

LENDRUM LIVING

January/February 2016



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Lendrum Community League
11335 - 57 Ave. Edmonton
T6H 0Z7

www.lendrum.org

Facebook
www.facebook.com/lendrumyeg

Twitter
[@lendrumyeg](https://twitter.com/lendrumyeg)

Lendrum Winter Fair

This year's winter fair will be Sunday, February 21st, from 1-4pm. Come down to the hall for a sleigh ride, an outdoor fireside chat with friends, skating, sledding, and fun outdoor games for all!

There will be kicksleds for racing, snowshoes for tramping about, and horse-drawn sleighrides all afternoon. Join in a game of shinny or a sledding race down the hill! Decorate a snowman with snow graffiti! Enjoy indoor games for all ages, and a mug or two of hot chocolate to warm up. But most importantly, good company with good neighbours!

If your surname is A-K, please bring a savoury snack to share. If your surname is L-Z, please bring something sweet. Beverages will be supplied. Volunteers are needed and very welcome – please contact Georgina (ghawkeye@gmail.com, 780-920-2616)



Silent Auction Items Needed!

Lendrum's Park Redevelopment Committee is seeking donated items for a silent auction fundraiser we will be holding in March/April. If you work for a company that would be willing to donate something or if you have a new item or service that you are willing to donate please contact Michaela at Michaela.k@shaw.ca.

Thank you in advance for your support and watch for more details soon!

Greetings

President's Message - January 2016

The Community League is looking forward to an exciting year as we look to continue our playground redevelopment, host many programs and events, and plan for the future. If you have ideas on how to make Lendrum a more vibrant community, please send along your input to president@lendrum.org or come visit us at our monthly meeting – the first Monday of the month.

Also, we have opportunity for involvement right now! We are looking for a social coordinator for 2016. For details on the duties of the position, contact Georgina Hawkeye at ghawkeye@gmail.com. And, we can always use a bit more help maintaining the ice rinks and sidewalks. Contact Ben Willing (icerink@lendrum.org or 587-523-3520) if you can give some time and energy this winter.

Message from Councillor Walters

Winter in Edmonton is here, and though it appears to be a light one, it pays to be prepared. On a personal note, my snowshoes are ready for some more beautiful snowfall. Bring it on!

This year, Roadways is starting two new pilot projects - one for the creation of a publicly available map system for snow removal, and another a GPS tracking system.

The mapping pilot allows residents to monitor snow removal on priority routes, and see where a road sits in the priority chain for clearing. The map will be updated thrice daily, showing how much of any priority route is cleared.

The GPS pilot is being installed on five plows in the Southwest. The system will deliver live data on the snow clearing that the vehicles have completed. The dispatch centre then looks at the routes taken and optimizes the routes to reduce costs through less fuel consumption, staff time, and wear on equipment.

A similar system was implemented a few years ago in Colorado. It improved the efficiency of their snow removal teams by 28% - they were able to clear the arterial road system within 8 hours. We'll need to see what the up-front investment would be to install the trackers on more equipment, but if the cost isn't prohibitively high, the investment would pay for itself in reduced costs.

We're also aiming to enhance snow removal in school drop off and windrow free zones. Clarifying the windrow policy for school drop off zones will lead to safer winters near our schools, and hopefully less hectic drop offs and pick ups.

If you have concerns about snow removal this winter, your first stop should be 311 - they can pass your concern expeditiously to Roadways. In case of further problems, you can contact me at michael.walters@edmonton.ca or (780)496-8132.

Not yet a member of Lendrum's Community League?

There are many benefits to joining: access to hall rentals, skate tags for the outdoor rinks, five free swims a year, community soccer, and more!

Find the membership form online or contact our membership rep, Joanne at membership@lendrum.org. Join us!

- Looking for an opportunity to
- volunteer an hour or two a
- week close to home? If you are
- interested in working with long
- term care patients at South
- Terrace, contact Kyla Romanchuk
- at (780) 434-1451.

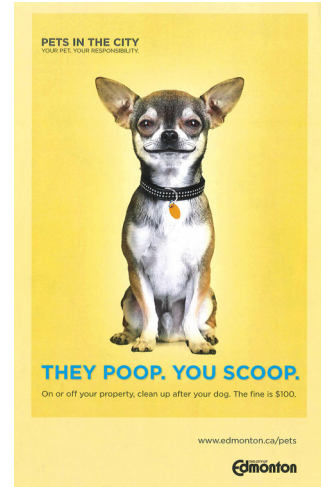
Civics

The City implemented a residential parking program in North West Lendrum on January 1, 2016 because over 65% of impacted Lendrum residents supported the program. Thank you very much to the volunteers that helped in 2015 with the petition.

The University of Alberta and community leagues around South Campus will renew a Memorandum of Understanding in May 2016. The Memorandum states that the university and community leagues will cooperatively discuss issues regarding development on the university farm. The community leagues involved include Lendrum, Malmo, Grandview, Lansdowne, Belgravia, McKernan and Aspen Gardens.

In 2016, Lendrum Community League will likely consider the possibility of a dog off leash area on the western or northern edge of the community. A discussion paper will be written that describes options for an off leash area and the implications of each option.

The City has begun a review of rules for constructing or modifying homes in older neighbourhoods like Lendrum. Their review will culminate with a public consultation in Autumn 2016. Information on the "Mature Neighbourhood Overlay" is on the City of Edmonton website.



Please email civics@lendrum.org if you have comments or want more information on any of the above topics. Please say if you think there are other civics issues that should be addressed by the Lendrum Community League.

Dr. Douglas Haberstock
Orthodontist

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Email: info@iortho.ca



Community Bulletin Board

LENDRUM LIVING January/February 2016



A Lendrum couple is looking for some assistance with snow removal and lawn maintenance when they travel at various times of the year. They are looking to hire another Lendrum resident starting in February. If you are interested contact Yoshi at 780-436-1968 for more information.

Next Community League Meetings
Monday, February 1, 2016, 7-9pm
Monday, March, 7, 2016, 7-9pm
at the hall



Thank you to St. John's Anglican Church for volunteering a space for Lendrum Parents' weekly meet-up and for being so welcoming. Come join us: Wednesdays 10am-11:30am (just drop-in).

Urgently Needed: Lendrum Residents to deliver the Lendrum Newsletter
The newsletter is published 5 times a year. It takes about 1 ½ hours to deliver your route. Honorariums are provided. Please contact Catherine at 780-436-7179.



Mark your calendars! Casino volunteers needed!

Our Lendrum Community League Casino is scheduled for Saturday April 30 and Sunday May 1 at the Baccarat Casino in Edmonton. We are in need of approximately 40 volunteers to help run this event. We need cashiers, chip runners, General Managers, Bankers, and Count Room staff. You will be given a free meal and snacks, and all the on-the-job training you require. Newcomers are more than welcome, it's a great way to meet Lendrum neighbours.

Please contact Catherine Rostron (by email at casino@lendrum.org or crostron@telus.net, or by phone 780-434-3839) to volunteer. Indicate which positions you are willing to work, which day (Saturday or Sunday), and day or evening. Also indicate if there is someone you want to schedule a shift with. We will do our best to accommodate all requests!!

CHILDCARE NEEDED

11:30am – 4:00pm
2 afternoons/ week
Tuesday – Friday – actual day(s) of the week are flexible.



\$15.00/hr

Care for our 3 year old child. Annika has some gross motor and speech developmental delays. Opportunity to work with other rehabilitation professionals.

Pick up from CHEEP preschool program at Corbett Hall (UofA) to our home in Lendrum. LRT train stations close to Corbett Hall and our home in Lendrum.

References required.
Police check required. We will cover cost.
Contact: Heather Thompson @ 780-488-4700

Advertising in the Lendrum Newsletter: No charge: classified ads from Lendrum residents, ads from non-profit organizations benefitting the Lendrum area. Paid ads: all other ads - business card \$15; 1/4 page \$25; 1/3 page \$35; 1/2 page \$50; full page \$95 (sizes are approximate). Contact newsletter@lendrum.org.

- **Start the New Year off right!**
- Lendrumite Marnie Young runs
- an interval/core class Friday
- mornings (5:45-6:45am) at the
- J'Adore Dance studio. The next
- session starts Jan. 15 and runs
- through Mar. 18. The cost is \$120.
- To register contact marnieyoung@
- interbaun.com



Looking for another Lendrum resident to take a puppy for an outdoor break and play midday every weekday for 30 – 60 minutes. Please contact Richard & Andrea at 780-431-0060.



Lendrum Kindergarten is requesting donations of new or used Christmas cards to its program. If you have any you can donate, please drop them off at Lendrum School. They use them to make ornaments for the residents of Pleasantview Place.

Save those cans and bottles!

The Lendrum Park Redevelopment Committee will be holding a bottle drive on January 16! Please have your bottles out by 9am for pickup.



Malmö Pre-Kindergarten 2016/2017 Registration

Malmö Pre-Kindergarten is a preschool focused on learning through play. We offer morning and afternoon classes for 3 & 4 year olds. We will be having an Open House and Information Night on Tuesday, February 9th, 2016. The Open House will be held in our classroom located in the Malmö Elementary School (4716-115 St) from 6:00-7:30pm. We will have some short information sessions throughout the evening and families will have an opportunity to check out the classroom and meet the preschool teachers. Children are welcome to attend.

Malmö Preschool is excited to announce that registration for the 2016/17 school year will be online! Registration for new families will open on February 2 at 8:00 am and close on February 28 at 8:00 pm. We will then hold a lottery for the new families who have submitted their registration form and paid the \$50 non-refundable registration fee.

Please check out our website to find our registration form and for more information: www.malmopreschool.com. Or feel free to contact our Registrar at: registrar@malmopreschool.com

Do you enjoy Lendrum's outdoor rink?

Consider helping out with maintaining it this winter. For more info or to volunteer contact Ben at icerink@lendrum.org.

Community Yoga & Karate



threebattles.com
780-707-3693

NORTHERN RIVER

Westwood Church 11135 65 Ave.
Thurs. Karate: 6:45 pm

King Edward Park 8008 - 81 St.
Tues. Yoga: 6:00
Karate: 7:30

Unitarian Church of Edmonton
10804 - 119 St. Sat. mornings
Yoga: 9:00
Karate: 10:30

All levels of skill & experience welcome.



FIRST CLASS FREE

School News

École Lendrum School will be having a Kindergarten open house on Thursday, March 3rd, from 18:30 to 19:30. All families interested in Kindergarten are welcome to attend. Registration information is available on the school website: <http://lendrum.epsb.ca> We will be accepting registrations for both English and French Immersion Kindergarten that evening, and during the district's spring enrollment schedule. Please refer to the school website for more information towards the end of February.
Thank you! Merci!
Jason Ludwar
Principal/Directeur

Ecole Avalon Junior High - Open House
Thursday, March 3 6:00pm - 8:00 pm

We will be accepting registrations for both English and French Immersion that evening, and during the district's spring enrollment schedule. Please refer to the school website for more information towards the end of February. (www.avalon@epsb.ca)

WEEKLY SPECIAL



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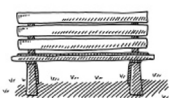
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Lendrum is seeking donations of park benches

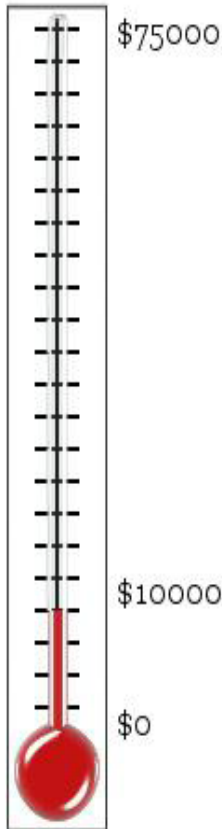
The City's Benchmark program was established to offer individuals and groups the opportunity to honour friends and loved ones, or to celebrate special events through the refurbishment of an existing park bench, or the installation of a new bench. A bronze plaque will be placed on the bench to serve as a lasting tribute. Opportunities also exist for park tables.

Type of Bench	Cost	Includes
New Park Bench/Location	\$3500	Installation of new bench, plaque and installation of concrete pad
New Bench on Existing Concrete	\$2500	Purchase and installation of new bench and plaque.

For more details, check out: http://www.edmonton.ca/programs_services/tribute_honour/benchmark-program.aspx or contact Harvey Guhl at 780.504.7046.

Park Redevelopment

Community Fundraising Goal



We received an updated concept drawing and budget from the City for the Spray Park & new gazebo and with it comes the great news that our concept budget has been reduced from 605k to 516k!

We have also recently learned that unfortunately our application for the Alberta Blue Cross Healthy Communities Grant for 50k was unsuccessful. We will have one more shot at it next year. We expect to hear back on 200k worth of grants from the City and Government of Alberta this Spring and are applying for the Edmonton Foundation's Play Space grant for up to 20k next Spring. Barring any new applicable grant source, we are at the end of the grant writing process for this project and will now focus the 15 months remaining until our deadline on community fundraising and private donations.

- Information and order forms for the name bricks that will be placed in Lendrum Park can be found on the lendrum.org website under Park Redevelopment.
- Our next Bottle Drive is very soon – January 16!
- Tickets for the Silent Auction will be available soon. If you have items to donate for auction please contact michaela.k@shaw.ca.

All charitable donations to this project over \$20 will receive a tax receipt. To receive a tax receipt, please make your donation cheques payable to 'The City of Edmonton' with 'Lendrum CL Parkland Redevelopment' in the memo line. The City prepares tax receipts annually. Cheques can be dropped at 5807 113a Street along with the required donation form which can be found at www.lendrum.org.

Allison
playground@lendrum.org

Lendrum gratefully acknowledges our playground funders



Edmonton
Community
Foundation



Les Causeries Playschool Registration

Les Causeries: The Introducing French Playschool is a non-profit parent-run preschool for 3 and 4 year olds offering a gradual introduction to French in a 'learn through play environment'.

The school is located in Pleasantview Community Hall and is accepting registration for new students starting Jan. 11, 2016. For more information check out: www.frenchplayschool.ca.

Soccer Registration

JOIN THE FUN PLAY OUTDOOR SOCCER IN 2016!

Outdoor Soccer Registration is done through the Lendrum Community League and is a **TWO STEP PROCESS** involving both online and in-person registration. Both steps must be completed. Please review the following and contact the Lendrum Soccer Coordinator (Matthew Hawkeye) at soccer@lendrum.org if you have any questions!

STEP 1 ONLINE REGISTRATION

Visit the SWEMSA website at <http://emsasouthwest.com/play/registration> and pre-register your child

- Online registration is available beginning February 1, 2016
- Print two copies of the completed online registration form for the in-person registration (see below).
- Please note that players may only register with the community in which they reside.
- **The last day for online registration will be February 29th.** Registrations received after February 29th will be considered late, will be subject to a \$20 late fee, and players cannot be guaranteed a place on a team.

STEP 2 ATTEND IN PERSON WITH PAYMENT

Come to one of the payment sessions at the Lendrum Community Hall held on:

- Saturday, February 13th from 2:00 PM to 5:00 PM
- Saturday, February 20th from 1:00 PM to 4:00 PM

Remember to bring the following:

1. Your completed online registration forms
2. Your Lendrum Community League Membership
 - If you do not have a Lendrum Community League Membership, please bring a completed Membership Request Form (located on the Lendrum Website at <http://www.lendrum.org/lclmembershipbenefits.html>) and you can purchase a membership at the payment session. Please don't buy one online!
3. Your volunteer spirit! Volunteers are critical to the success of community soccer – Please volunteer for at least ONE position:

Coach*	Year-end BBQ Volunteer
Assistant Coach*	Registration Assistance
Team Manager	Equipment Handout
Referee Coordinator	

*Free coaching courses are available for Lendrum Coaches!

Please note that if you are not able to volunteer for community soccer in some way, please provide a \$50 cheque made out to Lendrum Community with your registration.

4. Your cheques made out to Lendrum Community League:
- Registration fee (\$ amount as below) with the current date.
 - Uniform deposit (\$50) post-dated Oct 4th 2016
 - If you are not able to volunteer, a non-volunteer fee (\$50) with the current date.

Registration Fees			
	Date of Birth	Fee (\$)	Day and Time*
Mighty Mites	2012	\$50.00	TBA
U6	2011-2010	\$60.00	TBA
U8	2009-2008	\$90.00	TBA
U10	2007-2006	\$110.00	TBA
U12	2005-2004	\$125.00	TBA
U14	2003-2002	\$150.00	TBA
U16	2001-2000	\$165.00	TBA
U18	1999-1998	\$165.00	TBA

Please note that the Lendrum Community League is committed to supporting children being able to participate in community soccer. Please contact us if the cost keeps your child from playing.

Ever thought about playing STING Competitive Soccer???

Soccer players from ages U10 to U18 who are interested in a more competitive level of play should consider trying out for a STING team. Open tryouts will be held in March.

Check the STING website for details and to register for tryouts: www.swstingsoccer.com

Lendrum Soccer Gear Roundup and Giveaway!

Wondering what to do with your too small soccer gear?
 Need the next size of cleats for this upcoming season?
 We can help!

Bring your used shin pads, cleats, soccer socks, and Lendrum Timbits jerseys to the Community Hall on one of the soccer registration dates

Anyone needing gear may take what they need. Any gear remaining at the end of registration will be held within our soccer program for another chance!

Referees and Assistant Refs (Lines people) Needed!

Referee Courses are mandatory (and FREE for Lendrum residents)
 For more information please contact soccer@lendrum.org and check out www.edmontonsoccer.com for early ref courses.

Lendrum Happenings



Lendrum's New Year's Day Party

We had a huge turnout for the Lendrum New Year's Day party! More than a hundred people came out on a beautiful, blue sky day to enjoy shinny, skating, tobogganing, snacks and good company! It was such a gorgeous start to 2016 – and all topped off with a super fireworks display. Happy New Year to all of you!

Food for Thought:

Lendrumite Janet wanted to share a story she came across on green energy.

Evansdale Community League recently installed solar panels on the roof of their community hall. "Evansdale's 13.6 kilowatt solar system will cover about half of our annual electricity use . . . only half of our roof is covered with solar. The system [was designed] so it's easy for us to double its size in the future to fully cover our electricity needs." Evansdale Community League and Green Energy Futures.

For more details on the project:
<http://www.greenenergyfutures.ca/episode/evansdale-community-solar>

Social Events Coordinator Needed

Lendrum Community League is looking for a new Social Events Coordinator, starting in July 2016. This role is a lot of fun, and can be as busy or as relaxed as you want to make it! Take this chance to hold the events that you and your family and friends will enjoy. It is a great opportunity to meet other members of the community, and bring people together.

Get in touch with me (ghawkeye@gmail.com) for more information.

I look forward to hearing from you!
 Cheers,
 Georgina



Winter Training Program for Community Volunteers

Come learn how to facilitate outdoor winter activities!

Thurs. Feb. 4, 7-9pm

Jackie Parker Park

Ages: 13+

Program cost: FREE

Register by calling 311 or online at eREg.edmonton.ca. Course code:560698

Lendrum Chilli Cookoff 2015

What a fantastic night we had back in November for this year's Chilli Cook Off! More than 65 people came down to the hall at various points in the evening to sample from the 8 chillis provided by Lendrum's chefs and enjoy time together. It was a really fun time for everyone! Without further ado, this year's winners:

Best Traditional Chilli

Tropical Spice Chili a la Loyer (Xanthe Loyer)

Brown hamburger (usual pack size at Sunterra)
Sauté chopped celery (4 sticks)
Add chili powder (to taste)
Pinch of hot curry powder
Pinch of cayenne powder
Rinse and add red kidney bean (Can proportion 1:1:1 with 1 pack of hamburger)
Add whole canned tomatoes
Add pineapple tidbits – hold back juice.

Simmer and reduce. Once reduced, add the pineapple juice.

Neighbourhood Choice

Chilli Blanche (Matthew Hawkeye)

2 tsp olive oil
4 chicken breasts, cubed
1 ½ cups chopped onion
1 cup diced celery
2 tsp minced garlic
1 tbsp chilli powder
2 tsp each ground cumin and dried oregano
½ tsp ground coriander
¼ cup flour
3 cups chicken broth
1 can (370mL) 2% evaporated milk
2 cans (540 mL each) navy beans, drained & rinsed
1 can (128 mL) diced green chilies
½ tsp each salt and pepper
¼ tsp cayenne pepper
1 cup sour cream
2 tbsp minced cilantro
Chopped green onions to garnish

Heat oil in large pot. Add chicken and cook 3-4 min, til no longer pink. Add onions, celery, garlic. Cook 5 min. Add chilli powder, cumin, oregano and coriander. Mix and cook for one minute. Add flour & stir til chicken is well coated. Stir in broth and evaporated milk. Bring to boil. Reduce heat to medium and simmer uncovered for 5 minutes. Add navy beans, chilies, salt and pepper and cayenne pepper to mixture. Lower heat to medium. Cover and simmer x 15 minutes. Remove chili from heat. Stir in sour cream and cilantro. Garnish with green onions.

Best Vegetarian Chilli

Fresh and Zesty "Don't miss the meat" Chili (Erin Sawyer and Ben Willing)

1/4 c oil
2 onions, diced
6 carrots, diced
6 stalks of celery, diced
2 zucchinis, diced
1 jalapeno pepper, minced finely
1 tbsp garlic, minced
1/4 c chili powder
2 tsp ground cumin
2 tsp basil
2 tsp oregano
2 bay leaves
2 tsp salt
1-19 oz. can chickpeas, drained and rinsed
1 can kidney beans, drained and rinsed
2 cups corn frozen or fresh
2 cans cooked black beans, drained and rinsed
2-28 fl oz. cans diced tomatoes
1 bottle of beer
1 tsp chipotle in adobo paste
water
1 bunch cilantro, chopped
2 or 3 limes

In a large pot, sauté onions, carrots, celery, zucchini, jalapeno pepper and garlic in oil until soft. Add chili powder, ground cumin, basil, oregano, salt and bay leaves. Sauté 2-3 minutes more, then add chickpeas, kidney beans, black beans, corn, tomatoes, beer and chipotle paste. Add water to cover and let simmer for about an hour, stirring often. Add 1 bunch of cilantro, juice and zest of 2-3 limes and salt and pepper to taste.



CSA PHYSIOTHERAPY

csaphysio.ca

New!

Chronic Pain Program

8 Physiotherapists
and a 1200 sq. ft. gym
(see website)

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Local Pet Grooming

Fur Evolution is now accepting new clients for dog and cat grooming. Groomer is certified pet stylist, a long-time Lendrum resident and has a home-based business.

Call now 780-934-8986 or visit us at www.furevolution.ca



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Youth Choir - Ages 15-24

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info@EdmontonYouthChoir.ca
www.EYCC.ab.ca | 780-994-6539

EDMONTON
Youth and Children's Choirs

ATTENTION SENIORS (55+)!!! PETROLIA SENIORS' GROUP

Invites YOU to come to enjoy lunch and a program (\$15) the third Tuesday of the month
11:45 a.m. to 2:00 p.m.

at Greenfield Community Hall
3803 - 114 Street

Jan. 19 - How the Budget will Affect Seniors

Richard Feehan, MLA for Rutherford

Feb. 16 - Tribute to Black History Month
Descendants of Black Pioneers - Debbie

Dobbins and Marie Lewis

Mar. 15 - Gary Faulkner, Glenrose
Rehabilitation Hospital

Play Bridge, Wednesdays, 12-3pm.

Call Joan at 780-436-1434

In addition enjoy another "outing" during the month. For more information or to confirm your attendance by the Friday preceding the lunch meeting please call:

Nick --780-435-1045 or Betty --780-434-0711.

We look forward to your participation!

Lendrum Neighbourhood Safety

From Edmonton Neighbourhood Watch's November Dispatch:

"Coming in early 2016 Edmonton Neighbourhood Watch will relaunch a Door Sticker program. The goal is to reach residents about crime prevention and how important it is to get to know your neighbours, to get to know your neighbourhood, to report all crimes, and to report suspicious activities to the police. Residents who participate will receive crime prevention information and a sticker for their door/entranceway identifying they are a Neighbourhood Watch participant." Check out www.enwatch.ca for more info.

Prevent sidewalk falls! Free sand is available at the Lendrum Community Hall.

Remember to bring your own container. If the box is empty, please call 311 to get it refilled.

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sept	Oct	Nov	Dec	Total
2015	2	3	5	7	6	2	2	3	2	3	2	3	40
2014	3	1	2	1	4	3	3	1	3	3	5	3	32
2013	2	0	3	2	11	1	8	5	0	1	1	0	34
2012	3	0	5	2	4	0	2	3	3	0	4	0	26
2011	3	0	2	2	0	3	3	2	0	2	2	0	19

<http://www.edmontonpolice.ca/CrimeFiles/NeighbourhoodCrimeMapping.aspx>

Get Free Training and Become a Local Waste Reduction Hero



The City of Edmonton is looking for volunteers to become Master Composter Recyclers. These specially trained volunteers - or MCRs - are community leaders in waste reduction. They employ all sorts of tips and tricks to help any household reduce, reuse, recycle, and recover.

Once they get involved, MCRs

- Complete a free 40-hour training course on select evenings and weekends in Spring 2016
- Learn about recycling, composting, grasscycling, and waste reduction
- Take a free tour of the Edmonton Waste Management Centre
- Volunteer at least 35 hours teaching friends and neighbours how to reduce waste

But the best part is volunteering. MCRs are all about sharing a waste reduction message with friends, family, neighbours, and coworkers. Volunteer activities include showing a neighbour how to grasscycle, helping a family start a worm compost, hosting a wasteless dinner party, or being a compost mentor at a community garden.

Apply at www.edmonton.ca/mcrp

Application Deadline: February 18, 2016

Community Programs

Lendrum Ladies' Coffee Time:

First Monday each month, 1:30pm at Sunterra Market. For more info, please call Betty-Anne Stromsmoe at 780.437.7942

Sparks, Brownies, Guides and Pathfinders:

For girls ages 5-18. Call 780.435.5068 for more info. Join anytime, always accepting new girls in all levels!

Lose Weight -TOPS:

(Take Off Pounds Sensibly) Meets Tuesdays from 10-11 am at Cross of Christ Lutheran Church, 11460-60 Ave. For support in weight loss related programs contact Betty-Anne at 780.437.7942.

Crafters of Lendrum:

The Lendrum Craft Group welcomes all residents and friends who enjoy doing handicrafts. We meet the 2nd and 4th Mondays from 11:00-4:00 with the exception of holidays and share a potluck lunch at the Community Hall.

Upcoming dates:

2016 - January 25; February 8, 22;
March 14; April 11, 25; May 9, 30; June 13, 27.

For more information, call Peggy Folinsbee at 780.436.9322.

Line Dancing:

Every Thursday from 10:00 –11:30 am at Lendrum Community Hall.

For info contact Don or Rita at 780.434.5885.

Lendrum Pottery Group:

Please call Joy Schlaut for info at 780.434.1997.

Blue Chair Tai Chi:

Mondays 9-10:30am
Malmo Hall
Fridays 9-10:30am
Lendrum Hall.

Sorry, we do not offer beginner classes. If you know the 108-move Moy-style set, please join us in practicing at an intermediate level. Call Kathy at 780.435.0738.

Lendrum Parents Meetup

Are you a parent in Lendrum? Are you interested in connecting with other parents in Lendrum for nights out, playdates and meetups? Join our Facebook page - Lendrum Parents. We are hosting a weekly meet-up at St. John's Anglican Church on Wednesdays from 10am-11:30am.

Little Explorers

Find new ways to play using upcycled and unique materials. Come explore with the Southwest Family Resource Centre staff at Lendrum Community Hall, Tuesdays, Jan. 12- Mar. 15 10-11am. Ages 2-6 (siblings welcome).

Music and Motion

Enjoy songs, parachute play and action games with the staff of the Southwest Family Resource Centre. Mondays, Jan. 11 - Mar. 14, 10-11am at the Pleasantview Community Hall. Ages 2-6 (siblings welcome).

Lendrum Men's Night

We are hosting a Lendrum Men's group at the Community Hall the last Friday of each month between 4:30 and 7:00 p.m. There will be beer and snacks. You are welcome to come for a few minutes or the entire time. Drop by with a few dollars to socialize and have a beer. Meet new people and get to know your neighbours or talk about old times with your old neighbour friends.

Lendrum KIDS' KARATE CLASSES
Westwood Church 11135 - 65 Ave.

- Students 6 yrs. & up
- Black belt instructor
- Supportive environment
- Free uniform for Lendrum members

January-March
Thurs. 6:00 - 6:45 pm

NORTHERN RIVER
780-707-3893
threebattles.com

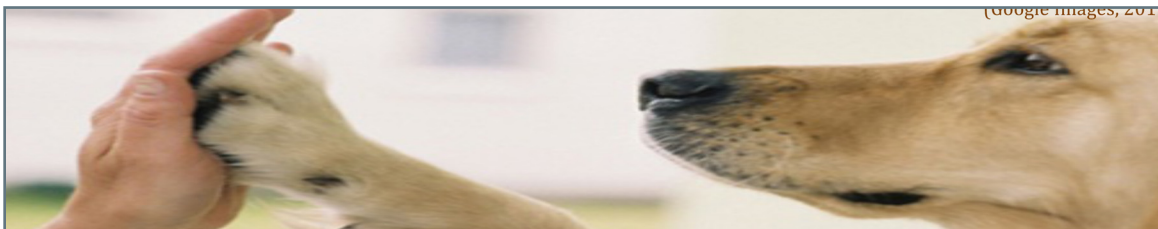


Please contact Gary Goulden
with any ideas for possible
new programs
780.450.0927

Calendar of Events

- Jan. 16 Park Redevelopment Bottle Drive, watch for a flyer for details!
- Feb. 1 Lendrum Community League Meeting, 7-9pm
- Feb. 13 Soccer Registration, 2-5pm
- Feb. 20 Soccer Registration, 1-4pm
- Feb. 21 Lendrum Community Winter Fair, 1-4pm
- Mar. 7 Lendrum Community League Meeting, 7-9pm
- Apr. 4 Annual General Meeting (Mark your Calendars!)

All events at Lendrum Hall unless otherwise noted



The Lived Experience of Human-Pet Relationships among Adult Survivors of Childhood Sexual Abuse

- ✓ Are you an adult survivor of childhood sexual abuse?
- ✓ Do you have a pet?
- ✓ Would you like to contribute to the literature and the treatment of other survivors?

I am interested in talking with people who were sexually abused as children about their relationships with pets. To take part in this study, you need to: (a) be at least 19 years old; (b) have a history of being sexually abused before you turned 18 years old; (c) have told at least one other person about the abuse; (d) not be experiencing emotional distress; and (e) have a pet.

Participation involves 2 conversational interviews (~4 hours total) about your relationship(s) with pet(s).

If you would like to learn more about this study or are interested in participating, please contact Leslie Hamilton by phone: (780) 919-9449 or email: leslieh@ualberta.ca

Ice Rink & Shinny

After a slow start to the skating season due to a warm fall, the Lendrum ice rink is up and running. Skate tags are provided with your yearly community league membership and are required for rink use (Contact Joanne - membership@lendrum.org).

We're trying to get a regular shinny game going. If you're interested in participating in shinny please contact Ben Willing at icerink@lendrum.org.

WEATHER PERMITTING - DROP IN - RINK HOURS

- Weekdays: 3:30 PM to 9:30 PM
- Weekends and holidays: 10:30 AM to 9:30 PM

Lendrum Community League

2015-2016 Executive & Coordinator Contacts

President	Gary Goulden	780.450.0927	president@lendrum.org
Vice-President	Michael Monaghan	780.231.7666	vicepresident@lendrum.org
Past President	Bill Fish	780.437.6794	pastpresident@lendrum.org
Treasurer	Rick Young	780.437.1981	treasurer@lendrum.org
Secretary	Laura Sherman	780.425.0993	secretary@lendrum.org
Programs	Vacant		
Casino	Catherine Rostron	780.434.3839	casino@lendrum.org
Civics	Stephen Dobson		civics@lendrum.org
Membership	Joanne Hamel	780.454.5111	membership@lendrum.org
Social	Georgina Hawkeye	780.920.2616	social@lendrum.org
Soccer	Jason Pfeifer	587.989.0907	soccer@lendrum.org
Soccer	Matthew Hawkeye	780.920.6122	soccer@lendrum.org
Volleyball	Lance Adamson	780.438.9618	volleyball@lendrum.org
Athletic Park	Harvey Guhl	780.504.7046	athleticpark@lendrum.org
Master Gardener	Bonnie Herring-Cooper	780.431.9513	communitygardener@lendrum.org
Master Naturalist	Peggy Folinsbee	780.436.9322	peggy.folinsbee@gmail.com
Fundraising	Allison Nitchke	780.988.0601	fundraising@lendrum.org
Park Redevelopment	Allison Nitchke	780.988.0601	playground@lendrum.org
Hall Rentals	Bonnie Herring-Cooper	780.431.9513	hallrentals@lendrum.org
Ice Rink	Ben Willing	587.523.3520	icerink@lendrum.org
Lendrum Sign	Luke Falkenstein	780.431.0752	sign@lendrum.org
Newsletter Editor	Erin Sawyer	587.523.3520	newsletter@lendrum.org
Website	Marlene Konduc		webmaster@lendrum.org
Information Systems	Daryle Tilroe	780.906.2527	admin@lendrum.org
Newsletter Distribution	Catherine Stout	780.436.7179	newsletterdist@lendrum.org
Neighbourhood Watch	Vacant		neighbourhoodwatch@lendrum.org
Abundant Community	Stew & Anola Carson		stewcarson@shaw.ca
CRC Rep (City of Edm.)	Anna Vesala	780.496.1473	anna.vesala@edmonton.ca

There are many ways to stay connected to the community!

- 1. Check out the newly redesigned website at www.lendrum.org.**
- 2. Follow us on twitter @LendrumYEG**
- 3. Join our Facebook page www.facebook.com/lendrumyeg**

Happy New Year!

I'm sitting looking at my outdoor Christmas lights and wondering how long can I keep them up. I love how they brighten up the dark evenings (but don't want to hang on too long to the holiday season). There are some beautiful large trees fully decorated in Lendrum. Be sure to check them out before it's too late.

It was amazing to see so many kids and families out for the New Year's Day celebration. I have never seen so many young people at one of Lendrum's events (albeit my experience is limited). The weather certainly cooperated and it was great to see so many familiar faces and people celebrating winter and the start of 2016 together.

Thank you all for your contributions in 2015. As we begin 2016, please feel free to continue to send me your story ideas, comments or just stories about the neighbourhood. I will do my best to fit them in.

Cheers,
Erin