# LENDRUM LIVING

## March/April 2017



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### Lendrum Community League 11335 - 57 Ave. Edmonton T6H 0Z7

## www.lendrum.org

Facebook www.facebook.com/lendrumyeg

Twitter @lendrumyeg



Lendrum Hall 7-8:15 pm social to follow

Capital Regional Housing Corporation Community Engagement Session Part 4: Recommended Concept Presentation

Monday, April 24, 2017 6pm-8pm Lendrum Mennonite Brethren Church

For more information on the project: http://www.itstartswithhome.com/lendrumhome/

# Greetings

## President's Message

I am hoping to see many residents out for our AGM on April 3. We will be filling positions on our executive, looking for input on our new strategic plan, and enjoying some beverages and socializing.

The meeting will start at 7:00 pm at the Hall.

7-7:30 Q and A regarding reports 7:30 – 8:00 Filling positions 8:00 – 8:15 Future directions 8:15 Refreshments and Social

Reports will be available online and emailed to members. Please read the reports before the meeting and be prepared with any questions for our board. A few paper copies will be available on site but we will try to limit our printing costs and paper waste.

See you on April 3rd. Gary Goulden president@lendrum.org



Community League Wellness Program at City of Edmonton Recreation Centres

In 2017, your community league membership will now save you 15% on multi-admission

passes and 20% on annual passes! (Previously, the discount was 10% for community league members.) What a deal!

To get a LCL membership contact Joanne, contact details on page 16.

Icon made by Freepik from www.flaticon.com

Next Community League Meetings AGM, Monday, April 3, 7-8:15pm Monday, May 1, 7-9pm at the hall



## Lendrum is seeking donations of park benches

The City's Benchmark program was established to offer individuals and groups the opportunity to honour friends and loved ones, or to celebrate special events through the rebuild of an existing park bench, or the installation of a new bench. A bronze plaque will be placed on the bench to serve as a lasting tribute. Opportunities also exist for park tables.

Type of Bench	Cost	Includes
New Park Bench	\$4000	Installation of new bench on parkland with memorial plaque. Includes 10- year maintenance plan.
Existing Bench	\$4000	Complete rebuild of an exisitng bench with addition of a memorial plaque. Includes a 10-year mainteance plan.

For more details, check out: http://www.edmonton.ca/programs\_services/tribute\_honour/ benchmark-program.aspx or contact Harvey Guhl at 780.504.7046.

# **Civics**

Do you have questions about infill and construction practices? See the City of Edmonton's new infill site at www.cityofedmontoninfill.ca. That site includes information on permitting and good construction practices for behaviour, safety, and potential damage to neighbours' property. An infill project is the future home of your neighbour. Early cooperation and patience builds a good long-term relationship.

If Lendrum residents express sufficient interest, the League can host a City of Edmonton presentation on permits and best practices for contractors. Contact civics@lendrum.org if you are interested. Please identify specific questions if you have any. If there is sufficient interest the presentation would be in June at the community hall. The presentation would focus on existing rules. Most of the information is on the City's website or available through 311 and the presentation would highlight that information.

The presentation would not discuss the apartment building being considered for the north of Lendrum. A separate consultation process is underway for that project.

# Thank you to the ice crew!

A big thank you to Ben, Adam, Roddi, Jared, Gary, Bryn and Ira for all their hard work in making the awesome ice for the neighbourhood this winter (in spite of the fluctuations in weather).

#### Southminster Steinhauer United Church's 50th Anniversary! 50th Anniversary Celebrations Saturday, April 22, 4:00 pm Meet & Greet 5:30 pm Dinner Spiritual Gathering

Sunday, April 23, 10:00 am

Registration is now open for the Saturday event which includes a meet & greet, dinner, program, and dance. All attendees are asked to fill out a registration form and return to the church office. An email has been sent from the church office with the invitation and registration form, or pick up a hard copy from the foyer. Online registration is also available on the church website at http:// www.smsuc.com/anniversary.

\$15 per person; under 12 free.



# **Community Bulletin Board**



Need a spring yard cleanup? Power rake, fertilizer, first cut. Summer vacation yard maintenance available too! Call lan at (780) 237-5155.

## Interval and Core Class

Marnie Young leads a fun interval and core class at J'Adore Dance on Friday mornings at 5:30am. This is a great way to get your workout in before the day begins! Next session starts April 7.

For more information please contact Marnie at marnieyoung@interbaun.com

A Lendrum family is looking to renovate/rebuild in Lendrum. If you are interested in selling please email camera5052@ gmail.com or call 780.860.6545.





Lendrum Community League Annual Reports Available soon at: http://www. lendrum.org/agm.html

## PETROLIA SENIORS (55+)

Invites YOU to come to ENJOY LUNCH and a PROGRAM (\$15 except December)

Every Third Tuesday (except July and August) 11:45 a.m. (sharp) to 2:00 p.m. at Greenfield Community Hall 3803 – 114<sup>th</sup> Street

March 21<sup>st</sup> –Noel Somerville, Chair of PIA Seniors' Task Force 'The Current State of Seniors' Care in Alberta' April 18<sup>th</sup> – Allan Bleiken - Global Terrorism

In addition enjoy another **"outing"** during the month To **CONFIRM** your attendance or for more information **Call:** Nick --780-435-1045 or Betty --780-434-0711 **We look forward to your participation.** 

Bridge-Wednesdays 12 - 3 p.m. for info call Lawrence--780-436-2080



Advertising in the Lendrum Newsletter: No charge: classified (business card sized or less) ads from Lendrum residents, one ad per year from non-profit organizations benefitting the Lendrum area. Paid ads: all other ads - business card \$15; 1/4 page \$25; 1/3 page \$35; 1/2 page \$50; full page \$95 (sizes are approximate). Contact newsletter@lendrum.org.

## Local Pet Grooming

Fur Evolution is accepting new clients for dog and cat grooming. Groomer is a certified pet stylist, a longtime Lendrum resident and has a home-based business.

Call now 780-934-8986 or visit us at www.furevolution.ca



Interested in helping guide the future work of the community league? Watch the website or Facebook page for information on our upcoming strategic planning sessions.

Armchair Travellers Embroidering Canada Artists: Edmonton Needle Guild

Jeff Allen Art Gallery (JAAG) Strathcona Place 55+ Centre 10831 University Ave. (109 St. and 78 Ave.)

March 2, 2017 to April 6, 2017

These talented, enthusiastic artists have put together a fibre art Tribute to Canada's 150th Birthday. It is an exhibit of coast to coast Canadian places, images and scenes. A variety of embroidery and cross stitch delights, colour hues from vibrant and strong to soft and warm. The art, using materials and threads, has its own appeal and ranges from whimsical to lovely and practical. This is a very impressive exhibit, well worth viewing. Everyone is welcome.

Best viewing hours for the general public are 11:30 AM - 1:00 PM and 3:00 - 3:45 PM.

Centre is open Monday through Friday 9:00 AM - 4:00 PM Call 780-433-5807. Join the Lendrum Energy Committee

Research and discuss Lendrum's energy sustainability. No experience necessary.

Come share the dream. It's green!

> Contact: pam@zaw.com



# Need Help With Your Taxes?

Confidential and Free Tax preparation (subject to eligibility) Southminster-Steinhauer United Church location 10740-19 Avenue.

Fridays: March 17, 24, 31 (1:30- 9) & April 7, 21, 28 (6:30- 9 pm).

For an Appointment Call: 780-686-6854 (please leave a message)

For eligibility information please call 211.



# **Park Redevelopment**

Thank you to all who have donated to the Spray Park Phase of the Park Redevelopment!

A bottle drive is planned for Saturday, April 29 so please keep your empties! If you are able to volunteer to deliver flyers before the drive or to pick up bottles on the day of please email Julie (juliemoehler@gmail.com).

Last call for Name Bricks! The form is available on the next page and also under Park Redevelopment at lendrum.org. Allison

playground@lendrum.org

# **Energy Committee**

## Search at your leisure

Did you know the Solar Energy Society of Alberta has a fantastic website? It is solaralberta.ca. There are many useful links at the bottom of their home page, including one for grants and incentives.

## Attend a workshop

Looking for an excellent, affordable workshop to introduce yourself to solar?

https://solaralberta.ca/news/solar-pv-101-4-hr-saturday-workshop

## Where to begin?

Not sure how to begin conserving energy? Try One Simple Act, http://www.onesimpleact.alberta.ca/

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Allison (780)988-0601 playground@lendrum.org -drop form at 5807 113a street NW-

# **Lendrum Happenings**

## Lendrum Winter Fair 2017

We couldn't have asked for a better day for an outside party! The annual Winter Fair was blue-skied and balmy, and Lendrumites came out in droves to enjoy the outdoors. The sleigh ride was a hit as usual, and the giant outside games of Kerplunk, soccer & Connect 4 were played all afternoon. Some kids went home with paint-splattered jackets after making murals for the hall, lots went home on a sugar-high from the hot chocolate bar, and most left with wet mitts from an afternoon on the hill and the rink. Many thanks to all who came and helped out during the afternoon, particularly to Julie and Lora for setting up, Jen for cleaning up, and Stephen for both! Big thanks to Erin for saving the day with the music, and to Ben and the ice crew for taking such good care of our outdoor rink.

These events are always such a blast for the whole community, and appreciated by so many people. If you are interested in helping out with this or other events for the people in your neighbourhood, please get in touch! Send me a quick line at social@lendrum.org. New ideas are always welcome! © Georgina



# NEIGHBOURS HELPING NEIGHBOURS

# INTERIOR DESIGN & REAL ESTATE



This unique neighbourhood, & those surrounding us, are experiencing a lot of change as many of the original residents hand over keys to new owners, & families. These homeowners, original or new, could be looking to sell & move. Perhaps they need to renovate, remodel, or just refresh! We can help! Let's talk more! We'd love the opportunity to connect with more of our fantastic neighbours!

Contact Kim at Midori Spaces for your design and decor needs. ph: 780.965.5462 or Kim@midorispaces.com

Contact Danny at Century 21 All stars for your real estate needs.

ph 780.289.9321 or email: danbsells@gmail.com

www.midorispaces.com http://www.century21.ca/daniel.boticki





## Beginner Vinyasa Yoga Class

The Lendrum Community League is considering hosting a new yoga class for community members. A description of the class follows. Please note that we require a minimum number of participants in order to host the class. If you are interested in participating please respond to the contact information below.

This is a flowing and gentle practice. Focusing on improving your posture, increasing flexibility, and building strength. Practice standing, seated and reclining yoga poses that meet your physical needs now while expanding your abilities over time. Poses are linked together with the gentle rhythm of your breath. Ideal for developing self awareness, calming the mind and counteracting stress. This is a gentle approach to yoga, accessible for all abilities and experience levels.

Registration Fee: \$40 for a 4 week session. If there is enough interest, classes will start in April. There are 12 spots available.

Classes will be offered either Sunday from 10am -11am and/or Mondays from 730pm-830pm.

If interested in registering please email Gibson Patterson at Pattersongibson@gmail.com by April 10. Please also indicate if you prefer Sunday, Monday or both. Classes will only run if there is sufficient interest.



We are pleased to be your neighborhood café. Come to check out our daily lunch special. Happy hours from 3-5:30pm every day! Mention this ad to get 10% off your entire bill.

(Limited time offer from Quickly, only for you ©. Offer ends on April 15<sup>th</sup>.)

Sunday to Thursday: 11:30am-11:00pm Fri & Sat: 11:30am-midnight







Address: 5818 – 111 Street Ph: 780-705-0560

## NEIGHBOURHOOD SUMMER DAYCAMP

Edmonton

# A TASTE OF CAMP



DATE	TIME	AGES	COURSE CODE	COST
Monday-Friday August 21-25, 2017	9:00am-4:00pm	6-9 years	596589	\$151

## Lendrum Community League

## 11335-57 Avenue

Do you want to come to camp, but don't know which theme to try? This camp is for you! You will get a taste of all sorts of camp fun. From cooking, dancing, outdoor adventures, arts, and sports, you will get the chance to discover what your favorite activity is in this "theme a day" program. You will even get to end your camp adventure with a fun-filled field trip!

## Registration opens March 15, 2017

**To Register:** 

- Call 311
- Online at ereg.edmonton.ca
- In person at any City of Edmonton Recreation Leisure Centre

Thank you to the Lendrum Community League for access to their facility



Dr. Mary Ann Kuharchuk, Dr. Jason Nijjer b.sc., d.d.s b.msc., d.d.s



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# Lendrum Neighbourhood Safety

The City of Edmonton has reinstated the Community Sandboxes program.

Sand is provided as a courtesy during winter weather to use on your icy sidewalks and walkways. Pick up free sand at participating community leagues throughout the City. Remember to bring your own container when you visit your local community sandbox.

Sand is also available at City of Edmonton roadway maintenance yards, outside the fence. Please do not drive into the yards.



## Crime Stats for Lendrum

ſ		Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sept	Oct	Nov	Dec	Total
	2017	4	3	1										8
	2016	7	2	6	8	4	8	2	2	5	5	5	7	61
	2015	2	3	5	7	6	2	2	3	2	3	2	3	40
	2014	3	1	2	1	4	3	3	1	3	3	5	3	32

http://www.edmontonpolice.ca/CrimeFiles/NeighbourhoodCrimeMapping.aspx



# **Community Programs**

## Lendrum Ladies' Coffee Time:

First Monday each month,1:30pm at Sunterra Market. For more info, please call Betty-Anne Stromsmoe at 780.437.7942

# Sparks, Brownies, Guides and Pathfinders:

For girls ages 5-18. Call 780.435.5068 for more info. Join anytime, always accepting new girls in all levels!

## Lose Weight -TOPS:

(Take Off Pounds Sensibly) Meets Tuesdays from 10-11 am at Cross of Christ Lutheran Church, 11460-60 Ave. For support in weight loss related programs contact Betty-Anne at 780.437.7942.

## Crafters of Lendrum:

The Lendrum Craft Group welcomes all residents and friends who enjoy doing handicrafts. We 'usually' meet the 2nd and 4th Mondays from 11:00-4:00 with the exception of holidays and share a potluck lunch at the Community Hall. Upcoming dates:

Mar. 27; Apr. 10, 24; May 8, 29; June 12, 26

For more information, call Peggy Folinsbee at 780.436.9322.

## Line Dancing:

Every Thursday from 10:00 –11:30 am at Lendrum Community Hall. For info contact Don or Rita at 780.434.5885.

### Lendrum Pottery Group:

For more information please call Joy Schlaut at 780.434.1997.

## Lendrum Yogs

The community league hosts a power flow yoga class at 8pm on Thursdays at the community hall, if you are interested in joining the next session contact Erin at e.n.sawyer@gmail.com.

## Please contact Gary Goulden with any ideas for possible new programs 780.450.0927

## Blue Chair Tai Chi:

Mondays 9-10:30am Lendrum Hall Fridays 9-10:30am Lendrum Hall Sorry, we do not offer beginner classes. If you know the 108-move Moy-style set, please join us in practicing at an intermediate level. Call Kathy at 780.435.0738.

## **Lendrum Parents Meetup**

Are you a parent in Lendrum? Are you interested in connecting with other parents in Lendrum for nights out, playdates and meetups? Join our Facebook page - Lendrum Parents.

## **Rhymes, Songs & Storytime**

This interactive group for parents, caregivers and children has a structured and repeated routine which helps children increase their memory and language skills. For children 0-3, (siblings welcome). Tuesdays, April 11-June 20, 10-11am at the Lendrum Community Hall.

## **Music and Motion**

Enjoy songs, parachute play and action games with the staff of the Southwest Family Resource Centre. Mondays, April 10-June 19, 10-11am at the Pleasantview Community Hall. Ages 2-6 (siblings welcome).

### Lendrum Men's Night

We host a Lendrum Men's group at the Community Hall the last Friday of each month between 4:30 and 7:00 p.m. There will be beer and snacks. You are welcome to come for a few minutes or the entire time. Drop by with a few dollars to socialize and have a beer. Meet new people and get to know your neighbours or talk about old times with your old neighbourhood friends.

## **Drop-in Knit and Crochet Group**

We (usually) meet on the first and third Tuesdays of the month, 6:30 pm to 9 pm at the Community Hall. All levels and genders are welcome. Cost is a toonie a time. Phone Heather Jenkins at 780.436.7011 or Joanne Leicht at 780.435.1574 for more information. Dates coming up are: Mar. 21, April 4 and 18, May 2 and 16, June 6 and 20.

# **Calendar of Events**

March 31	Deadline for Park Brick Orders (see page 7 for details)					
April 3	Lendrum Community League Annual General Meeting 7-8:15pm					
April 24	CRHC Community Engagement Meeting, 6pm,					
	Lendrum Mennonite Brethren Church					
April 29	Park Committee Bottle Drive, have your bottles out by 9am					
May 1	Community League Meeting 7-9pm					
June 25	Soccer wrap-up and summer bbq					
**All events at Lendrum Hall unless otherwise noted**						

## Te Deum Singers Concert

Te Deum Singers is an Edmonton choir (https://tedeumsingers.ca/) who practice and perform, "for the joy of singing, for the delight of others, and for the glory of God."

<u>Dates</u>: Saturday, April 8, 7:00pm and Sunday, April 9, 2:00pm <u>Please note</u>: the concerts start at 7:00pm and 2:00pm, sharp; audience members arriving after the concert begins cannot be seated until the intermission

<u>Venue</u>: Lendrum Mennonite Brethren Church, both performances <u>Location</u>:11210 59 Ave NW, Edmonton – free parking at rear <u>Admission</u>: free (donations appreciated to cover costs) Contact: Diana Wiens dianawiens014@gmail.com 780 436-3083



# Lendrum Community League 2016-2017 Executive & Coordinator Contacts

\_ENDRUM LIVING March/April 2017

President	Gary Goulden	780.450.0927	president@lendrum.org
Vice-President	VAČANT		
Past President	Bill Fish	780.437.6794	pastpresident@lendrum.org
Treasurer	Rick Young	780.437.1981	treasurer@lendrum.org
Secretary	Laura Sherman	780.425.0993	secretary@lendrum.org
Casino	Catherine Rostron	780.434.3839	casino@lendrum.org
Civics	Stephen Dobson		civics@lendrum.org
Membership	Joanne Hamel	780.454.5111	membership@lendrum.org
Social	VACANT		
Soccer	Matthew Hawkeye	780.920.6122	soccer@lendrum.org
Volleyball	Lance Adamson	780.438.9168	volleyball@lendrum.org
Athletic Park	Harvey Guhl	780.504.7046	athleticpark@lendrum.org
Master Gardener	Bonnie Herring-Cooper	780.431.9513	communitygardener@lendrum.org
Master Naturalist	Peggy Folinsbee	780.436.9322	peggy.folinsbee@gmail.com
Fundraising	Allison Nitchke	780.988.0601	fundraising@lendrum.org
Park Redevelopment	Allison Nitchke	780.988.0601	playground@lendrum.org
Hall Rentals	Bonnie Herring-Cooper	780.431.9513	hallrentals@lendrum.org
Ice Rink	Ben Willing	587.523.3520	icerink@lendrum.org
Lendrum Sign	Luke Falkenstein	780.431.0752	sign@lendrum.org
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Abundant Community	Stew & Anola Carson		stewcarson@shaw.ca
Energy Committee	Pam Smith		pam@zaw.com
CRC Rep (City of Edm.	) Anna Vesala	780.496.1473	anna.vesala@edmonton.ca

## There are many ways to stay connected to the community!

- 1. Check out the website at www.lendrum.org.
- 2. Follow us on twitter @LendrumYEG

3. Join our Facebook page www.facebook.com/lendrumyeg

Happy March...and hopefully spring???

Sitting at my dining room table I am faced with a stark contrast - colourful tulips hinting at spring in a vase in front of me and frigid temperatures and piles of snow glistening through the window. We embraced our winter city today and made use of the ice rink, maybe for the last time this year, and the snow-covered hill that is the perfect size for my little tobogganers. It can be hard to convince oneself (and one's children) to leave the warmth of the house but on a day like today, when the sunshine is beaming down and the snow looks like it is covered in crystals, it is well worth the effort.

Lendrum's annual general meeting is coming up in April. The league is going to be revamping our multiyear strategic plan next month as well. At community league meetings there has been much discussion of late about the type and value of the programs the LCL provides. It would be great to hear more input from community members, either at the AGM (or any of our monthly meetings) or via phone or email. There has been a number of new classes and groups start this year - yoga, knitting and crochet, the energy committee - and a continuation of old favourites - crafting, beer nights...What do you feel might be missing? Let your voice be heard because it matters. There may be someone else who feels they need the exact same program or group you are suggesting! Until May, Erin