



Lendrum Community League 11335 - 57 Ave, Edmonton T6H 0Z7

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Winter Festival!

Don't mis our annual winter fun day for the whole community

Sunday Feb 27th 1-4:00 p.m.

Hay Rides, Skating, Hockey, Music, Snowshoes, Sledding & Tobogganing

Please bring your own mugs & a plate of "sweets or savories" to share.

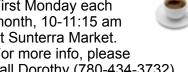
Hot chocolate and coffee provided

For more information, or to volunteer your assistance with this event, please call Tom at 432-0910

Youth & Adult **Programs**



First Monday each month, 10-11:15 am at Sunterra Market. For more info, please call Dorothy (780-434-3732)



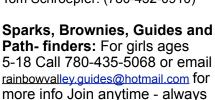
Lendrum **Badminton:**

Adult drop -in. Tuesdays 8pm. Avalon School. Please contact Lynn Wong (780-438-0517)



The 22nd St. John's Scouts:

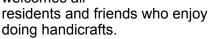
Beavers meet Mondays, Cubs meet Thursdays at St. John's Anglican Church located at 11111-57Avenue. Beavers, Tuesdays 6:30-7:30 Cubs, Tuesdays 6:30-8:00 Scouts, Wednesdays 7:00-8:30 Venturers, Tuesdays 6:30-8:00 Tom Schroepfer: (780-432-0910)



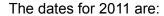
accepting new girls in all levels!

Crafters of Lendrum

The Lendrum Craft Group welcomes all



We meet once a month and share a potluck lunch at the Community Hall. Please bring your own mug and dishes. Bring along a project to work on and/or completed projects to share.



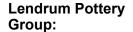
Mondays 10:30 - 3:30 Feb. 14, Mar. 21, Apr. 18, May 16, June 20.

For more information, call Peggy Folinsbee 780-436-9322

Please contact Gary Goulden (780) 450-0927 or Programs@lendrumliving.com with any ideas for possible new programs

Line Dancing

every Thursday from 10:00 – 11:30 am at Lendrum Community Hall. Experienced instruction supplied by Jim & Sheila New... For Info contact Don or Rita at 780-434-5885



Please call Joy Schaut 780-434-1997 for info



Blue Chair Tai Chi

Mondays 9-10:30am Malmo Hall



Thursdays 7-8:30pm Lendrum Hall.

Sorry, we do not offer beginner classes. If you know the 108 move set, please join us in practicing at an intermediate level.

Call Kathy, 435-0738.

Thank you Lendrum Casino Volunteers!

A successful two days of community fund raising occurred on February 4 & 5th. Thank you for supporting our Community facilities and programs.

Nancy Bromley Duncan Buchanan Marilyn Bulat Wenzhi Chen Natalie Cook Silvio Dobri Heather Eckert Greg Falkenstein Bill Fish

Andrea Guhl Harvey Guhl Terry Guev Bonnie Herring-Cooper Carl Irwin

Neil Kaarsemaker Roman Kravec George Kotovych Mike Kuntz Paul Lamothe

Olga Logvynenko Dale Loyer Gord Okamura Kathie Okamura Terry Pearson Nancy Robinson Ben Rostron Catherine Rostron Ryan Sato

Tom Schroepfer

Helen Smale Dale Somerville Catherine Stout Keith Stromsmoe Darvle Tilroe Kathy Turnbull Gary Yaskowich Rick Young

Joanne Grelowski

A special Thanks to Gord Okamura our Casino Coordinator... As always you did a fantastic job !!!



Consider Coaching Lendrum Community Soccer... our kids will love you for it!

FREE coaching courses available for Lendrum coaches and assistant coaches! Check out www.edmontonsoccer.com for coaching course information.

Call Xanthe at 780-433-3627 or Jo at 780-463-7079 for more info





Lendrum needs a Soccer Equipment Coordinator!

Are you orderly - can you count to at least 11 and a little bit higher for subs...?

Do you like your community representatives to look super smart?

Do you like to be a part of something - but do it when no one is looking?

Do you like flexibility - having your own schedule?

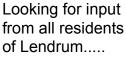
Do you just like to help out?

Your community NEEDS you... The Soccer Program needs you... WE need you.

Please read the Lendrum Soccer Equipment Job Description at www.lendrumliving.com and respond to Jo and/or me.

THANK YOU!

Xanthe/Jo



Share your thoughts on how the neighbourhood renewal has been going... (sidewalks, streets & lights)

Need volunteers to work on Hall redevelopment... (short and long term plans are being developed)

If you have any ideas or thoughts on the above or any other community related item please call Bill Fish our president at 780-437-6794 He would be very interested in hearing what you have to say...



Pictures from our last Learn to skate session....





Lendrum Area Schools

Avalon Architecture Club

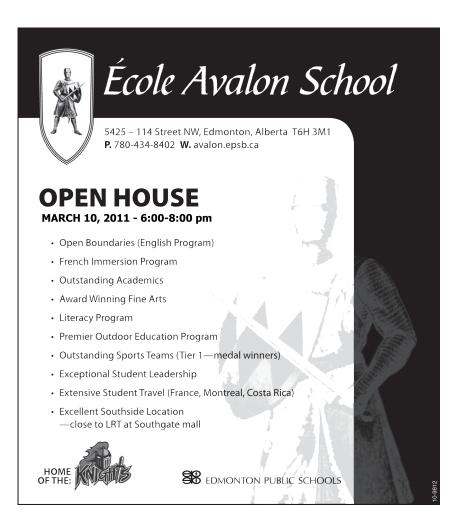
Over this past school year, a group of students and adults have been meeting to participate in a competition called "Schools of the Future". The students were paired with two interm architects from ACI Architecture in Edmonton, and they assisted in guiding the students through the building design process. The students' brain-stormed ideas, made multiple sketches, and then transferred their ideas onto a computer program that generates 3 dimensional drawings. The club also built a scale model of their school using recycled materials - it looks pretty good! This activity is sponsored by an organization entitled Council of Educational Facility Planners International, and in early January our group from Avalon competed with five other groups from around the province of Alberta.

Teacher Mr. Dan Tarney and the club were very excited when they discovered that they were the provincial champs for the first round of the competition, and they fine tuned their presentation skills for the regional play-down. Here, they had their design ideas compared against groups from Alaska,



British Columbia, and Washington State. A group of jurors visited Edmonton on February 1st, and the Avalon Architecture Club displayed their sketches, drawings, scale model, pointwer point presentation and public speaking skills during this second presentation.

The FINAL RESULTS and WORDS from the JUDGES.



SECOND PLACE WINNER: Avalon Junior High School, Edmonton, Alberta. This exciting concept created a dynamic focus for the school through a roof top garden and internal light tube. Robust alternative energy strategies make this school truly self sustaining. They are the first Canadian entry in the School of the Future Competition. Presented with enthusiasm the team clearly explained their ideas for the future of learning. Congratulations to Avalon on a job well done. (First Place: Teeland Middle School, Wasilla Alaska.) presentation skills for the regional play down. Here, they will be having their design ideas being compared against groups from Alaska, British Columbia, and Washington State. A group of jurors will be visiting Edmonton on February 1st, and the Avalon Architecture Club will be displaying their sketches, drawings, scale model, power point presentation and public speaking skills during this second presentation. Should the Avalon Architecture Club be successful in winning the regional round, they would progress on to the international finals in Washington, D.C. Wish them luck!

Mary Butlin Judy Darroch Carla Kennedy Principal Assistant Principal Curriculum

OPEN HOUSE

When you want MORE ... LENDRUM SCHOOL

- Arts Enrichment
- Warm, supportive K-6 learning environment
- New computer Lab
- Outdoor Classroom
- Running Track
- PAC Sponsored Kindergarten field trips and Kindergarten supplies
- Engaging extra-curricular activities, clubs & field trips

Time: 6:30—7:30 p.m.

Date: Thurs. March 17, 2011 11330 54 Ave (780)434-3588



EDMONTON Great People Remeation Technician II- Summer Coordinator #6326 Jan 31-Feb 11 Recreation Technicion I-Summer Leader 40326 Feb 21-March 11 Recreation Technician I- Outdoor Pursuits Leader/River Valley Camps **Building** a **Great City** Apply online or at the City Hall Employment Centre. www.edmonton.ca/careers Join the 780-496-4000 **City of Edmonton** and Get Paid to Play! Earn Competitive Wages Playground Leaders Day Camp Leaders Junior Leaders Youth Program Leaders Outdoor Pursuits Leaders Skaleboard Park Hosts Wading Pool/Spray Deck Supervisors What's in it for You? Earn Competitive Wages Learn New Skills Expand Your Opportunities for Personal · Growth and Career Development Have Fun! **Changing Lives** one Game of Tag at a Time!

Lendrum School News

At Lendrum School, we make extensive use of performing and visual arts to stimulate



imagination and reinforce learning. Academics are enriched with art and music, and visits by authors, artists and musicians are used to engage and inspire our students. Lendrum student art has been featured at the Whitemud Crossing Library, Centre for Education and City Hall. Please come see the wonderful student artwork displayed in the school hallways during our Open House-Gallery Walk on Thursday March 17, 6:30-7:30 pm.

Currently we have a PAC sponsored workshop called "On the Ball" visiting our school this month. This workshop provides the students the opportunity to learn through engagement, focusing on motor skill development, movement awareness, fitness, tension management, creativity and social collaboration.

Early next month we will be welcoming Watercolour Artist Frances Alty-Arscott to the school, where she will be teaching the students the finer points of Watercolour painting. We look forward to her workshop.

Discover the Exciting World of Playschool

Come in and learn how a second language will enrich your child for the rest of their life

Open House February 23, 2011 6:30 p.m.

New Registrations for 2011/12 will be accepted at Open House

- ★ Accepting Registrations for 2 yr olds, 3 yr olds, 4 yr olds & Viedsconstan Acad Children
- Kindergarten Aged Children

 Rhymes That Bind Program
- Specious and Inviting Classrooms

Participant.

- Partner in ECSD Early Learning Program.
- ♠ Programs Designed in English & Ukrainion
- ♠ Bright, Positive & Loving Environment

To learn more about this unique program, please visit our website or e-mail us,

Email: Sadochok@hotmail.com. For more information, please callwww.stmartin.ecsd.net 780 919 8244



St Martin Ukrainian Bilingual Playschool

Presidents Message

Happy New Year! I hope you enjoyed the holidays and 2011 is off to a good start for you and your family.

On a personal note, I want to thank friends and neighbours for keeping our sidewalks and driveway cleared while I'm recovering from knee surgery. This is why Lendrum is so special – neighbours helping neighbours.

Has someone been helping you with your snow removal? The City's Snow Angels program is a way you can recognize helpful neighbours – and give them a chance to win prizes.

I also want thank everyone who volunteered at the casino. It is a great way to meet new neighbours and catch up with folks you haven't seen recently. Join us for our next one. There will be lots of time to socialize and to enjoy a free meal.

Even though Edmonton will not be hosting EXPO 2017, the South Campus Neighbourhood Coalition (SCNC) will continue. The coalition's role is "to present a shared common voice for communities adjacent to the South Campus". The university continues to break its promises and violate its own development guidelines. If you want to learn more, please call me.

Have you been skating on our rink this season? We recently received a compliment on the quality of our ice – thanks to Gary Goulden, Gary Yaskowich and other volunteers.

While the Lendrum playground committee continues to plan new playground facilities, we also need to think about our community hall. It has been 20 years since it was last renovated so we will have to replace the roof and mechanical systems in a couple of years. Should those dollars be put into the existing building or should we think about renovating, reconstructing or replacing the hall? Let me know what you think.

Finally, we have been asked to give the City feedback about our neighbourhood renewal — the new sidewalks, roads and street lighting. If there is something you think other neighbourhoods should know before their renewal projects start, email or call me.



Emergency Medical Services

February Is Heart Month



Do you know the signs and symptoms of a heart attack and what to do if someone experiences these? Knowing can make the difference between life and death.

Recognizing and responding immediately to the warning signs of a potential heart attack can significantly improve survival and recovery. **February is Heart Month** - take the time to be heart safe and learn how you can reduce your risk.

Know the signs of a heart attack

(Any or all of these signs & symptoms may occur)

- Chest pain described as crushing, squeezing, pressure or chest heaviness;
- Pain that moves beyond the chest such as shoulder, arm, neck or jaw pain;
- Shortness of breath, sweating or nausea and vomiting.

Reduce your risk

Heart attack risk factors include:

- Obesity
- · Sedentary lifestyle
- Smoking
- High cholesterol
- Age / Gender
- Family history
 Speak with your doctor ab

Speak with your doctor about how to treat your modifiable risk factors and learn to be heart safe.

What to do when seconds count

- Call 9-1-1 immediately. Early treatment can greatly reduce heart damage and make the difference of life and death.
- Treatment starts the moment EMS arrives. Paramedics can provide oxygen, start an intravenous and perform an electrocardiogram (ECG).
- Paramedics can also administer important medications in the early minutes of a heart attack to lessen heart damage.
- During transport, EMS will also share information with the hospital so definitive treatment can begin immediately on arrival.
- Take a CPR/AED (automated external defibrillator) course.
 Training is widely available from many reputable organizations.
 It's easy, inexpensive, and only takes a few hours.

Bill Fish

www.albertahealthservices.ca

Neighbourhood Watch



Please call a Neighbourhood Watch number if you have any information that needs to be reported to our network. We then can alert people to be more watchful & to increase security measures (The police do not call us).

ENW Info for Lendrum - 434-1294 Lendrum Areas: N.E. 435-3076,

S.E. 434-4648, S.W. 436-0735

Report a Drug House 426-8229

If there is an emergency situation please call 9-1-1. If you need a patrol car to come out to the community or your home please call the police at 423-4567.

(eg. Suspicious person or vehicle)

Any reports of suspicious or criminal activity should be

reported to neighborhood watch zone leaders, so that it can be noted in the newsletter under Alert.

Reports must be filled out at the Fairway Police Station at 119th street and Fairway Drive, the phone number is 496-8550.

Crime Watch Notice

An indecent exposure incident occurred on the evening of December 21, 2010 in the alleyway between 55 and 54 Avenue close to 114 Street. The incident was reported to police. They have a suspect who is presently back in jail.

Web:

www.watch.edmonton.ab.ca

Fraud.org

This national website can be used to report fraud online. Their mission is to give consumers the information they need to avoid becoming victims of telemarketing and Internet fraud and to help them get their complaints to law enforcement agencies quickly and easily. There is information on this website regarding elder fraud, counterfeit drug fraud, scams against businesses, as well as "breaking news" on new fraud schemes.

Occurrences of crimes in **LENDRUM PLACE**

Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec Total **2011** 3 3 **2010**0 30 2 **2009**3 37 2 4

> http://www.edmontonpolice.ca/CrimeFiles/ NeighbourhoodCrimeMapping.aspx



Medical

Services

Burns and **Scalds**



Every month Alberta Health Services EMS responds to emergencies where a young child has sustained severe burns or scalds. These incidents often occur inside the child's own home. Common causes include a child accidentally tipping hot liquids onto themselves, touching a hot surface, or making contact with an electrical outlet. Fortunately, incidents such as these can be avoided by taking simple preventative measures.

Degrees of burn

- 1°: Affects only the top layers of the skin; appears red like a sun burn; discomfort is generally tolerable.
- 2°: Deeper and much more painful than 1°burns; broken skin or blisters commonly develop.
- 3°: Severe: the deepest layers of skin and tissue are injured; may appear charred or leathery.

First Aid for burns

- Skin may continue to burn if not aggressively cooled. Immediately douse burns with large amounts of cold water.
- Cover the burn with a sterile dressing, or any clean, non-fluffy material to protect from infection.
- Over the counter medications may be used for pain. Adhere to directions given on the label.
- Seek further medical attention from your doctor as required.

Prevention of burns

- Check the temperature of your hot water tank. Many homes keep hot water temperatures as high as 60°C / 140°F. This temperature will scald a child in iust seconds.
- Use placemats instead of tablecloths. Tablecloths can be vanked downward causing hot drinks or food to spill on a child.
- Turn pot handles to the back of the stove and ensure cords from kettles, slow cookers, and other electrical appliances cannot be reached.
- Avoid picking up a child while holding any hot liquids.
- Ensure electrical outlets are made secure by installing commercially available safety devices that prohibit access.

If you require immediate medical attention for a burn, call 9-1-1.

Join the Fun! Play Outdoor SECCER!!!

This year outdoor soccer registration is going online!!!

The process is in 2 parts:

1: Online registration from **Jan 15th to Feb 12th 2011**. Visit <u>www.swemsa.com</u> to register your child. Please **print 2 completed online registration forms**.

- © Players must register with the community in which they reside.
- 🙁 Late registrants cannot be guaranteed a place on a team.
- 2. Attend in person payment session at the Lendrum Community Hall on Sun Feb 13th 3-5pm or Tues Feb 15th 6-8pm. Remember to bring:
 - Your 2 completed online registration forms
 - Your community league membership (or purchase one on site)
 - Your cheques made out to Lendrum Community League:
 - Registration Fee (\$ as below with current date)
 - Uniform Deposit (\$50 dated Oct 1st, 2011)
 - Your volunteering spirit! Volunteers are critical to our soccer program. EACH FAMILY please select one position: Coach a team / assist coach / team manager / orange schedulers / phoner / equipment set-up / year end party / assist with field maintenance / soccer equipment management



LEVEL	DATE OF BIRTH	FEE (\$)	DAY	TIME (est.)
Learn to Play	2007	\$40.00	Not decided	6:15 p.m.
Under 6	2005-2006	\$70.00	Mon/Wed	6:15 p.m.
Under 8	2003-2004	\$80.00	Tues/Thurs	6:15 p.m.
Under 10	2001-2002	\$80.00	Mon/Wed	6:15 p.m.
Under 12	1999-2000	\$100.00	Tues/Thurs	6:15/7:30 p.m.
Under 14	1997-1998	\$100.00	Mon/Wed	7:30 p.m.
Under 16*	1995-1996	\$125.00	Sun/Thurs	7:30/5:00 p.m.
Under 18*	1993-1994	\$125.00	Sun/Tues	7:30 p.m.

Lendrum Community League is committed to supporting children being able to participate in community soccer. Please contact Xanthe or Jo if the cost keeps your child from playing.

A big thank you to all our soccer volunteers, your efforts are greatly enjoyed and appreciated.

SOCCER COORDINATORS: soccer@lendrumliving.com
Xanthe Loyer 780-433-3627 and Jo Grelowski 780-463-7079

Lendrum Soccer Gear Roundup and Giveaway!

Wondering what to do with your too small soccer gear? Need the next size of cleats for this upcoming season?

We can help!

Bring your used shin pads, cleats, soccer socks, and Lendrum Timbits jerseys to the Community Hall on one of the

soccer registration dates (3-5 pm on Feb 13th and 6-8 pm on Feb 15th).

Our Neighbourhood This & That

Lendrum Park Re-Development Program:

We are currently organizing and fundraising to build our community park and spray deck. To our delight, the City of Edmonton has approved our application for the 2012 construction season! We have surveyed the people of the community about this project, and now the hard part begins: the next steps are design and budgets. We are currently seeking the involvement of people who want the new playground to be successful and are willing to help us raise money, design a cool and dynamic park, and enjoy the laughter of the kids as the excitement builds.

Our playground committee meets on the second Monday of every month at the Lendrum Community League building at 8:30 PM. The next community function will be the Winter Festival on Sunday, February 27, 2011. There will be lots of fun and activities for the whole family. Inside the hall will be playground information, as well as representatives to answer questions and sign up committee volunteers. At the Winter Festival we will also draw for our raffle. The grand prize is an all- inclusive Oil Kings sky box for 16 people valued at \$1800.00. Come out and enjoy some time by the fire; skate, ski, sled and most of all enjoy visiting with your friends and neighbours. Everyone is welcome!





Lendrum Privacy Fence

This fence was the result of negotiations between Lendrum and Malmo community leagues and the city of Edmonton when the South LRT concept plans were brought to our communities.

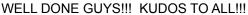
There were many meetings held with the city, trying to get a noise fence (fence along Groat Rd.) originally, but we were told that we did not have the db level needed for such a fence. We still wanted some type of fence to block the view of the resident's yards that back onto 111 Street from the LRT trains. This was the first time that the LRT was going to be going through a residential neighborhood.

We as a group of residents who back onto 111 Street agreed to accept the fence that we now have, although there are some deficiencies in the design. As part of the agreement, our community league accepted responsibility for maintenance of the fence. Some of these items include the removal of graffiti and minor repairs.

If you back onto 111 Street or travel that alley, we want you to report any damages. Please contact Tom Schroepfer at 780 432-0910 or Bill Fish at 780 437-6794.

Lendrum Purchases Tractor & Snowblower

After years of scrapping, shoveling, and using what ever we had available from year to year to clear our rinks, the community has aqquired a slightly used tractor with attachments (complete with Blade, Snowblower, & Ice Leveler). The Tractor was recently being used in the Aldergrove Community, unfortunately they needed to close their rink but were very interested in helping some other community by offering a very good deal. Thanks Aldergove, with your help our rink will stay open for years to come. The addition of this equipment is going a long way in helping our rink crew in their day to day upkeep. In addition this includes cleaning the Walking paths, Community parking lot & Sidewalks when time allows. A Huge Thanks to Gary Goulden, Gary Yaskowich, & John Porter in perusing this purchase while looking for the best possible deal during the process. An additional Thank-You goes out to all the people that help with the operation of our rinks...we have heard many comments from visitors and Community Members on how good our ice is, and how amazing it is that we are able to keep it open times even the most severe weather situations.









Lendrum's 1st Photo Contest

(Held between Christmas Day and New Years) Of all the thousands of pictures that must have been taken only a small sampling were turned in.

Congratulations Tom Schroepfer Winning a \$25.00 Gift Certificate to Don's Photo Tom was the only person to submit...a few of his pictures are shown here.

2nd Photo Contest

Our next Photo Event will be held during the Lendrum Winter Fest on Feb 27th. Take as many pictures as you like, submit them by email to newsletter@lendrumliving.com. Rumor has it that the next prize will be even larger

Please submit pictures no later than Feb 28th I know Tom is ready....are you ready for a lil fun competition, well then get out to the Winter Fest and take your best shots









EDMONTON





Looking for great homemade gift ideas? Join us for a fun session to learn the secrets of making handmade soaps!



Date: Saturday February 26th,

2011

Time: 1:00-3:00 pm

Location: Malmo Community Hall (11525-48 Avenue)

Cost: \$10 pre participant

Ages: 6-12 yrs old

Course Code: 388175



REGISTRATION INFORMATION:

E-reg: http://eReg.edmonton.ca By Phone: Call 311 for Information In Person: Any City of Edmonton Leisure Centre Course Code: 388175



In Partnership with the





At this time of year many of us can't wait for spring and the chance to get out in the garden again. The volunteer gardeners at the Green & Gold Community garden are already making plans for our third gardening season. The garden is located on the University of Alberta South Campus, bordered by the communities of Lendrum, Malmo, Grandview, Lansdowne, Belgravia, McKernan, Park Allen and Windsor Park. The garden is an initiative of the University's School of Public Health and Faculty of Agricultural, Life and Environmental Sciences. Volunteers operate the garden and all of their time, the seeds, plants and equipment used are donated.

The vegetables, herbs and flowers are "spray-free" (no pesticides or artificial fertilizers are used). Anyone is welcome to 'purchase' their vegetables at the garden and every penny of the money raised—that's 100%—goes to the **Tubahumurize Association**, a non-profit organization in Rwanda that provides socially and economically marginalized women with vocational training, counselling, life-skills coaching, health care education, and opportunities for sustainable income generating activities. Most individuals who benefit from Tubahumurize are genocide survivors and many are widows or orphans, HIV infected, and survivors of physical and sexual violence. Last year the garden raised over \$22,000 for the Tubahumurize project.

We are now gearing up for the 2011 gardening season, and are looking for volunteers. Volunteers are always needed to help

EDMONTON

with the garden – both novice & experienced gardeners are always welcome. Or, if you aren't interested in gardening, but would like to help in other ways (distributing produce, promoting the garden, donating seeds or garden tools) please contact us at:

E-mail: green&gold@sph.ualberta.ca

If you would like to be added to the e-mail distribution list to receive notices when produce from the garden is available this summer please send us an e-mail at the above address with a request to be added to the newsletter list. For more information on the **Green & Gold garden** and the work of **Tubahumurize** please check our **web site** at:

http://bit.ly/greenandgold_garden

Coming soon! We are planning an information session (in February or March) for those interested in supporting the garden, as volunteers or customers. The evening will include a report from a volunteer's recent visit to Tubahumurize, and sales of seeds and handicrafts. If you would like to attend the session please e-mail us and we'll let you know when and where the session will be held.



In Partnership with the

Malmo Community League &

Edmonton community services

The Lendrum Memories and Archives Project

This past summer I attended Catherine Stout's block party. I found myself talking with the parents of friends I had gone to school with at Avalon [1970/1973] and learned what was going on in the lives of my long-ago pals Scott, Dave, and Murray. Many other stories came up and it made me realize that we in Lendrum have no recorded history from our community's beginnings to the present day.

Residents of Lendrum, I think it's very important that we pool our memories, photos, and collected writings to produce a published compendium before they all become lost to us forever.

Recently I met Mrs. McLaughlin, who claims her house was the first one built in Lendrum. Do you know which lot was the last to be developed? Do you know that Lendrum was Premier Harry Strom's residence away from his home in Bow Island? Do you know which house his family lived in?

A Lendrum music teacher, Mrs. Brooks, once taught a boy who went on to become a world-class pianist: Marek Jablonski. J.P Wagner opened Lendrum Elementary School. Before we even had a hall, Lendrum Community League met at Cross of Christ Lutheran Church for the Deaf [thank you!]

These are only some of the little snippets of information I either knew or learned in a very short time—just imagine all

the information stored in the minds and photo albums of all the residents here, especially the seniors, of which some have lived in Lendrum since it was developed. But you don't have to be a senior to contribute your stories to this project. This is open to everybody of all ages and will encompass every year so that no one is excluded from participating.

There should be no shortage of things to write about: from early Lendrum dirt roads and alleys, the shopping mall and schools being built, anecdotes about neighbourhood characters, sports teams, community events, to stories about what you like about living in Lendrum, who your favorite school teacher is [was], perhaps what your experience here is now and what you hope for the future of the neighbourhood. Anything goes!

Your participation with this project is needed. It can't happen without your contributions. The community league is in the process of arranging meeting places at different times for residents to have fun exchanging stories and hopefully make new friends.

A project this size needs to be shaped by those interested in seeing it through to completion. Organizing it requires delegation, too. I can't carry this by myself, so I'm looking for help here. Please phone me at (780) 439-4792 to talk more about this. Thank you.

Glenn Miller



Classifieds and General Interest

Strathcona Place Seniors Centre

Services and Recreation for Seniors

10831 University Avenue, Edmonton, Alberta T6E4R1

Phone: (780) 433-5807 Fax: (780) 433-5282 Email: info@seniorcentre.org



Winter Classes, Activities and Services Program 2011

Strathcona Place Senior Centre is offering 45 programs, classes, activities and services. The Centre offers members a great promotion; once you have become a member you are invited to sign up for as many classes and activities as you wish, the cost to you will not exceed \$50. Come check us out!

Jeff Allen Art Gallery—Presents Elizabeth Verhagen. Elibeth uses intense vibrant colours in her oil paintings and collages. The hues in the skies of her landscapes are exceptional and innovative combinations of paint and materials in her collages have an element of intrigue. Elizabeth's portraits are expressive and powerful. Best viewing hours are from 11:30am to 1:00pm. Monday to Friday.

40th Anniversary Valentine Tea and Dance - Monday, February 14 at 1:30pm

Entertainment – Three Guys and a Gal. Tea, coffee and home baked goodies. Cost \$4 at the door. Bring your friends and join in the fun!

Volunteers needed - Zumba Instructor, kitchen preparation and dining room servers. Call Mary at 433-5807.

Edmonton Food Bank Upcoming Events



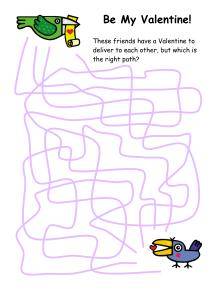
5 O'Clock Fridays Snow Valley

Snow Valley is offering a discount to skiers during the 2010/11 season. 5 O'Clock

Fridays is running every Friday between 5 and 9 p.m. Skiers can purchase a \$5 day lift pass if they bring non-perishable food donations to Snow Valley. Discount rentals will also be available – \$10 for skis and \$17 for snowboards. For more information visit: www.snowvalley.ca.

Unlock Your Amazing

Decorate a **bowl on Facebook** (http://www.facebook.com/quakercanada) and help "Food Banks Canada" during **Quaker's Unlock Your Amazing** campaign. Quaker's parent company, **Pepsi Canada**, is also donating \$20,000 to Food Banks Canada.





Have you ever wanted to learn Spanish?

This is **definitely** your chance!!!

If you are interested to learn how to <u>speak</u>, <u>write</u>, <u>read</u>, and <u>understand</u> Spanish correctly you can contact:

Pedro Mendoza

Address: 11244-59 Ave. Edmonton, AB

pm8525@msn.com

Phone: 780.434.4397 Cell: 780.720.2150

Classifieds and Notices

Help Wanted!!!

Lendrum Newsletter Delivery Volunteers Needed If you are a Lendrum resident and interested in delivering our Community Newsletter please contact Catherine at 780-436-7179. Honorariums will be provided.

Announcement

The Lendrum Health Centre is please to welcome a new massage therapist, Shauna Gordon, RMT to our clinic. To book an appointment please call us at 780-433-1499.

Help Needed!

On Thursday, January 13th my car was hit while it was parked at 11131 55 Avenue. It was hit by a later model GM vehicle. Debris from the GM vehicle was left at the scene. Please keep a look out for this vehicle showing recent damage to its orange lights and please report the vehicle license plate to Constable R. Mah at 780-496-8550. Quote file number 11-7845.

UofA Study

Does your child or teen have a lung condition such as asthma. cystic fibrosis or TB? Do you work with families who have children with chronic lung conditions? The University of Alberta is conducting a study focusing on the gaps in support programs and services for lowincome children and their families. For the study, we are recruiting children between grades 5 and 10, as well as their parents. Service providers working directly with these children are also needed for the study. We will use information shared by children, parents and service providers to work toward improving current health programs and policies. All participants (children, parents, and service workers) will receive a \$20 gift card for their participation. For more information, please contact Anita Saini at asaini@ualberta.ca, 780-492-8945 or 780-492-8027.

CREATIVE MEMORIES



Joanne Pointe

Independent Consultant

Home: 780.434.0224 Cell: 780.902.6890

joannesflowers@hotmail.com www.mycmsite.com/joannepointe

11216 - 57 Avenue Edmonton, AB T6H 0Z9



5534 - 111Street Edmonton, AB T6H 3E9 Email: <u>makdental@shaw.ca</u> Phone: (780) 434-7616 Fax: (780) 435-9346

HOURS OF OPERATION: Monday to Thursday 8:00AM to 4:30PM Friday 8:00 AM to 3:00PM

MAK Dental is celebrating the partnership of Dr. Mary Ann Kuharchuk and Dr. Jason Nijjer.

We welcome new patients to come and meet Dr. Nijjer.

SERVICES OFFERED:
Cosmetic Dentistry
ZOOM Whitening
Neuromuscular Dentistry
Invisalign & Interceptive Orthodontics



Dr. Jason Nijjer



Dr. Mary Ann Kuharchuk

Complete family dentistry with a gentle touch.

Visit our website at www.makdental.com

Classifieds and Help Wanted

Linda Duncan MP, Edmonton-Strathcona

Working for our community

Contact my office:

- · employment insurance
- citizenship & immigration
- Canada pension & taxes
- · student loans
- information requests
- celebratory messages









Flute Lessons

Suzuki method flute instruction for children from 4 years of age.

he advantages of studying music following Suzuki philosophy-

Child-centered approach with focus on individual child's needs

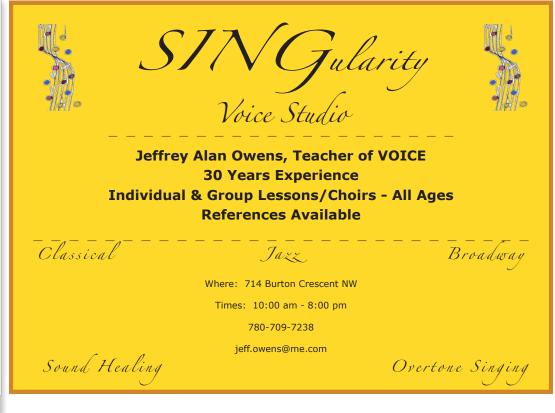
- Step-by-step method as a structure for success
- Superior aural skills and memory training
- Community of support for each child and their family

Tami Cooper, B.Mus., Certified Suzuki Instructor, is accepting flute students of all ages and levels of experience.

780-430-0724

Studio located in community of Parkallen.

This
Space
reserved
for
you
!!!



Community League Membership

Valid through August 31/11
Complete this form and drop it with your cheque (\$25.00 or \$10.00—Seniors)
(payable to Lendrum Community League)

Zian Chen 11216—53 Ave. T6H 0S5

Or Call 780-433-8785

Your membership card and receipt will be mailed or delivered to your home.

Thank you for your support !!!

Name:				
Email:				
Willing to Volunteer:				
Number of Adults in household:				
Number of children in household:				
Number of skate tags required:				



Lendrum Community League 2010-11 Executive & Contacts

President:	Bill Fish	(780) 437-6794
Vice-President:	Glenn Miller	(780) 439-4792
Past President:	Brent Shaben	(780) 438-8052
Treasurer:	Dale Somerville	(780) 434-1032
Secretaries:	Ami Brodribb	(780) 433-1678
333134411331	Brendan Marlatt	(780) 433-1678
Programs:	Gary Goulden	(780) 450-0927
Casino:	Gord Okamura	(780) 435-2973
Civics:	Gail Faurschou	(780) 436-4361
Ways and Means:	(Vacant)	(100) 100 1001
Memberships:	Zian Chen	(780) 433-8785
Member at Large	Mike Kuntz	(780) 438-4818
mombol at Largo	Kate Ryan	(780) 436-5431
Social:	Tom Schroepfer	(780) 432-0910
Soccer:	Xanthe Loyer	(780) 433-3627
3000011	Jo Grelowski	(780) 463-7079
Volleyball:	Lance Adamson	(780) 438-9168
Athletic Park:	Harvey Guhl	(780) 438-8226
Playground Devl:	Ron Grelowski	(780) 463-7079
Building Rentals:	Nigel Davidson	(780) 434-0135
Ice Rink:	Gary Goulden	(780) 450-0927
ice Kilik.	Gary Yaskowich	(780) 432-1029
	John Porter	(780) 438-1896
Lendrum Sign	Luke Falkenstein	(780) 431-0752
Newsletter/Web:	Harvey Guhl	(780) 438-8226
Newsletter Dist:	Catherine Stout	(780) 436-7179
	Shannon D.	
Neighborhood Watch:	Carol Allen	(780) 428-8135
CDC Dan (City of Edm)		(780) 434-1294
CRC Rep (City of Edm)	raui Saiiiboryk	(780) 496-5924

Check www.lendrumliving.com for a full list of email addresses

Community Meeting minutes and upcoming agendas are now posted on our website. Have something you would like discussed? ...

drop our secretary a note or just come by our next meeting.

Next Community League Meeting 1st Monday of March... 7:00-9:00pm at the hall

Advertising in the Lendrum Newsletter: No charge: classified ads from Lendrum residents, ads from non-profit organizations benefiting the Lendrum area. Paid ads: all other ads – business card \$10; 1/4 page \$20; 1/3 page \$30; 1/2 page \$40; full page \$80 (sizes are approximate). Most Mac or PC files usable, please allow enough time to verify your file is print ready. Payment to be made to Lendrum Community League (POBox 4570, T6E 5G4) Edm, Ab. Note: if you ever have a problem with the delivery of an issue of Lendrum Living,

please contact Catherine, our Distribution Coordinator, at 436-7179. (Dist. Of 750 Newsletters each month) Note: Deadline for the next issue is the first of that month. Distribution Begins mid month.

Submissions can be sent to newsletter@lendrumliving.com..... Back issues can be found at our web site.

www.lendrumliving.com