand or ice-melting products to start the clearing process if they can't shovel immediately after a snowfall. The fine for failing to clear sidewalks within 48 hours of the last snowfall is \$100.

Become a Snow Angel by:

- Shovelling your walk within 48 hours of a snowfall
- Shovelling a neighbor's walk
- Starting a conversation with neighbours about the importance of clear sidewalks
- Making a plan with your neighbours to share the shovelling

Lendrum is seeking individuals who can act as snow angels and shovel for a neighbour in need of assistance.

Let's work together to keep our sidewalks clear! Proper snow management by the City and its citizens makes Edmonton a more liveable and loveable winter city.

To become a Snow Angel, please contact Stew & Anola Carson - Lendrum Community League stewcarson@shaw.ca or 780.604.0388



Glass Monkey

GASTROPUB

We are celebrating our 4th Birthday in December!
Thank you so much to the Lendrum Community for your support!
We are proud to be your neighbourhood restaurant and lounge!

 @GlassMonkeyYEG

Located in the Lendrum Shopping Mall. Open daily from 3:30 until 10:00pm. Closed Tuesday.

780.760.2228

www.theglassmonkey.ca

5842-111 Street

School News

École Lendrum School

Greetings from École Lendrum School! We hope you have had a great autumn season. Here are some highlights from our fall thus far:

Did you know that our school raised over \$5400.00 for the Terry Fox Run, held on September 28th? Thank you very much to our extended Lendrum community for helping keep Terry's dream alive.

Did you know that our K-3 Boys Cross Country race team finished 2nd in the city in the Edmonton Harriers Fall Race Series? This is quite an accomplishment for our school.

We held a Family Movie Night on October 19th, and had over 100 kiddoes and their families attend. It was a fun school community event.

We also have some upcoming special events:

- November 15th, 20th, and 28th - Edmonton Author/Illustrator Mike Boldt provides workshops for our students
- November 29th - Division 2 Activity Afternoon at the Saville Centre
- December 19th - French Christmas Concert morning performance 9:15 to 10:00; open to the community
- December 20th - English Christmas Concert morning performance 9:15 to 10:00 (Kindergarten to Gr. 3), and 10:45 to 11:30 (Gr. 4 to 6); open to the community

We appreciate our extended Lendrum community. Thank you for your ongoing support!

Take care,
Jason Ludwar
Principal/Directeur

City of Edmonton's Learn To Skate Program

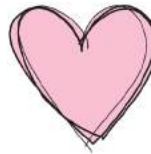
This year the programs in the southwest will be held Wednesday evenings at Allendale (4-7pm) & Sunday afternoons at Empire Park (10am-1pm) starting mid-January. Check the city website for more information.



Lendrum Laughs

Why did Cinderella get kicked off the soccer team?
Because she kept running away from the ball!!!

Joke courtesy of Georgina Hawkeye
Submit your joke to newsletter@lendrum.org




Thank you to Scan Copy Print for donating the printing for our October bottle drive flyer!

Digital Printing (Colour) . Scanning . Brochures Digital Printing . (B&W) Photocopying


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780.434.0744



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Cookie Walk
Dec. 2, 2017
10am-12pm
Southminster-Steinhauer United Church

Let us help you with your Christmas baking! Come and choose from hundreds of homemade cookies. \$15 to fill your box. Come early cause we ALWAYS sell out!
www.ssucedmonton.com

Lendrum Happenings

New Year's Day Fireworks Party

Come celebrate the beginning of 2018 with neighbours and friends! Lendrum is hosting a New Year's Day party, January 1, 2018 from 3:30-5:30 pm at the hall. Come down for some shiny, sledding, skating, and a great fireworks display when the sun goes down. Sunset is expected at 4:25 (!) so fireworks will be about 5:15, when it's dark enough.

Bring your leftover holiday treats, and your new holiday games to the hall where you can warm up with hot chocolate, popcorn and good company.

See you there! Georgina

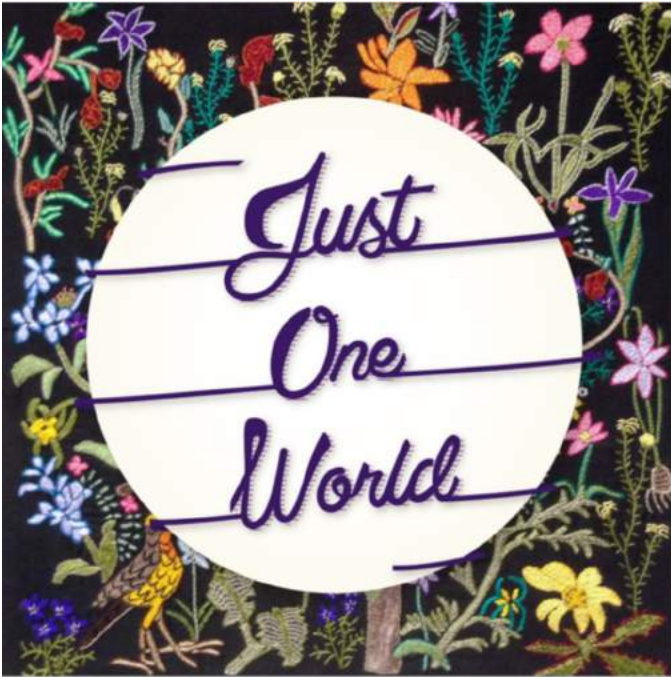


Turkey Trot Recap

We had a beautiful fall morning for the annual Lendrum Turkey Trot and a wonderful turnout of enthusiastic families. The turkey must have been moving very quickly because no one caught him on the 3 km or 5 km (5.6km) routes and so we had to give away a frozen one! The good news is we will be able to chase him again next year!

We have special appreciation to Safeway for the generous gift card donation and to Tim Hortons for the muffins and donuts, you are a great part of our community!





A GLOBAL MARKET PLACE

NOVEMBER 25 AND 26, 2017

SATURDAY 10:00-5:00

SUNDAY 10:00-3:00

10819 71 Ave NW

St Basil's Cultural Center

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No referral is required and you are welcome to call our office to book an examination.



5520 111 Street, Edmonton, AB T6H 3E9
T: 780-432-1832 E: info.edmonton@orthoplace.ca

www.orthoplace.ca

Who's Who (in the LCL)

At our strategic planning session, it was suggested that we share a bit more information about the various roles in the LCL (Lendrum Community League) and the people who currently fill them. This will be a new regular feature in Lendrum Living. This issue we will learn about Marlene, our website coordinator.

1. Name: Marlene Konduc

2. What is your role? As the Website Coordinator, I design and maintain the Living in Lendrum website. I place information within HTML code, and then upload the files to the server so you can see it on Lendrum.org . The information I receive and post, includes details about the Community League and its events, programs and civic issues as well as corresponding links to external sites and other timely features.

3. How long have you been doing this role? I started in 2013.

4. How long have you lived in Lendrum? I've called Lendrum home since 1962.

5. Why did you take on this position? I've always enjoyed volunteering, developing new skills and meeting new people. The website position was one of a few positions available at the time. I had worked with HTML in the past and thought that this might be a good fit for me.

6. How much time does this position take? The answer everyone loves. It varies. On average there are 10 individual updates per month with some requiring graphics.

7. What do you like about this role? I enjoy the crafting aspect of it and continue to enjoy the technical learning curve, plus it gives me the opportunity to help my community.

Watch for more interviews in upcoming issues!

Think you might have time to volunteer in the LCL? Let us know and we would be happy to discuss open positions!

Lendrum Neighbourhood Safety

From the Edmonton Neighbourhood Watch (www.enwatch.ca): Research has shown that crime is significantly reduced when residents are visibly present and are actively involved on their streets and in their neighbourhoods.

Individuals out randomly walking are more effective than scheduled citizen patrols. When individuals are aware of their neighbourhood they are better equipped to recognize and respond when something is not "right".

So get out and take a walk, get to know your neighbours, get some exercise and help prevent crime!



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We have undergone renovations and added new services to better serve our patients.

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Park Redevelopment

Thank you to everyone who volunteered for and donated to the October bottle drive. It raised \$1352 for this second phase of park redevelopment.

The total amount for the spray pad, furniture and shade shelter came in approximately \$50,000 over the City's budget estimates. We are pursuing the City for some answers as to how this amount could be off by so much and why we were not given the opportunity to choose to scale back or otherwise change project elements to mitigate this, but it means that the new shade shelter is not included in this phase. We will continue to work on this and get a new shelter as soon as possible.

The project is now paused due to the weather. The spray pad has been poured and spray features have been installed. The west and south areas of the project will be completed in Spring 2018. This means there is still an opportunity to get a name brick for the park! Order forms are at http://www.lendrum.org/parkredevelopment_donatesupport.html. The new deadline is March 1.

If you have any questions please contact me at playground@lendrum.org
Allison

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- faucets
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4.8L low flush white toilet
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Some restrictions apply
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Community Programs

Lendrum Ladies' Coffee Time:

First Monday each month, 1:30pm at Sunterra Market. For more info, please call Betty-Anne Stromsmoe at 780.437.7942

Sparks, Brownies, Guides and Pathfinders:

For girls ages 5-18. Call 780.435.5068 for more info. Join anytime, always accepting new girls in all levels!

Lose Weight -TOPS:

(Take Off Pounds Sensibly) Meets Tuesdays from 10-11 am at Cross of Christ Lutheran Church, 11460-60 Ave. For support in weight loss related programs contact Betty-Anne at 780.437.7942.

Crafters of Lendrum:

The Lendrum Craft Group welcomes all residents and friends who enjoy doing handicrafts. We 'usually' meet the 2nd and 4th Mondays from 11:00-4:00 with the exception of holidays and share a potluck lunch at the Community Hall.

Upcoming dates:

Nov. 21; Dec. 5, 19.

For more information, call Peggy Folinsbee at 780.436.9322.

Line Dancing:

Every Thursday from 10:00 –11:30 am at Lendrum Community Hall.

For info contact Don or Rita at 780.434.5885.

Lendrum Pottery Group:

For more information please call Joy Schlaut at 780.434.1997.

Lendrum Yoga

The community league hosts a power flow yoga class at 8:15pm on Thursdays at the community hall, if you are interested in joining the next session contact Erin at e.n.sawyer@gmail.com. (Cost is \$60/ 8 week session)

**Please contact Gary Goulden
with any ideas for possible new
programs
780.450.0927**

Blue Chair Tai Chi:

Mondays 9-10:30am Lendrum Hall

Fridays 9-10:30am Lendrum Hall

Sorry, we do not offer beginner classes. If you know the 108-move Moy-style set, please join us in practicing at an intermediate level. Call Kathy at 780.435.0738.

Lendrum Parents Meetup

Are you a parent in Lendrum? Are you interested in connecting with other parents in Lendrum for nights out, playdates and meetups? Join our Facebook page - Lendrum Parents.

Rhymes, Songs & Storytime

This interactive group for parents, caregivers and children has a structured and repeated routine which helps children increase their memory and language skills. For children 0-3, (siblings welcome). Tuesdays, Sept. 19-Dec. 12, 10-11am at the Lendrum Community Hall.

Music and Motion

Enjoy songs, parachute play and action games. Mondays, Sept. 18-Nov. 27, 10-11am at the Pleasantview Community Hall. Ages 2-6 (siblings welcome).

Lendrum Men's Night

We host a Lendrum Men's group at the Community Hall the first Friday of each month (except Dec. will be Dec. 8) between 7:30 and 10p.m. There will be beverages and snacks. Drop by with a few dollars to socialize. Meet new people and get to know your neighbours. Contact Lance at adamson@telus.net for info.

Drop-in Knit and Crochet Group

We meet on the first and third Tuesdays of the month, 6:30 pm to 9 pm at the Community Hall. All levels and genders are welcome. Cost is a toonie a time. Phone Heather Jenkins at 780.436.7011 for more information. Upcoming dates: Nov. 21; Dec. 5,19

Lendrum Fitness

Join us Friday mornings from 5:30-6:30am at the Hall for a fun workout mixing cardio and core. The next session will begin in January. Contact e.n.sawyer@gmail.com for more info.

Calendar of Events

November 26	Chili Cookoff, 5-7pm
December 2	Lendrum Pottery Sale, 10am-2pm
December 4	Community League Meeting 7-9pm
December 8	Lendrum Men's Night Out, 7:30-10pm
January 1	Lendrum New Year's Day Event (3:30-5:30pm)
January 8	Community League Meeting 7-9pm

All events at Lendrum Hall unless otherwise noted

Lendrum Blood Drive

Lendrum is planning a blood drive on the morning of January 6. If you are interested in joining a group of your neighbours to provide the gift of life, please contact Erin at e.n.sawyer@gmail.com or 587-523-3520.

YOU HAVE THE POWER TO GIVE LIFE
Donate blood and join the movement today.

Blood Donors Needed All Year Round

The need for blood doesn't stop

From now through the end of the year we need your help at the Edmonton Main Donor Clinic located at 8249 - 114 St (next door to the University of Alberta Hospital).

Clinic Hours:
Monday - Friday 9:00 am - 1:00 pm & 3:30 pm - 7:30 pm
Saturday 8:00 am - 2:00 pm

Confirm your eligibility to donate at <https://blood.ca/en/blood/abcs-eligibility>.

Book your appointment at blood.ca

Download on the App Store | GET IT ON Google play | f | | |

Canadian Blood Services
it's in you to give

Lendrum Community League

2017-2018 Executive & Coordinator Contacts

President	Gary Goulden	780.450.0927	president@lendrum.org
Vice-President	Betty Chan	780.686.4858	vicepresident@lendrum.org
Treasurer	Kevin Nitchke		treasurer@lendrum.org
Secretary	Laura Sherman	780.425.0993	secretary@lendrum.org
Casino	Catherine Rostron	780.434.3839	casino@lendrum.org
Civics	Stephen Dobson		civics@lendrum.org
Membership	Joanne Hamel	780.454.5111	membership@lendrum.org
Social	VACANT		
Soccer	Matthew Hawkeye	780.920.6122	soccer@lendrum.org
Volleyball	Lance Adamson	780.438.9168	volleyball@lendrum.org
Athletic Park	Harvey Guhl	780.504.7046	athleticpark@lendrum.org
Master Gardener	Bonnie Herring-Cooper	780.431.9513	communitygardener@lendrum.org
Master Naturalist	Peggy Folinsbee	780.436.9322	peggy.folinsbee@gmail.com
Fundraising	Allison Nitchke	780.988.0601	fundraising@lendrum.org
Park Redevelopment	Allison Nitchke	780.988.0601	playground@lendrum.org
Hall Rentals	Bonnie Herring-Cooper	780.431.9513	hallrentals@lendrum.org
Ice Rink	Ben Willing	587.523.3520	icerink@lendrum.org
Lendrum Sign	Betty Chan	780.686.4858	sign@lendrum.org
Newsletter Editor	Erin Sawyer	587.523.3520	newsletter@lendrum.org
Website	Marlene Konduc		webmaster@lendrum.org
Information Systems	Daryle Tilroe	780.906.2527	admin@lendrum.org
Newsletter Distribution	Catherine Stout	780.436.7179	newsletterdist@lendrum.org
Abundant Community	Stew & Anola Carson		stewcarson@shaw.ca
Energy Committee	Pam Smith		pam@zaw.com
CRC Rep (City of Edm.)	Anna Vesala	780.496.1473	anna.vesala@edmonton.ca

There are many ways to stay connected to the community!

- 1. Check out the website at www.lendrum.org.**
- 2. Follow us on twitter @LendrumYEG**
- 3. Join our Facebook page www.facebook.com/lendrumyeg**

Fall is wearing me down (sick kids, grey days...) and it's hard to remember that a couple of months ago I was picking the last of my garden vegetables in the summer sun. But I was doing that and so were many of you! An evening walk with a friend this summer led to a Facebook conversation about abundant garden produce (and apples, and cherries), which led to the idea of developing a Lendrum Food Network. So far the network doesn't look like much but I'm proposing that we start up a group of interested Lendrumites, create an email list and a Facebook group, maybe come up with some ideas of workshops that other Lendrumites might be able to lead about gardening (permaculture, front yard gardening, hint, hint, nudge, nudge to some individuals on my block with amazing gardens), link up with the school where possible as they develop their new teaching and learning garden and plan a summer harvest festival to wrap up our inaugural year. The original question that launched all this was, "What is your thought on the picking of alleyway raspberries?". So the idea of creating little alley signs that could indicate if rhubarb or raspberries or whatever you might be growing back there is available to share came to mind. Does this sound like something that is of interest to you? If so, send me an email newsletter@lendrum.org or give me a call 587-523-3520 and let's get this group started!

The sharing of food is a great way to meet each other and to share common interests. I look forward to eating some delicious chili at the end of the month with lots of you :)

Until January,
Erin