

Lendrum Community League, 11335 – 57 Avenue, Edmonton T6H OZ7

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What's New:

- Casino volunteers still needed !!!
- Scona Reunion (1969)
- Left Turn Safety
- Bus Route Changes
- Big Bin Events
- Summer Camps
- Free Compost
- www.lendrumliving.com

Lendrum Living

Spring April, 2009

Lendrum Community League Annual General Meeting

Monday, May 4th, Meet & Greet 6-7:00 PM Meeting 7-9:00 PM



This is the right time and place to make a difference in your community. Come out to meet your neighbours, enjoy a slice pizza, and a beverage from our toonie bar. During the meeting portion, LCL will be holding elections for open positions on the LCL executive board and sub-committees to help with implementing current and future goals related to projects of the community league and neighbourhood. Some of the upcoming issues that will need to be addressed by the community are UofA South Campus Development, Traffic Calming Measures, Play Park & Spray Park Development, Hall Revitalization, and on going involvement in LRT, Community Renewal and Dry Pond.

All Lendrum residents are welcome ... see you at the hall !!!

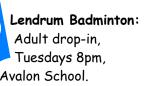
Community Renewal—Sidewalk Update

As anticipated there were very few petitions handed in before the deadline. Of our 23 projects (streets) only one opted out which means that over 95% of our sidewalks will be replaced over the next 2 summers...continued on page 9

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Lendrum Community Programs

Monday each month, 10-11:15 am at Sunterra Market. For more info, please call Dorothy (434-3732) or Flo (436-8399).



Please contact Lynn Wong (438-0517) for more info.

The 22nd St. John's
Scouts: Beavers meet
Mondays, Cubs meet
Thursdays at St.
John's Anglican Church

located at 11111-57Avenue. Call Tom Schroepfer: 432-0910



Sparks, Brownies, Guides and Pathfinders

For girls ages 5-18 Call 435-5068 or

email rainbowvalley.guides@hotmail. com for more infoJoin anytime - always accepting new girls in all levels!



Blue Chair Tai Chi Mondays, 7-8:30, Malmo Hall Thursdays, 7-8:30,

Lendrum Hall. Sorry, we do not offer beginner classes. If you know the 108 move set, please join us in practicing at an intermediate level. Call Kathy, 435-0738.

Please contact us at Programs@lendrumliving.com with any ideas for possible new programs



Bright friendly environment with creative, caring teachers.

Parent co-operative playschool for 3 and 4 year olds. Located in Malmo School 4716-115 Street. For more information or to register please visit us online at www. malmopreschool.com.



Line Dancing every Thursday from 10:00 - 11:30 am at Lendrum Community

Hall. Experienced instruction supplied by Jim & Shirley New...For Info contact Don or Rita at 434-5885



Please call Joy Schaut (434-1997) for info.



Summer Youth Program Coordinator

We are currently looking for someone who is willing to accept the temporary role of Summer Youth Program Coordinator.

This will involve working with our city of Edmonton community recreation coordinator to organize and book programs geared towards youth.

Help create some fun!!!

Please contact programs@lendrumliving.com if you are interested in contributing some of your time to help bring more activities to the Lendrum area.



The 22nd St John's Scout group would like to thank all the Lendrum residents for their continued support during our spring bottle drive.

The proceeds will be used to help fund our next group camp.

Announcement

GoodHearts Transplant House Project Dinner-Fundraiser May 9 6 p.m. Cocktails — 6:30 Dinner With Guest Speakers

Best Western Westwood Inn 18035 Stony Plain Road

Tickets:

\$50 per person, includes \$15 donation Tax receipt provided Call Silvio Dobri at 780-437-6810 or visit www.goodhearts.ca

St. John's Anglican Church is having its spring rummage sale on Friday, May 8 from 6 to 9 p.m. and Saturday, May 9 from 9 - 12 a.m.
On Saturday morning there will be special \$10 and \$3 bags.

Do You Love to Cook

Pilgrims Hospice Society (9808 148 Street) is looking for a part-time cook to prepare a nutritious hot lunch and snacks for our clients and volunteers (approximately 8-20/day) for our Day Program, Mon, Tues, Wed. Requirements include meal planning, shopping working with volun-



teers, working independently, and a valid food safety certificate.

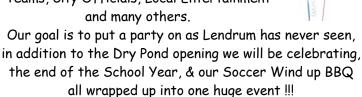
Pilgrims Hospice Society provides supportive care

to enhance the quality and dignity of life for those diagnosed with a life-limiting illness.

Send resume to Jakie at JakieD@pilgrimshospice.ca or via fax at 413-9748

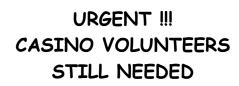
Volunteers needed !!!

We are in the process of putting together plans for the official opening of the dry pond. Potentially the event will include the following groups; Lendrum & Avalone Schools, Local Soccer Teams, Volleyball Teams, City Officials, Local Entertainment and many others.



We need at least 10 people on this committee with different interests if we are to have everything in place by June 27

If you have any ideas or can help please email SummerCelebration@lendrumliving.com or call Kate R, Tom S, or Harvey G (numbers shown on exec list located at the back of the newsletter)



It is hard to believe two years have passed since our last community casino but our next one is on May 19 and 20th (Tues and Wed). If an adult from your household can help us by doing one shift, then please fill in the shift preference form located at www. lendrumliving.com and email or deliver to me. Your support will ensure that we have future funding for our Community League. Thank you.

Gord Okamura (780) 435-2973 11247 59 Avenue Page 4 Lendrum Living

Neighborhood Watch Notice ...

Please call Neighbourhood Watch number if you have any information that needs to be reported to our network. We then can alert people to be more watchful & to increase security measures (The police do not call us).



ENW Info - 434-1294

Lendrum Areas: N.E. 435-3076, S.E. - 434-4648, S.W. - 436-0735

Report a Drug House 426 - 8229

If there is an emergency situation happening please call 9-1-1.

If you need a patrol car to come out to the community or your home please call the police at 423-4567.

Any reports of suspicious or criminal activity should be reported to neighborhood watch zone leaders, so that they can place it in the newsletter under **Alert**. Reports must be filled out at the Fairway Police Station at 119^{th} street and Fairway Drive, the pone number is 496-8550.

Wanted!! Several residents that live directly adjacent to the drypond... as we get closer to the completion and opening of the drypond we would like identify 4 or 5 residents that can see the dry pond from their homes. These volunteers would be anonymous while keeping close eye on possible vandalism or improper use of the facilities... When one of these residents see's something questionable they will immediately report the suspicious activity to our neighborhood watch leader &/or the police.

Schools...

SCONA 1969 REUNION August 29 & 30, 2009

Hello Fellow 1969 Strathcona Composite High School Grads!

The plans have been made, and it's time to

register for a great summer weekend of reminiscing, touring the school, eating, drinking, dancing, and general merriment and mayhem.

Come on your own, or bring your spouse or significant other.

There will be guaranteed fun for one and all!

For more information or to register, please contact one of the Reunion Committee Members. Joan Riddle mjr50@shaw.ca;
Michael Dadoes mdconsulting@shaw.ca;
Jean Frost jean_frost@yahoo.com

Registration Deadline: July 15, 2009.

We would really appreciate your help locating contact information for a number of our classmates who we haven't been able to find yet.

Please tell any former classmates who you are still in contact with about the Reunion.

Ask them to contact any member of the Reunion Committee listed above.

So, start spreading the news and making your plans! See you in August!



Public Open House

Malmo Pond Storm Relief Project

(Located on University Farm Lands)

Tuesday, May 12 7:00 p.m. to 9:00 p.m.

Malmo Community League Hall 11525 48th Avenue

The City's Drainage Services Program has identified a need for the construction of a storm relief pond on University of Alberta property at the corner of 51^{st} Avenue and 115 Street. During past community consultation meetings, conceptual designs for the pond were presented and feedback has been received from area residents. The project is now in the detailed design stage.

The project consists of the design and construction of a large temporary holding pond to relieve demand on existing infrastructure and prevent flooding during rain storm events.

The Open House will include displays showing the location and details of the proposed project. Representatives from AECOM, project consultant, and from the City's Drainage Services will be on hand to address any questions you may have about this project. There will not be a formal presentation.

Please contact:

Bradley Leeman at the City of Edmonton Drainage Services at 780-496-3872 or Joanne Ellison (Lendrum Civics) at 780-437-5402 if you need more information.

Important Info for Lendrum Residents... re: 115st Dry Pond

In a telephone call with Bradley Leeman, Engineer in charge of the Malmo Dry Pond, he told me several things about the construction of the dry pond in the area of 51 Avenue and 115 Street.

- 1. In response to a question about the poplar bluff which borders 51 Avenue, he said that they HOPED they could save SOME of these trees. The conifers further west on 51 Avenue, which were originally planted by the City, will not be removed. Residents know, of course, that the poplar bluff is a great natural reserve, which not only screens residents from 51 Avenue, but is also currently home to 4 beautiful white-tailed deer and a couple of coyotes. Mr. Leeman could NOT say definitely if any of these trees could be saved.
- Construction on the site will begin in winter 2009/10. Because the new pavement and sidewalks will be completed on 115 Street in summer 2009, truck access to the dry pond construction site will most likely occur from 51 Avenue.
- 3. In response to a question about new trees which could be planted on 51 Avenue as a screen, Mr. Leeman said he would have to contact agricultural engineers working with the project.

VERY IMPORTANT For all residents to come to the meeting at Malmo Community Hall on May 12 to ensure the neighborhood speaks their concerns about this popular area. Also it would be great to have residents call Mr. Leeman ahead of time to express ideas about trees and wildlife in the area. His number is 780-496-3872

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Left Turns on 111 Street...

The following intersections allow a left turn during the green arrow only:

- 51 Avenue (all directions)
- · 49 Avenue (southbound left turn only)
- 43 Avenue (northbound left turn only)

Left turn method:

- · Stay left when turning.
- \bullet Do not wait or stop in intersection you MUST clear intersection during green arrow display.

The following intersections allow a left turn during green arrow and solid green ball:

- 57 Avenue (northbound left turn only)
- 54 Avenue (northbound left turn only)
- 29 Avenue (Saddleback Road) (southbound left turn only) Left turn method:
- · Stay left when turning.
- Waiting (in intersection) for a gap in the opposing through traffic allowed.
- Left-turn must be completed during clearance interval of through traffic.

All intersections and movements that have not been identified above allow a left turn during solid green ball.

Left turn method:

- · Stay left when turning.
- Waiting (in intersection) for a gap in the opposing through traffic allowed.
- Left turn must be completed during clearance interval of through traffic.

Ultimate Configuration

Please note that while these guidelines apply right now, as construction continues, changes to the left turns will occur over the 2009 construction season.

When construction is complete and the intersections are at their ultimate configuration ALL left turns along 111 Street will be allowed during the green arrow display only as the tracks must always be clear of vehicles.

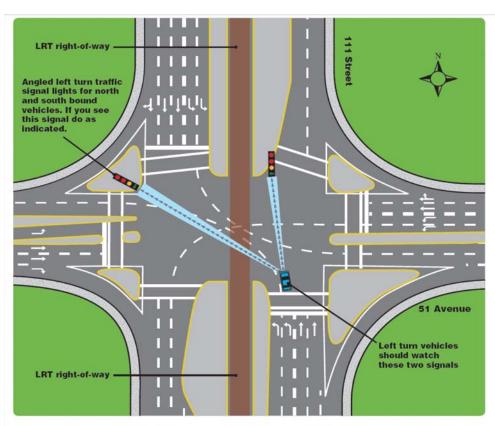
If you have any questions, please call

the LRT Projects information line at 780.496.4874. For larger maps, please

visit www.edmonton.ca/LRTprojects and follow the links to South LRT Construction. There have been a considerable number of queries about how to navigate the left turns in all directions along 111 Street during construction. With the wider LRT median and new signal lights many people are understandably confused. Many people stop as they are making a north or southbound left turn when they see the red east/west traffic light. To resolve this issue, angled traffic fixtures will be temporarily installed at all corners to guide drivers through the left turn.

Refer to these indicators when making a left turn. For example, if you see a green arrow,

please proceed to complete your left turn. Or, if you see a solid green ball, yield to the oncoming through traffic. Intersection guidelines are also painted on the pavement to direct vehicles along the correct path.



Improper Left Turn Maneuver



Proper Left Turn Maneuver (Stay Left)





You're invited to this free, family event celebrating the Grand Opening of McKernan/Belgravia and South Campus stations!

SOUTH LRT GRAND OPENING CEREMONIES

Dignitaries traveling on a special VIP train open the new South LRT stations!

9:40 - 10:05 a.m.: McKernan/Belgravia Station 10:10 - 10:45 a.m.: South Campus Station

PRESENTATIONS

Saville Gymnasium, South Campus

- 1:00 p.m.: Service Changes in South Edmonton
- 2:00 p.m.: Future Directions LRT
- 3:00 p.m.: U of A Universiade and South Campus Development
- 4:00 p.m.: ETS Transit Watch

McKeman School Gymnasium

12:00, 1:00 & 2:00 p.m.: TraXSafe - LRT Safety

TOURS

Departures from South Campus bus terminal. Event day ticket pick up at the Information Booth starting at 11 a.m.

- · Old Strathcona Historical Transit Tour
- South LRT Construction Tour
- · Ferrier Garage Facility Tour

THROUGHOUT THE DAY 9:30 a.m. - 5 p.m.*

Displays and Exhibits

- Information displays
- Vehicle displays, featuring ETS and U of A vehicles

Kid's Activities & Entertainment

Street performers, face-painters, music, ETS and U of A mascots, crafts and more!

(*McKernan/Belgravia activities throughout the morning.)

OPEN U OF A'S SECOND CENTURY

The University of Alberta is wrapping up their centenary year and looking to the future!

Check out U of A's

evintage and new concept vehicles

photo exhibit and information displays

presentation on Universiade and future South Campus development

GETTING TO THE EVENT

NO PUBLIC PARKING AT SOUTH CAMPUS FOR THIS EVENT. PLEASE USE THESE SPECIAL EVENT TRANSIT SERVICES.

FREE LRT

•8:30 a.m.: Clareview Station to Health Sciences Station. Transfer to free bus shuttle at U of A Transit Centre or Health Sciences Station.

•11:30 a.m. - 6 p.m.: Clareview Station to South Campus Station

FREE Bus Shuttle

9 a.m. - 11:30 a.m.: Service from University Transit Centre > Health Sciences Station > South Campus Station

NOTE: Regular transit services to South Campus LRT Station and Transit Centre begin Sunday, April 26, 2009.







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South LRT Transit Service Changes

Residents in southwest Edmonton will be seeing some major changes to the transit service in their neighbourhoods starting April 26, 2009.

The opening of the new South Campus LRT Station/Transit Centre will provide opportunities to modify and improve transit service in the local neighbourhoods, and connections to other parts of the city.

South Campus LRT Station will provide quick and easy access to the University and Downtown for customers from neighbourhoods in southwest and west Edmonton. Many of the routes will be restructured to feed into the LRT system, removing bus service that duplicates the LRT service. The service hours saved by the LRT connection will be reassigned to improve neighbourhood service.

All bus routes serving the University from the southwest (routes 6, 30, 32, 36, 43, 44, 50, 73 and 74) will end at the South Campus LRT Station where customers will transfer to the LRT to travel to the University, downtown and points north. Routes 104, 105, 138 and 139 will also end at the new LRT station.



Route 7 will no longer operate on its current routing on the south side of the river. It will be replaced by new Route 327. Route 7 will replace the Route 6 between Downtown and University along Whyte Avenue.

Route 51 will no longer serve the neighbourhoods of Lendrum, Malmo and Pleasantview. The revised route will operate on a 30 minute schedule during weekday peak periods from Parkallen north on 109 Street to 82 Avenue and then to the University on its existing route. The revised route will provide University service to the neighbourhoods of Parkallen and Queen Alexandria.

Route 54 will no longer operate from Southgate Transit Centre. The route will be a peak only University term only route. It will travel from South Campus LRT Station along 113 Street and 61 Avenue to 106 Street, then return to its current routing.

Route 55 is a new small bus route that will serve the neighbourhoods of Lendrum, Malmo and Pleasantview operating between Southgate Transit Centre and South Campus LRT Station. The route will operate every 15 minutes (30 minutes when University is not in session) during the weekday peak periods and every 30 minutes during weekday midday, weekday early evening, Saturday and Sunday midday.

Route 57 will integrate with the new Route 7 during weekday midday to maintain the 15 minute frequency along Whyte Avenue currently provided by Route 6.



Route 327 is a new small bus route that will serve the neighbourhoods of Belgravia and McKernan, replacing Route 7. The route will operate on a 30 minute schedule along the existing Route 7 between the Belgravia turnaround and Whyte Avenue. It then travels east on Whyte Avenue, south on 104 Street and west on 76 Avenue to 109 Street and back to the existing routing of Route 7. The route will connect to the McKernan-Belgravia LRT Station and provide direct service to Old Strathcona.

More information on transit service changes related to the opening of South Campus LRT Station can be found at www.takeETS.com.



LRT ... Pedestrian Crossing Safety Basics

When a train approaches the pedestrian crossing:

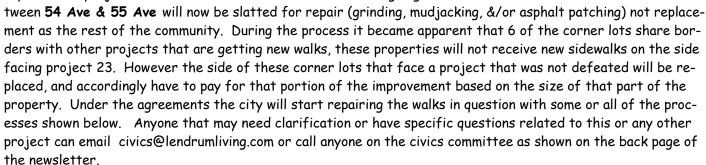
- The lights and bells will be activated and the arms will come down.
- · When the train has passed the crossing arms will go up.
- Pedestrians and wheelchairs MUST stop and wait for the train to pass.
- Emergency exit gates next to the crossing arms are only for pedestrians and wheelchairs in the process of crossing the tracks when the crossing arms come down. The crossing arms cannot be pushed aside and pedestrians/wheelchairs must use the emergency swing gate to exit
- $\boldsymbol{\cdot}$ Look both ways for trains BEFORE crossing tracks.

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Lendrum Place Neighbourhood Renewal ...

Continued from page 1...

One street (Project #23) was successful in getting enough signatures to defeat the sidewalk replacement project for their area with 57% of the 30 lots signing. The area on 111A st. be-

















Lamp Upgrade Project



The Letter of Intent has been signed by a majority of residents. Residents should have received a letter from the city indicating the actual cost and payment options for the upgrade program. Costing is done similarly to the sidewalk renewal, for updated information please watch the Lendrum website at www.lendrumliving.com



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Activities...

Leaders In Training – Get the Leading Edge!

Are you ready to meet new friends and discover the amazing leader within? The Leaders In Training (L.I.T.) program gives youth ages 13 - 17 years valuable leadership skills and work experience in a fun environment.

Gain valuable leadership experience through training and practical on-site volunteering. You will have the

choice to volunteer in an assortment of programs run by the City of Edmonton, from summer camps to playground programs. Your volunteer commitment can be as little as two weeks or as much as seven weeks - the choice is yours.

To volunteer complete the application (available after April 1) online at http://www.edmonton.ca/youth
For more information visit www.edmonton.ca/youth
E-mail: youth@edmonton.ca call 944-7421.

Four Wheel Drive

Malmo Community League 11525 48 Avenue

This class is specially designed for children who love biking and are still on training wheels! The leader will teach your child how to stay safe while having fun on their bike! At the end of the session, your child will go home with a certificate and a bike safety workbook. Helmets and bike bells are mandatory.

Date: Saturday, May 2 Time: 1:00 - 3:00pm Cost: \$10/participant

Ages: 4 - 6 years Code: 320849

REGISTRATION INFO

By Phone: 311

In Person: Any City of Edmonton Leisure Centre

On Line:

www.ereg,edmonton.ca

EDMONTON



4 Wheel Drive & Ride to Survive Parkallen Community League 6510 - 111 Street

> Wednesday, May 13 1:00 pm to 3:00 pm

For children 3 - 6 years Cost: \$10

Learn how to stay safe while having fun!

This is a program for children with or without training wheels who will learn some bike safety skills. Children will then be split into 2 groups, depending on whether they have training wheels or not, for some biking practice.

Registration Code: 320866

Helmets and bike bells are mandatory.

REGISTRATION INFORMATION:

By Phone: 31

In Person: Any City of Edmonton Leisure Centre

On Line: eReg.edmonton.ca

This Program is brought to you by Parkallen Community League &



City...

2009 Big Bin Events

The City of Edmonton is hosting Big Bin events for household items that can't be set out for regular waste collection. Twelve weekend events will be held in various locations throughout the City.

City residents will be able to drop off items such as old couches, chairs, mattresses, and appliances free of charge. Computers and other electronics will also be accepted for recycling.

Note: Do not bring household hazardous waste like paint, varnish, household cleaners or batteries. Please take those items to an ECO Station.

All events will run from 9:00am to 5:00 PM

May 23 & 24 SE District Yard 5404-59 Ave

May 30 Blue Quill 11304-25 Ave

For more info or additional Big Bin events go to www.edmonton.ca/capitalcitycleanup



When reporting graffiti, the 311 operator will want to know:

- the exact location of the graffiti, (preferably a complete street address)
- the type of surface it is on (building, street size, utility box, park bench,etc.)
- if it is on public or private property
- if the graffiti is vulgar or hateful in nature.

Doo It!

- New Bio-degradable dog waste bags are available in off-leash parks.
- Place waste bags in the Doo-it disposal containers for composting.
- Properly removing dog waste is a safe, organic practice that will improve the health of the soil and plants.
- Do not use plastic grocery bags they cannot be composted.
- Failure to remove dog defecation can result in a \$100 fine.
- · Be a responsible pet owner and pick up after your dog.



Edmonton Youth Week - May 1-7, 2009

Youth Week 2009 is fast approaching. Events will be

hosted throughout the city to celebrate this event.

City Wide Kick off Event

MAY 1, 2009 3:30 - 9:00PM

MILL WOODS RECREATION CENTRE, J PERCY PAGE HIGH SCHOOL AND MILL WOODS PARK

7203 - 28 Ave

Activities include

- Skateboard demo
- Street hockey
- Free swim
- Rock Band dual
- Torch Run

- Dance, Dance Revolution
- BBQ
- Soccer
- Movie
- Jumpy Things

For events near you, visit the Youth Week website at www.edmontonyouthweek.ca Page 12 Lendrum Living

Sports And Interests... ...

Tennis Anyone !!!!

The Saville Sports Centre's tennis facility is a designated Tennis Canada

Development Centre.





- We offer a wide variety of memberships, services, and programs for participants five years old and over.
- All Saville Sports Centre coaches are NCCP certified.
- The Saville Sports Centre caters to all ability levels, from beginners to high performance athletes.

Tennis Programs

- Junior programs (ages 5-17)
- · Adult lessons
- Drill classes
- · Private lessons
- Leagues
- · Wheelchair tennis

Contact the Saville Sports Centre for a complete schedule of tennis programs and information about tennis memberships and costs

Tennis Memberships

The Tennis Centre offers memberships for individuals, University of Alberta students, staff, faculty, and alumni, and family memberships.

- Memberships are subject to an entrance fee to be paid when you purchase a membership.
- All memberships are based on a 12-month commitment.
- Current information about member types and costs at the Saville Sports Centre website.

Summer Sport Camps

To ensure a well-rounded experience, our volleyball and basketball camps feature unique supplementary sessions



- · Nutrition and meal planning with a registered dietician.
- Strength & weight training with a personal trainer geared towards the specific needs of young athletes.
- Sports injuries for young athletes with a certified athletic therapist.

In order to provide our participants with a competitive edge, our Competitive Swim Camp also features supplementary sessions including.

- Dry land training with certified personal trainers.
- Guest appearance by Kirby Feng, coach of North Edmonton Swim Club.
- Nutrition and meal planning with a registered dietician. Camps run Monday to Friday, 9am-4pm unless stated otherwise. Athletes are permitted in the Gymnasium and/or pool before and after camp; however, supervision will not be provided.

MacEwan Recreation

Griffins Competitive Swim Camp > \$200

43005 / Jun 29-Jul 3 / Ages 8-17

Pre-requisite: Athletes must be a member of a swim club.

Volleyball Camps » \$200

43257 / Jul 20-24 / Ages 11-14

43258 / Jul 27-31 / Ages 15-17

Basketball Camps » \$200

43252 / Aug 10-14 / Ages 11-14

43253 / Aug 17-21 / Ages 15-17

Combo Volleyball, Basketball Camps » \$200

43255 / Jul 13-17 / Ages 11-14

43256 / *Aug 4-7 / Ages 11-14

*\$160.00 for 4-day camp

To register for Griffins Sport Camps please call 780-497-5300. For more information please call one of the following or visit www.MacEwan.ca/SportCamps.

Volleyball: Gillian Sewell 780-497-5694

Basketball: Monique Poulin 780-497-4004

Swimming: Stephanie Marrello780-497-5691

GST will be added to the price for athletes aged 15 years and older.





Front Yards in Bloom (FYinB) recognizes and celebrates beautiful front yards across Ed-

monton. FYinB is a partnership of the Edmonton Horticultural Society (EHS), Canada Post, and the City of Edmonton. Front yards are nominated by the public and by Canada Post carriers. Then EHS volunteers deliver congratulatory letters and a yellow "Front Yards in Bloom" sign to each nominate address. Volunteers also select the top yards to be recognized at an awards event.

FYinB is seeking **Community Leagues** that want a Front Yards in Bloom program in their neighbourhood. It's easy, it works, and we will help community leagues to get it going.

Mothers Day Sale Saturday May 2, 2009 10:00 am – 2:00 pm

Lendrum Community League Building 11335 – 57 Ave

Pottery for all occasions and celebrations.

Pottery to suit all tastes.

Decorative and Practical.

Unique and Reasonably priced

Oven ,freezer and microwave safe.

Free Coffee



- · Creates attractive photos and interesting newsletter articles.
- Brings new people to a fall event.
- · Makes a connection with residents

The community league can adjust the program to their needs: set your own timelines, deliver your advertising, or create new categories. The top 2 yards selected in the neighbourhood will be finalists for the FYinB (city-wide) next year.

For more information visit the City of Edmonton website at www.edmonton.ca or call Rodney Al at 780-496-4678.

YOU KNOW YOU ARE LIVING IN 2009 when...

- 1. You accidentally enter your password on the microwave.
- 2. You haven't played solitaire with real cards in years.
- 3. You have a list of 15 phone numbers to reach your family of three.
- 4. You e-mail the person who works at the desk next to you.
- 5. Your reason for not staying in touch with friends and family is that they don't have e-mail addresses....
- 6. You pull up in your own driveway and use your cell phone to see if anyone is home to help carry in the groceries.
- 7. Every commercial on television has a web site at the bottom of the screen.
- 8. Leaving the house without your cell phone, which you didn't have the first 20 or 30 (or 60) years of your life, is now a cause for panic and you turn around to go and get it.
- 10. You get up in the morning and go on line before getting your coffee.
- 11. You start tilting your head sideways to smile. :)
- 12 You're reading this and nodding and laughing.
- 13. You are too busy to notice there was no #9 on this list.
- 14. You actually scrolled back up to check that there wasn't a #9 on this list.

AND NOW UR LAUGHING at yourself.

Active Living Tip:



Take advantage of physical activities

you and your friends enjoy doing together and eat the foods you like. Be adventurous and try new sports, games and other activities as well as new foods. You'll grow stronger, play longer, and look and feel better! Set realistic goals, and don't try changing too much at once.

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General Interests...

U Of A South Campus Free Compost Available

The front gate is always open so people can go in anytime. The matter is in a pile in front of the Compost Facility (number 85 on this map South Campus Map). If you have any questions, please contact Dr Barry Irving on his cell phone at(780) 220-1142. Please feel free to disburse this information to your neighbours.

Disclosure of Hazards of Handling Organic Material from Dr. Barry Irving, APO/Manager Research Stations The purpose of this note is to advise you of the cautions you need to take when handling and using organic material obtained from ERS.

All the organic material obtained from ERS originates from a manure base from our livestock operations. We blend manure from dairy, swine, poultry, beef and sheep with woodchips and shavings to initiate our compost process. The blended organic material is then aged and turned according to generally accepted methods. Although we test the final product to satisfy our own requirements for disposal we cannot guarantee the safety of the product beyond our boundaries.

If you are taking organic material from the ERS you should be aware that it is derived from a livestock manure base and you should be prepared to handle and use it accordingly.

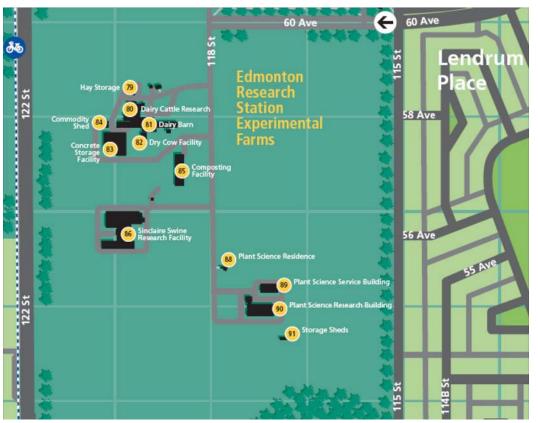
We are recommending that anyone taking organic material from the ERS should follow good personal hygiene practices during and after handling. At a minimum this should entail protective clothing that are washed frequently and washing your hands with a disinfectant soap immediately after handling the material. Of course, you will be ultimately responsible for the decisions you make in relation to handling and using organic material from

the ERS and should structure your activities accordingly. Your own personal situation might require a higher level of personal hygiene and we leave that up to you to determine.

The organic material you are receiving is also high in nutrients and should be mixed with soil to dilute it for plant growth. Again, you will need to use your own discretion in mixing as you will reap the eventual benefits.

Thanks again for your interest in organic material from the Edmonton Research
Station,

University of Alberta.



Classifieds & Help Wanted

Gently used soccer cleats door locks. Mint condition. for sale:

Youth sizes 5.6 and 7 \$10.00 each Call (780)436-7179

Asking \$20,500. Please call Margaret @ 780 434 8637

AVON representative in Parkallen. If you would

like a catalogue or if you have an order, please call 780-455-5355 (Kim) or email kim_avon@shaw.ca

For sale:

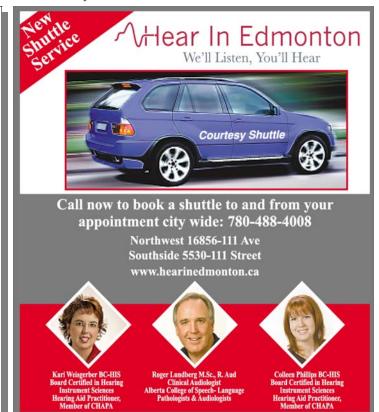
2004 Volkswagon Jetta Station Wagon Silver, extremely low km of 29,400, Please contact Megan or automatic, sunroof, heated seats, aluminum wheels, luggage rack, air cond., power windows and

Going away for a summer vacation?

The Two Sisters can help. We will feed your pets and get your mail and water indoor plants.

Megan is a certified babysitter with full level 2 Red Cross first aid training.

Dena at 780-439-1266



IN THE SOUTHWEST!!







"Tasty meals in no time"

What do we do? We help simplify your life, while you enjoy socializing with others and being productive at the same time.

How? By helping you assemble 8, 12 or more delicious and healthy entrees (each entrée feeds 4-6 people) in 2 hours or less! We do the planning, shopping, chopping, dicing, and cleaning up for you. There is no cooking involved at the session. You move from station to station until you have assembled your 8, 12 or more different entrees ready to go home and freeze.

Where? Regularly at Community Halls throughout Edmonton and Area. Private parties can also be arranged per request.

How Much? \$245 for 12 or \$175 for 8. Have us assemble the meals for an additional \$25.

And? Our menu changes every month so come back and see us!

Contact: Melissa @ 780-298-9921 Email: edmonton@dashingdishes.com Website: www.dashingdishes.com

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- ⇒ HOMEMADE DESSERTS
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ASK ABOUT OUR SPECIALS...CALL NOW, IT'S TIME FOR PIZZERIA PREGO PIZZA

Page 16 Lendrum Living

Community League Membership

Valid through August 31/09
Complete this form and mail it with
your cheque (\$25.00 or \$10.00—Seniors)
(payable to Lendrum Community League)

Jacqui Krahn 11235 58 Ave. T6H 1C3

Or Call 780-438-3916

Your membership card and receipt will be mailed or delivered to your home.

Thank you for your support !!!

Name:
Postal Code: Phone:
Email:
Number of Adults in household:
Number of children in household:
Number of skate tags required:

We need your Ideas !!!

With all the issues that are and will be impacting Lendrum over the next few years now is the time that you can have a lasting impact on our community.

Please consider joining our team of members that are working hard to make Lendrum a better place to live.

Presently we have openings in several areas
Not sure where you can help?
...become a member at large.

Lendrum Community League 2009 Executive & Contacts

President:	(Vacant)	
Vice-President:	(Vacant)	
Past President:	Brent Shaben	(780) 438-8052
Treasurer:	Dale Somerville	(780) 434-1032
Secretary:	(Vacant)	
Programs:	(Vacant)	
Building Rentals:	Nigel Davidson	(780) 434-0135
Casino:	Gord Okamura	(780) 435-2973
Civics:	Gail Faurschou	(780) 436-4361
	Gary Yaskowich	(780) 432-1029
	Mike Kuntz	(780) 438-4818
	(Vacant)	
Memberships:	Jacqui Krahn	(780) 438-3916
Newsletter/Web:	Lauren Guhl	(780) 438-8226
Newsletter Dist.	Catherine Stout	(780) 436-7179
Member at Large	Tom Havlas	(780) 432-4577
	Harvey Guhl	(780) 438-8226
	John Porter	(780) 438-1896
	Kate Ryan	(780) 436-5431
	Ron Grelowski	(780) 465-7079
	Joanne Ellison	(780) 437-5402
Soccer:	Paul & Amber Shelley	(780) 430-8576
Social:	Tom Schroepfer	(780) 432-0910
Volleyball:	Lance Adamson	(780) 438-9168
Ice Rink:	Gary Goulden	(780) 450-0927
Grounds Maint:	(Vacant)	
Lendrum Sign:	Luke Falkenstein	(780) 431-0752
Neighborhood Watch: Sharon Kapty		(780) 437-2212
	Carol Allen	(780) 434-1294
CRC Rep (City of Edm) Kate Russell		(780) 496-5915

Check www.lendrumliving.com for a list of email addresses

Next Community League Meeting Monday May 4, 6:00—9:00 PM At the hall

Advertising in the Lendrum Newsletter:

No charge: classified ads from Lendrum residents, ads from non-profit organizations benefiting the Lendrum area. Paid ads: all other ads – business card \$10; $\frac{1}{4}$ page \$20; 1/3 page \$30; $\frac{1}{2}$ page \$40; full page \$80 (sizes are approximate). Most files usable...please allow enough time

to verify your file is print ready. Payment to be made to Lendrum Community League (POBox 4570, T6E 564) Edm, Ab. Note: if you ever have a problem with the delivery of an issue of Lendrum Living, please contact Catherine, our Distribution Coordinator, at 436-7179. (Dist. Of 750 Newsletters each month) Note: Deadline for the next issue is the first of that month. Distribution Begins mid month. Submissions can be sent to newsletter@lendrumliving.com..... Back issues can be found at our web site.

Find us at www.lendrumliving.com