

Lendrum Community League, 11335 – 57 Avenue, Edmonton T6H OZ7

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- www.lendrumliving.com

Lendrum Living

Fall Sept-Oct, 2009

Join us for

Lendrum's Community



Turkey Trot Fun Run

Sunday, Oct 18th, 1:00 at the Lendrum Community Hall

1:00—Registration 1:30—Walk/Run begins 2:15—Light Lunch Provided

Participants can run, walk, cycle, inline skate or skateboard the 3 or 5 km course around the neighbourhood and through the Athletic Park.

Please bring your own plates, cups, cutlery
& lawn chairs. Families with last names ending in

A-M please bring a salad; N-Z please bring a dessert.

For more information or to volunteer to help, please call

Tom Schroepfer (432-0910)

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Lendrum Community Programs

Ladies' Coffee Time:
First Monday each
month, 10-11:15 am at
Sunterra Market. For more
info, please call Dorothy
(434-3732)

Lendrum Badminton:
Adult drop-in,
Tuesdays 8pm, Avalon
School. Please contact Lynn Wong
(438-0517) for more info.

The 22nd St. John's
Scouts: Beavers meet
Mondays, Cubs meet
Thursdays at St.
John's Anglican

Church located at 11111-57Avenue.
Call Tom Schroepfer: 432-0910



Sparks, Brownies, Guides and Pathfinders For girls ages 5-18 Call 435-5068 or email rainbowval-

ley.guides@hotmail.com for more info Join anytime - always accepting new girls in all levels!

Blue Chair Tai Chi

Mondays, 7-8:30, Malmo Hall Thursdays, 7-8:30, Lendrum Hall. Sorry, we do not offer beginner

classes. If you know the 108 move set, please join us in practicing at an intermediate level. Call Kathy, 435-0738.

Please contact us at
Programs@lendrumliving.com
with any ideas for
possible new programs

N Bi

Malmo Preschool

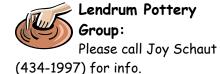
Bright friendly environment with creative, caring teachers. Parent

co-operative playschool for 3 and 4 year olds. Located in Malmo School 4716-115 Street. For more information or to register please visit us online at www.malmopreschool.com.



Line Dancing every
Thursday from 10:00 11:30 am at Lendrum
Community Hall. Experienced instruction

supplied by Jim & Shirley New...For Info contact Don or Rita at 434-5885



You can help!!!

The need is every day at Edmonton's Food Bank. Non-perishable food donations may be left at any City of Edmonton fire hall or major grocery store. The main Food Bank warehouse is located at 11508-120 Street and is open Monday to Friday between 8:30 a.m. and 4:30 p.m. to accept food and monetary donations.

Our most needed items include:

Beans with or without pork
Canned meat or Fish
Canned fruit or vegetables
Peanut butter
Powdered milk
Baby food and formula
Macaroni and cheese dinners

Pasta and pasta sauce

School snack items such as juice boxes and granola bars Thank you for your support!



Bulletin Board

Belgravia Green Homes

We have lived in the neighborhood of Belgravia for many years and love it for its sense of community and easy access to the river valley and parks, the university, health care facilities, Whyte Avenue and downtown.



We have acquired three adjacent 44×130 foot lots and plan to build our 'house-for-life' on one of them: a house that is 'green' (net-zero ready), accessible for all abilities and one that is both attractive and fits well into the community.

We hope to find two partners/families to purchase the remaining lots and build their own new home along with us at the same time (desired start date is May 1, 2010) with all of us using the same builder. We have chosen *Habitat Studios* because of their focus and experience in designing environmentally sustainable homes. With lower building costs and mortgage rates, it's a great time for this project.

Are you interested in this opportunity to build a green home in Belgravia? We would love to hear from you.

Email Kevin and Jeanette at

belgraviagreen@shaw.ca

STRUCTURAL DAMAGE DUE TO LRT CONSTRUCTION

Has your home shown any visible signs of cracks either inside or outside? Some homeowners have had the **cost of repairs** assessed by the city.

For information Contact: Louise (780) -5606

New Soccer Coordinator Required for Lendrum

Are you interested or involved in youth

soccer, and looking for a way to volunteer in your community? Lendrum Community League is seeking someone to take over the position of Soccer Coordinator. If you're interested, please contact Paul Shelley at soccer@lendrumliving.com, or 780-430-8576



Edmonton's 311 Service

311 EDMONTON Citizens can call 311, 24hours a day, every day of the year for access to City of Edmonton

information, programs and services!

Within Edmonton city limits, dial: **3-1-1**Outside Edmonton city limits: 780-442-5311

Lendrumliving is looking for material...if you have an idea of something you would like to see here or on our website please forward your thoughts to newsletter@lendrumliving.com



Capital City Need more information?
Clean Up Call (780) 442-5302,

wiping out e-mail capitalcitycleanup@edmonton.ca or visit www.edmonton.ca/

capitalcitycleanup

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News from EFCL

Guidelines Still Require Clarification Residential Infill Guidelines for Higher Density Housing Approved



The Residential Infill Guidelines for Mature Neighbourhoods were approved by City Council on June 19, 2009. On July 20th, City Council began using this official policy by refusing to approve a large site development until it meet the Infill Guidelines, as requested by the Pleasantview Community League.

City Council's decision sends a message that the Infill Guidelines will not be ignored, and community leagues, the development industry and Administration need to follow the Guidelines when working on infill proposals because City Council is making decisions based on the Infill Guidelines. In the end we will all benefit from increased predictability.

Now that City Council has formally adopted and implemented the Infill Guidelines, EFCL is looking forward to begin work with Community Leagues and City Administration on the next steps – a) reviewing zoning bylaw amendments which incorporate the Guidelines, and b) defining the —bonus system|| which allows for higher density housing if the developer provides significant benefits for the neighbourhood and/or the City.

The guidelines are fairly general, thus require further clarification before they can be written as development regulations. For instance, the Guidelines state, —to optimize access to sunlight on adjacent properties, where a Low Rise Apartment building is proposed adjacent to a Single Detached Dwelling, the side yards should be increased. What should the increase be? Another example -- apartments are to provide common outdoor amenity space which is suitable to serve the needs of families with children. What is necessary to make the space suitable for children? Infill developments are to provide for the retention of mature trees to the greatest extent possible. Does this mean all existing trees outside the proposed building footprint must be retained? What percentage will be allowed to be removed for the convenience of the construction phase?

There are multiple decisions to be made. Be part of the decision-making process in the coming months. Watch for notices of discussion groups and surveys organized by EFCL and/or the City. Your participation will be vital.



Join us for a Riveting Energy Seminar by Gordon Howell

The Green Challenge Committee has organized for a fun and informational evening open for everyone. Hear about the energy grid & solar energy, and leave motivated to live greener. We invite the public, our league members, and our Green Challenge 2009 participants to enjoy the illustrious speaker: GORDON HOWELL.

November 21, 7:00 pm Riverdale Hall, 9231 - 100 Avenue. Details & Map online.

Over 30 leagues have committed to retrofitting their hall, with huge projects such as grading of rink surfaces to very valuable small efforts such as switching out light bulbs to energy efficient fluorescent. Were you aware that if every household in Edmonton changed out one bulb it would be equivalent to getting 40,000 vehicles off the road? Impressive results! Join the Challenge and Join the Green Challenge Committee.

More from EFCL

Photo Radar Vans Now on Patrol

The City of Edmonton held a press conference at the Edmonton Federation of Community League Office September 2nd, 2009 to release their new Safety First vehicles.

The project is promoted cooperatively through the City of Edmonton, the school boards and the Edmonton Federation of Community Leagues. The Police want to work closely with the organizations to scope out problem neighbourhoods and work on a plan to deploy the four new vans.



—The vans are an educational tool to increase awareness simply by their presence, || says Randy Kilburn from City of Edmonton Corporate Services. Enforcement of speed limits and safety are a natural byproduct of this kind of visibility and education.

Vans are also fully equipped with state of the art photo radar devices so though awareness is the intention speeding will result in ticketing.

Boris Radyo, Assistant Superintendent of the Catholic Schools said —Congestion in and around schools is an issue.|| The highly visible vans when present during these congestion times, should spur increased care and attention in drivers of the area. Vans will be available for neighbourhoods according to manpower and need. For more information about the program contact EFCL.

Join Us in CELEBRATING International Day of the Child!



We are looking for eager community members to work on a Committee that will create a memorable event for the children in South Edmonton in recognition of International Children's Day on November 20th, 2009

If you are interested in learning more, please contact Zanette at 780-944-5404 or via email at Zanette.Frost@edmonton.ca

Parents/Guardians of children 3-11 years of age

Do your children get colds during the fall and winter seasons?

Alberta Health Services-Edmonton is doing a research study to see if using COLD-fX® will be effective in treating the symptoms

• Study runs for 3 weeks • 2 clinic visits 3 locations available for visits
 No cost to you

If you are interested in having your children take part, please call 780.904.5747 or 780.342.0186







Enjoy the next home game

October 9^{th} against the BC Lions for the lowest price in town - Silver seats for \$18 (regularly

\$42) Buy on line at http://www.efcl.org/Store/tabid by Friday, October 2 - we can mail your tickets. Later requires pick up at 7103 - 105 street. SELLING OUT FAST DUE TO THE GREAT SEASON! 62,000 in attendance at the last game.



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Neighbourhood Watch Notice

ENW

Please call Neighbourhood Watch number if you have any information that needs to be reported to our network. We then can alert people to be more watchful & to increase security measures (The police do not call us).

ENW Info - 434-1294 Lendrum Areas: N.E. 435-3076, S.E. 434-4648, S.W. 436-0735 Report a Drug House 426-8229

If there is an emergency situation happening please call 9-1-1.

If you need a patrol car to come out to the community or your home please call the police at 423-4567.

Any reports of suspicious or criminal activity should be reported to neighborhood watch zone leaders, so that they can place it in the newsletter under **Alert**. Reports must be filled out at the Fairway Police Station at 119th street and Fairway Drive, the pone number is 496-8550.

THE NEW NEIGHBOURHOOD CRIME MAP

The City of Edmonton Police Service has a new website that allows citizens to view crime statistics for specific neighbourhoods.

The Website lets you know what is "really going on in the neighbourhood". The Neighbourhood Map shows where a reported crime happened. Knowing this helps in doing something about crime in your area.

This is one of many tools available in crime reduction and prevention.

To find our more information about the crime in your neighbourhood please visit http://crimemapping.edmontonpolice.ca/



Theft from Autos

Most vehicle crime is opportunistic and therefore preventable. By following some straightforward advice, and working together, we can ensure that this type of crime is reduced in your community. Some of the advice may sound obvious and rather simple but it could make all the difference if you follow it consistently. The cost and the time you must spend on repairs, replacement of stolen items can be easily prevented by following some simple tips.

Tips to prevent thefts from your vehicle. Remove all Valuables - Never leave ANYTHING on display when you leave your vehicle. Even loose change, cigarettes, cigarette lighters, sunglasses, CD's, cell phones, stereos, cameras, and clothing, if they can see it they will steal it.

Park Safely - When parking at home, always use your garage if you have one, and lock both your vehicle and your garage. If you don't have a garage, try to park in a well-lit, open place. When parking at work or your local mall, park in a well-lit open place.

Remove Portable Accessories - Removing stereo face plates and locking them in the trunk or taking them with you, will deter thieves.

Get an Alarm Installed - Alarms can deter thieves not only from stealing items from your vehicle, but also from stealing your vehicle. Even if you have an alarm installed NEVER, NEVER, NEVER leave anything in your vehicle. Thieves can smash a window, reach in grab an item and be gone in seconds, before your alarm is even activated. Caution is needed that you do not set your alarm to sensitive. Storms, wind, large trucks passing by your vehicle can set it off.

Use a Steering Locking Device (The Club) · Use a steering wheel lock every time you leave your vehicle. A vehicle that is well secured has a tendency to deter criminals. A steering wheel lock will also deter theft of your vehicle.

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Think Green

Dear Community Members,

Please return your used print cartridges and cell phones to our school.

We are excited to announce a new environmental fundraising program that is good for our Ecole Avalon School and good for our community.

THINKRECYCLE

How does it work?

The Think Recycle Program is a community based collection program where our school can collect used inkjet cartridges, laser print cartridges, and cell phones and turn them in for cash rebates. It's simple, just return your used inkjet or laser cartridges, and cell phones to Ecole Avalon School. We will package and send them to Greentec who in turn will provide funds for each qualifying cell phone or used print cartridge returned.

How can I help?

Return your used print cartridges and cell phones to protect the environment, and help spread the word! Your business can help by saving your used cartridges and cell phones and having them returned to our school

How does this help the environment?

Annually, over 300 million print cartridges are consumed in North America, and more than 500 million cell phones

get retired in North America. That's millions of pounds of electronic waste that usually ends up in landfill. The Think Recycle Program is good for the environment as you help divert used cartridges and cell phones from landfills. Plus, for every 24 qualifying cartridges or cell phones collected, Think Recycle sponsors the planting of one tree in partnership with Tree Canada or American Forests. Your support of the Think Recycle program will help teach our community the importance of recycling, the benefits of tree planting and help raise funds for our school trips.

For more information call 1.888.265.2895 or visit www.thinkrecycle.com.

For more information, please contact: Linda Craig 780-468-7669 jimcr@telusplanet.net



Edinonton

Nature thanks you for taking your e-waste to as Eco Station. Whether it's your vintage vacuum, a dead flashlight or that jammed juicer, every urwanted electronic or electric device you bring to an Eco Station means one less item impacting our environment. Make e-waste disposal a part of your recycling routine. Page 8 Lendrum Living

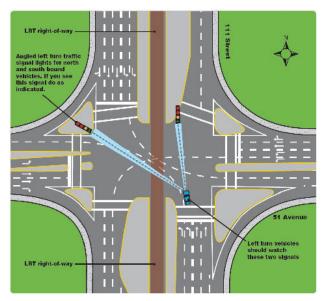
Left Turns off 111th St.

There appears to be a lot of confusion on how to turn through intersections on 11st. Many vehicles are overlapping their turns with the traffic from the opposite direction. For safety purposes it is criticall that TRAFFIC DOES NOT OVERLAP as shown in the "improper left turn maneuver example to the right. Instead turn as you do in any normal intersection ... the LRT Tracks do not require any change in the basic turning habits. In addition many vehicles appear to stop on the tracks waiting for the adjacent traffic light to change... This light does not apply to turns through the intersections. Only the diagonally positioned lights on 111st & 51st ave are programmed as turning lights (shown to the right)

Left turn method:

- · Stay left when turning.
- Waiting (in intersection) for a gap in the opposing through traffic allowed
- Left-turn must be completed during clearance interval of through traffic.

If you have any questions, please call the LRT Projects information line at 780.496.4874. For larger maps, please visit www.edmonton.ca/LRTprojects and follow the links to South LRT Construction.





Proper Left Turn Maneuver (Stay Left





Activities

Memories of Yesterday

Jeff Allen Art Gallery Strathcona Place Senior Centre 10831 University Ave

Oct 6, 2009 to Oct 29, 2009

Reception Oct 14, 2009 6:30 - 8:30 PM

Two well known talented artists have come together to express their love of art in an exceptional exhibit.

Relive the past with **Rita Mittelsteadt** in her oil paintings .Using, brush and palette, she creates spectacular portraits, landscapes, buildings and still lifes that bring out nostalgic memories of growing up on the Prairies of Alberta, and travels from the prairies to Peggy's Cove Nova Scotia.

Experience the beauty **Pearl Murray** brings to her canvases using pastels and watercolours. The element of realism in her vibrant portraits, florals and landscapes is truly amazing. Prints of her art will also be available.

Come and view pictures of life past and present as seen through the eyes of these fine artists. Everyone is welcome.

Best viewing hours for general public are 11:30 AM - 1:00 PM and

3:00 - 400 PM

Centre is open Monday through Friday, 9:00 AM - - 4:00 PM

Call 780-433-5807

Free Financial Information Fair



Free Barbeque too!
Bring your friends and the whole family!

Ways to Save your Money!

- \$ What to look for in a cell phone plan
- Free leisure and recreation opportunities
- Set the best deals on groceries
- \$ How to get the government education savings plan for your kids
- Sopening a bank account
- \$ Avoiding pay day loans
- \$ What to do about debt.....and much more!!!

Location and Time

Location: Duggan Community League, 3728-106 Street.

Date: November 4, 2009 **Time:** 2:00 p.m. - 6:00 p.m.

Brought to you by:







The City of Edmonton Community Services

#elcome Centre for Immigrants

YARD MAINTENANCE NETWORK CONTACT LIST 2009

CONTACT PERSON & AGENCY	SERVICES OFFERED	REQUIREMENTS TO ACCESS SERVICES	AREA COVERED	ADDRESS	PHONE # FAX #
Lifestyle Helping Hands Seniors Association:	Snow removal, lawn care, odd jobs, volunteer drivers, outreach services	Must be a member to access home help services & be matched with a worker. Membership is \$10.	South of river & west of 104 Street	4069 – 106 Street T6J 2S3	450-2113 Office Hours Weekdays 11a.m. – 3p.m.
SAGE (Seniors Association of Greater Edmonton):	Snow Removal, yard maintenance, other services as requested by seniors in their homes	Must be a member to access home help services & be matched with a worker. Membership is \$20.	No Boundaries	#15 Sir Winston Churchill Square T5J 2E5	Phone #780-701- 9011 Home Service #780-701- 9007
Seniors Caring About Seniors:	Yard work, house work, odd jobs and driving	Must be a member to access home help services & be matched with a worker. Membership is \$10.	South of the river only	7814 – 83 Street T6C 2Y8	Phone #465-0311

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General Interests





Feel the Rhythm!

Call for Registration Dates & Times!!!

Studio Address:

Tap

Jazz

2429 104th Street

• Ballet

Novelty

Edmonton AB, T6J 4R1

Lyrical

Hula

Studio Phone: (780) 233-6756 .

Hip-Hop

Belly Dancing

Website: www.dancin-company.com

PIZZERIA PREGO



NOW IN ITS 4^{TH} YEAR! 780-439-7734

WE WANT TO BE YOUR
NEIGHBOURHOOD PIZZA PLACE!!!

LOCATED IN LENDRUM MALL 57 AVE & 111 ST

- ⇒ FREE DELIVERY
- ⇒ GLUTEN FREE PIZZA (REVERSE)
- ⇒ HOMEMADE DESSERTS
- ⇒ DAILY WRAPS & SANDWICHES

ASK ABOUT OUR SPECIALS...CALL NOW, IT'S TIME FOR PIZZERIA PREGO PIZZA

St. John's Anglican Church Rummage Sale !!!

(11111 - 57 Ave)

Fri, October 23-6:00 to 9:00 p.m.

Sat, October 24 —9:00 a.m. to 12 noon.

\$3.00 and \$10.00 Bargain Bags on Saturday

Exploring the Christian Faith A Series for New Christians and Those Curious about Christianity

Instructor: Michael Pahl
Day/Time: Thursdays, 7:00-8:30 p.m.
(running through December)

Location: Lendrum Mennonite Brethren Church, 11210 - 59 Ave., Edmonton

Cost: Free!

Classifieds & Help Wanted

NEED AN LECTRCIAN? Call Rob - Master Electrician at 780-433-3837

For all your electrical needs.



Looking for a **dog walker** for 3-4 days per week for my puppy.
Please contact Stephanie 780-468-7626

FOUND AUG 1ST IN LENDRUM



Beautiful female Siamese cat about 4 years old. Ear tattoo MSC 304 (Spay Clinic). She is a quiet calm lap cat who loves to be petted. She prefers indoors. She has been to the vet and after some dental work she will be ready for a forever home. She tolerates other cats but loves to get all the attention. Could you be her new family? Her profile is on PetLynx. Contact Valeen at 780-433-5325 or d3chgunn@shaw.ca

The Acupuncture Turning Point Integrative Health Centre

#202 10518 - Whyte (82nd) Ave, Edmonton, AB

Gord Grant, Ph.D., R.Ac. and Associates

We work together in a patient-centered, comprehensive collaboration, offering health services complementary to western medicine.

With your permission, our practitioners meet regularly to discuss your progress, and provide insights, support, suggestions and referrals in your best interest.

- Acupuncture & Acupressure
- Thai and Therapeutic Massage
- Rolfing Therapy connective tissue release
- Reiki and Reflexology
- Stress Reduction Techniques
- Nutritional Counseling and Herbology
- Yoga and Customized Exercise Therapies

Contat us to decide which therapy or combination treatment would best help you 780-437-7723

www.AcupunctureTurningPoint.ca



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Q_

Community League Membership

Valid through August 31/10
Complete this form and mail it with
your cheque (\$25.00 or \$10.00—Seniors)
(payable to Lendrum Community League)

Jacqui Krahn 11235 58 Ave. T6H 1C3

Or Call 780-438-3916

Your membership card and receipt will be mailed or delivered to your home.

Thank you for your support !!!

Name:					
Address:					
Postal Code: Phone:					
Email:					
Number of Adults in household:					
Number of children in household:					
Number of skate tags required:					

Current Open Executive Positions Get involved in your community... President, Vice-President, Civics,

For information about these positions please call anyone on the current executive list. If you are interested in an above position, please consider volunteering or becoming a 'member at large'. You can help

make our community an even better place to



Lendrum Community League 2009-10 Executive & Contacts

President: (Vacant) Vice-President: (Vacant) Past President: Brent Shaben (780) 438-8052 Treasurer: Dale Somerville (780) 434-1032 Ami Brodribb & Secretaries: Brendan Marlatt (780) 433-1678 Joanne Leicht (780) 435-1574 Programs: **Building Rentals:** Nigel Davidson (780) 434-0135 Casino: Gord Okamura (780) 435-2973 Civics: Gail Faurschou (780) 436-4361 Gary Yaskowich (780) 432-1029 Mike Kuntz (780) 438-4818 Memberships: Jacqui Krahn (780) 438-3916 Newsletter/Web: Lauren Guhl (780) 438-8226 Newsletter Dist. Catherine Stout (780) 436-7179 Member at Large Tom Havlas (780) 432-4577 John Porter (780) 438-1896 Kate Ryan (780) 436-5431 Ron Grelowski (780) 465-7079 Soccer: Paul & Amber Shelley (780) 430-8576 Social: Tom Schroepfer (780) 432-0910 Volleyball: Lance Adamson (780) 438-9168 Ice Rink: Gary Goulden (780) 450-0927 Athletic Park: Harvey Guhl (780) 438-8226 Luke Falkenstein Lendrum Sign: (780) 431-0752 Neighborhood Watch: Sharon Kapty (780) 437-2212

Check www.lendrumliving.com for a list of email addresses

Carol Allen

CRC Rep (City of Edm) Kate Russell

Community League Meetings 1st Monday of each month, 7:00—9:00 PM At the hall

Advertising in the Lendrum Newsletter:

No charge: classified ads from Lendrum residents, ads from non-profit organizations benefiting the Lendrum area. Paid ads: all other ads – business card \$10; $\frac{1}{4}$ page \$20; 1/3 page \$30; $\frac{1}{2}$ page \$40; full page \$80 (sizes are approximate). Most files usable...please allow enough time

to verify your file is print ready . Payment to be made to Lendrum Community League (POBox 4570, T6E 564) Edm, Ab. Note: if you ever have a problem with the delivery of an issue of Lendrum Living, please contact Catherine, our Distribution Coordinator, at 436-7179. (Dist. Of 750 Newsletters each month) Note: Deadline for the next issue is the first of that month. Distribution Begins mid month. Submissions can be sent to newsletter@lendrumliving.com..... Back issues can be found at our web site.

Find us at www.lendrumliving.com

(780) 434-1294

(780) 496-5915